## In This Issue:



Pirates Are Coming See Page 2.


Business After Hours At Milford Yacht Club See Page 14-15.


Spring Into STEM See Page 22.


Milford Students Win Awards See Page 23.

## Index:

Business. .12
Home and Garden ........... 8 Lifestyle.
NY Times Crossword..... 26
Obits.
.27
Op-Ed ............................. 4
Politics ......................18-20
Youth \& Education ....21-22

Orange Town Budget Passes


Poll workers at the budget referendum May 24. From left: Val Spinaci, Assistant Registrar of Voters; Carl Goldblatt; Elaine Poll workers at the budget referendum May 24. From left: Val Spinaci, Assistant Registrar
Swirsky; Mary Howland; Kim Parniawski; Steve Winters; and Mitch Goldblatt, Moderator.

## By Brandon T. Bisceglia

Orange residents voted overwhelmingly May 23 in a referendum at High Plains Community Center to pass the budget offered by town officials for the coming year.
The total was 217 in favor to 31 opposed. Three of the votes came via absentee ballot.
The vote was to approve both the town and public education budgets. The budget allocation for the town is $\$ 25,324,166$. Another \$20,379,132 was approved for the Orange Board of Education.
The Amity Regional District No. 5 budget was approved in a separate referendum
earlier in May. That was for an additional $\$ 24,181,870$, bringing the total for all three legs of the budget to $\$ 69,885,168$.
Although Amity's budget is split between three towns, Orange pays the most because it enrolls the largest number of students.
Although spending went up in all three categories, growth in the grand list allowed the mill rate to be lowered from 33.28 to 32.38 . Further complicating matters, though, is a recently-completed property revaluation that raised many home values. A slight majority of residents will therefore see a tax increase from the previous year.

Continued on page 5

## Milford City Budget Passes

By Brandon T. Bisceglia

The Milford Board of Aldermen voted May 22 to pass a city budget recommended to it by the Board of Finance with only minor changes to spending. The budget will decrease taxes slightly for the third year in a row.
The approximately $\$ 210$ million budget decreases the mill rate from 27.79 mills to 27.74 mills. The estimated savings to the average homeowner is $\$ 11$.
"From paving more miles of street than ever before, to making Milford a more walkable and bikeable town, to building new worldclass recreational facilities, to creating more downtown parking, we have been able to do more and invest more in improvements that make Milford more liveable," Mayor Ben Blake said in his budget message. "Even in these difficult times when the state and federal governments exhibit instability, Milford continues to chart a solid and steady course toward prosperity."
The Board of Finance's proposal faced criticism when it removed $\$ 361,500$ from the Board of Education's original budget request of $\$ 93,596,655$. The money had been requested for various upgrades to school facilities. Numerous residents spoke out against elimination of the funds at an April public hearing on the changes. The Board of Aldermen ultimately restored $\$ 80,000$ of the cuts to the BOE. Though there was not enough support to restore the entire amount, the additional funds were approved unanimously.

## Milford And Orange Celebrates Memorial Day



Continued on page 10
Edward Berberich, Pete Rembetsey, Wayne Carson. Photos by Steve Cooper

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## News \& Events

## The Pirates Are Coming



The Downtown Milford Business Association is kicking off summer with the 16th Annual Pirate's Day on Sunday, June 10. Pirate's Day has served as an unofficial start to the season for years, and now it's even more family-friendly than ever.
"The DMBA is proud to host this event, which is fun for both kids and parents,' said Tracy Bonosconi, DMBA president "There's nothing like feeling connected to where you live, and with so many young families in Milford, we're happy to make downtown a place for everyone."
Run by a team of volunteers, Pirate Day offers adventure, treasure and imagination.

The day begins with a character pancake breakfast on the harbor, and the appearance of Captain Kidd (WQUN's Brian Smith) as he arrives aboard the "Oz" in Milford Harbor.
This year's event has expanded with live music from Rum \& Steel and Rockin' Ron The Friendly Pirate, as well as food trucks, vendors, activities, and the signature treasure hunt.
Pirate Day begins at 9 a.m. at Lisman Landing at 37 Helwig St. for Pancakes with Pirates. Tickets for Pancakes with Pirates are $\$ 10$. For more information and to purchase tickets, visit downtownmilfordct. com/piratesweekend.

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Orange Health Care Honors Garden Club


From left: Dot Zolla, Diana DeFillippo, Lisa Stackpole, Melissa Stearns and Caroline Dirsa. Photo by Dot.Zolla
The Orange Health Care Center honored Stearns said the center's patients look members of the Garden Club of Orange's forward to the committee's monthly visits Garden Therapy Committee at volunteer appreciationbreakfast. Chairperson Diana DeFillippo and committee members visit the facility monthly, helping patients with art and craft projects.
Therapeutic Recreation Director Melissa
and is grateful for the club's support.
The Garden Club Orange is a member of the Federated Garden Clubs of Connecticut, NEG and National Garden Clubs. For membership information contact Joanne Friedrichs at 203-795-4644.

## Orange Volunteer FD Auxiliary Holding Pancake Breakfast

The Orange Volunteer Fire Department Auxiliary will hold its 19th annual pancake breakfast Saturday, June 2 from 7:30 a.m. to 10:30 a.m. at the Post Road Fire Station at 355 Boston Post Rd. in Orange.
Enjoy scrambled eggs, your choice of bacon or sausage, potato patties and all you can eat "Chip's" pancakes prepared by the Orange volunteer firefighters. Orange juice, milk, coffee and tea will also be served.

Prices are $\$ 8$ for adults and $\$ 6$ for children ages 6 to 12 . Children age 5 and under are free with a paying adult. Save $\$ 1$ per person by purchasing advance tickets from any auxiliary member or at Knight's Inc. at 286 Boston Post Rd. in Orange.

All proceeds benefit the Orange Volunteer Fire Department. For further information, contact Lynn Knight at 203-795-5882, email lmk415@yahoo.com, visit the OVFD website at orangevfd.com.

## Milford To Celebrate Make Music Day



## MILFORD

Milford will join Make Music Day by filling its streets with music. Residents are encouraged to sign up and find a corner to strum, drum or sing on Thursday, June 21. A piano will be placed on the steps of City Hall, and people will be encouraged to pop by and tickle the ivories, bring a bag lunch and enjoy the music in the parkette in front of City Hall. Make Music Day is a one-day event where free, live musical performances, opportunities to make music and other musical events take place around the world on the longest day of the year. Musical festivities in Milford are part of a global celebration of music making
in over 750 cities inspired by France's Fête de la Musique
Everyone, from professional musicians to people who have never picked up an instrument, will be invited join in the global music celebration.
"To fill our streets with music on the summer solstice will give an opportunity for friends, neighbors and others to come out and enjoy our community. Milford is filled with phenomenal talent and I look forward to hearing and seeing it all," said Mayor Benjamin Blake.

Music has been shown to strengthen social connectivity, reduce stress, lower blood pressure, stimulate memory, and is integral to a well-rounded, enjoyable life. National Association of Music Merchants members and partners from coast to coast, including Milford, will open their doors, joining in their communities' celebrations of Make Music Day.
To sign up for a location, go to makemusicday.org/milford

## Band "Old School" To Perform At Cabaret Event


band lineup includes strong vocals, a rock solid rhythm section and a four-piece horn section. Their song list features favorites from Chicago, Steeley Dan, Van Morrison and more.
Don't miss this opportunity to see Old School. Gather a group of friends togethe for a fun night. Seating is limited, so get your tickets before it's sold out.
Tickets are $\$ 20$ per person, and the event is cabaret style: bring your own beer and food The event will be at Christ the Redeemer a 325 Oronoque Rd. in Milford. The event is in the church hall from 7 p.m. to 10 p.m. Doors open at 6:30 p.m. For tickets or to reserve seats and tables, call 203-877-875

## News \＆Events

## Orange To Host Special Olympics CT Summer Games Cycling Event

Special Olympics Connecticut will host its annual Summer Games presented by United Technologies and celebrate its 50th anniversary，Friday，June 8 through Sunday， June 10．A new location，Yale University West Campus in Orange，has been added this year for the cycling competition．
As in past years，the event will be held at Southern Connecticut State University in New Haven as well as at Hamden Hall Country Day School Skiff Street Athletic Complex in Hamden．
Along with cycling，athletes will compete in swimming，soccer，athletics（track and field）and tennis throughout the weekend． The action kicks off on Friday night with opening ceremonies at the Jess Dow Field at Southern Connecticut State University at 7：15 p．m．The public is welcome and encouraged to attend both the ceremonies and events throughout the weekend，daily from 8 a．m．to 4 p．m．

More than 2，500 athletes and Unified Sports partners from around the state are expected to participate in the Summer Games．In addition，more than 500 coaches and 2,500 volunteers are expected to support the event．

The Summer Games will feature the Healthy Athletes Village on Saturday and Sunday，giving athletes the chance to get screened for vision，hearing，dental and feet health for free．There will also be free mammograms available on Friday，provided by Smilow Cancer Hospital．This is part of the organization＇s year－round Healthy Athletes program，which gives athletes access to healthcare and activities to keep them active and healthy．
The Summer Games will also offer Olympic Town，providing entertainment and fun activities for athletes and spectators， alike，and an Avenue of Resources．
Special Olympics Connecticut provides year－round sports training and competitions for over 12，000 athletes of all ages with intellectual disabilities and Unified Sports partners－their teammates without disabilities．
For more information about Summer Games，visit Special Olympics Connecticut＇s website at soct．org，and follow Special Olympics Connecticut at facebook．com／SpecialOlympicsCT，twitter． com／SOCTconnecticut and on Instagram at （specialolympicsct）\＃SOCTGames．

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See Page 6. See Page
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## Special Olympics Torch Run Routes In Milford and Orange

Leg 10 of the Law Enforcement torch run for Special Olympics Connecticut that will take place Friday，June 8 and includes routes through Milford and Orange．Police from both towns are participating．

TORCHRUN
FOR SPECIAL OLYMPICS Milford Town Line

| 33.71 ． | 2：45 PM | 6：10 | Rt 1 at Lenox Ave． |
| :---: | :---: | :---: | :---: |
| 34.17 ． | 2：50 PM | 6：15 | Rt 1 at Cambridge Ave． |
| 34.71 ． | 2：56 PM | 6：21 | Rt 1 at Twin Oaks Ter． |
| 35.11 ． | 3：01 PM | 6：26 | Rt 1 at Silver sands Pkwy． |
| 35.27 ． | 3：02 PM | 6：27 | Rt 1 at Bridgeport Ave． |
| 35.57 ． | 3：06 PM | 6：31 | Rt 1 at Erma Ave． |
| 36.35 ． | 3：14 PM | 6：39 | Rt 1 at Milford Police Department |
| 36.98 ． | 3：21 PM | 6：46 | Rt 1 at River St． |
| 37.18 ． | 3：23 PM | 6：48 | ．Rt 1 at Orange Ave． |
| 37.63 | 3：28 PM | 6：53 | ．Head east on Boston Post Rd． |
| 37.75 | 3：30 PM | ． $6: 55$ | Turn left to stay on Boston Post Rd． |
| 38.46 | 3：38 PM | ．7：03 | Rt 1 at E Town Rd． |
| 39.03 | 3：44 PM | 7：09 | Rt 1 at Woodruff Rd． |
| Orange Town Line |  |  |  |
| 40.68 | 4：02 PM | ．7：27 | ．Rt 1 at Lambert Rd． |
| 41.16 | 4：07 PM | 7：32 | ．Rt 1 at Racebrook Rd． |
| 41.54 | 4：11 PM | 7：36 | ．Rt 1 at Lindy St． |

## Orange Resident Meets Giraffe

An endangered Rothchild＇s giraffe feeds by hand at the Giraffe Centre in Nairobi．The Giraffe Centre is a sanctuary dedicated to the preservation of this subspecies of giraffe．The photo shows Orange resident Leslie Marsh，owner of the Cruise Planners travel agency and a board member of the Orange Chamber of Commerce，on her first African safari．She said the safari was a remarkable learning experience for her to pass on to her clients．



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In The House:
Benefits Of The Electoral College


State Rep. (R-119) Pam Staneski

This year the Connecticut House of Representatives narrowly passed a resolution to join an interstate compact calling for the state's electoral votes go to the presidential candidate who wins the national popular vote. This is terribly misguided.
The Electoral College was chosen by the Founders for a number of important reasons. First, it places a layer of protection between an election and the installation of the president, preventing a truly unfit person from serving.
Second, it recognizes the sovereignty of the states and prevents small states from becoming insignificant in the electoral process. Without the EC, candidates would entirely abandon small states. California, Texas, and Florida have over 30 percent of the voting population but only 23 percent of the EC.
Third, the EC is what primarily preserves our strong two-party tradition, forcing national candidates to the center and requiring broad support to govern. Without the EC we would have dozens of factious parties, leading to presidents without the consensus to lead, and unstable, revolving-door coalition governments.
The EC prevents single-issue and geographical fragmentation, leading to more truly egalitarian election results. Imagine if the "winner" of the election got 8 percent of the vote. In last year's Dutch elections, 28 parties fielded candidates - this in a country of 17 million people.
Fourth, the EC quarantines voting disputes. In 1960, Kennedy beat Nixon by less than one vote per precinct nationally, but the recount was confined to Illinois because of the EC. Similarly, in 2000, the popular votes for Gore and Bush were very close, but the recount was confined to Florida. Without the EC, such close elections could paralyze the government as lawsuits, challenges, and recounts in possibly thousands of jurisdictions turned the election into a nightmare, leaving us without a clear winner long afterwards.
The EC has served us very well, with the overall popular vote winner differing from the EC vote winner only five times in 57 elections. Each of those elections was essentially a tossup. We should be leery of tinkering with the EC.
As always, if you have any thoughts or concerns you'd like me to be aware of, please contact my office direct at 800-842-1423 or email Pam.Staneski@housegop.ct.gov.

## Legislators Did Good Work



State Rep. (R-117) Charles Ferraro

The 2018 legislative session officially came to a close on May 9th. We were able to conclude this session by passing another bipartisan budget that restored funding for the Medicare Savings Program, reversed education and municipal cuts made by Gov. Dannel P. Malloy and stopped the growth of State Government by implementing a hard hiring freeze.
The budget adjustment eliminated the $\$ 190$ million deficit without the need for tolls, a tire tax or a cell phone tax, which were all proposed by legislative Democrats. Connecticutresidents can have confidence that Republican ideas and policies that have found their way into the past two budget documents will replace decades of failed policies, and that a better way forward is possible when you prioritize state spending and focus on those that need it the most.
While the state budget was our main focus this session, we were also able to pass legislation to help women, veterans and those suffering from addiction.
As a small business owner, I know firsthand how difficult it is to run a business in Connecticut. But Connecticut businesses shouldn't be paying women less for the same work as their male counterparts. I was proud to have supported and passed a new law that will prohibit employers from asking about a prospective employee's salary history. The prohibition does not apply if the prospective employee voluntarily discloses his or her salary history. This law will help eliminate the pay gap between men and women.
In addition, we passed legislation to extend certain benefits to veterans discharged for post-traumatic stress disorder or a military sexual trauma. These veterans should never have been excluded from receiving benefits.
We took steps again this year to combat the opioid epidemic. A new law will require hospitals and emergency medical services personnel who treat patients for an opioid overdose to report the overdose to the Department of Public Health.
A lot was accomplished this session, but space and time prohibit listing all the good work that was done. If you are interested in reading more about the legislation we passed, please visit my website, RepFerraro.com.

## The Orange Times

Stephen Hechtman, Publisher: publisher@theorangetimes.com Patricia Miller, Entertainment Editor: patmiller605@sbcglobal.net Brandon T. Bisceglia, Associate Editor: brandontbisceglia@yahoo.com Creative Director: Wendy Macomber Photographers: Steve Cooper • Lexi Crocco In The House:
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## Letters To The Editor:

To the Editor,
I understand the National Republican Party has taken the position to limit ballot access, believing they can silence minorities and working people. It is well documented and even admitted to by many Republicans, as a way to silence certain segments of the electorate.
This is antithetical to a functioning American democracy and just un-American We should be making every effort to make voting easier for people, not more difficult. Our lives are busy: jobs, kids, after school activities, aging parents. More than eve before in our history, Americans keep hectic schedules which often do not always allow them to vote on a certain day within the 14 hour window.
So how can it be bad to make voting easier for us to have a voice? How can it be bad to provide us greater opportunity to have our voices heard? Republican Representatives Pan Staneski and Charles Ferraro seem to think it's a bad idea. They both voted no on a House join resolution which proposed an amendment to the State Constitution to permit early voting for the people of Connecticut. Their votes are certainly consistent with their party bosses but out of line with the people of their districts and the American people.
Most importantly, this resolution would simply have put the question of early voting on the ballot in 2020 for all of us to decide for ourselves. Each of us could have voted on the question, directly. By voting no on this, both Staneski and Ferraro made clear they did not think we should be given that opportunity

Rich Smith Milford
To the Editor:
On Friday, May 4, I was the proud recipient of the Living Treasure Award from the Orange Community Services for volunteering in town. I am grateful for the gifts I continue to receive as a voluntee in town. It has been through volunteering that I continue to experience your gifts o friendship. I have lived in Orange for 5 years. I am fortunate to call Orange my home and you my friends. To everyone who attended the 14th annual Living Treasure Award Dinner, I would like to thank all of you for making my evening so very special I am very grateful to have my name added to the Living Treasure plaque

Ann Losh
Orange

## To the Editor,

On April 26, state Reps. Kim Rose of Milford, Dorinda Borer of West Haven Joe Gresko of Stratford and Phil Young of Stratford held a forum in Milford on the study of tolls.
First, I want to commend our legislators' willingness to bring a highly controversial topic to the community. This was certainly a brave effort and I have the utmost respect for them for putting themselves out there and providing this opportunity to the public I took time out of my busy schedule to

## Orange Recycle Tips

Orange Recycling


The Orange Recycling Committee wants to remind residents that if they have hazardous household waste to dispose of, bring it to HazWaste Central at the Regional Water Authority in New Haven, every Saturday from May 26 through October 27. The authority accepts many chemical wastes: auto fluids, household cleaners, pool chemicals, fertilizers, insecticides, fluorescent bulbs, paint thinners and much more. This service is free to residents. A list of accepted items, schedule and other information is available at bit.ly/HazWasteinCT
Like the Orange Recycling Committee on Facebook for updates and tips at bit.ly ORC-Facebook

## Letters To The Editor:

attend so that I could hear the information, ask some questions and provide my opinion. However, this meeting was attended by a group of people who demonstrated a lack of respect, not only for our elected leaders but also for the other attendees. I found their behavior to be more than disturbing. This group seemed to show up with the intention of trying to incite unrest, yelling, chanting, shouting down our legislators and using the forum for their own political platforms. They were not interested in hearing what was contained in the bill, nor were they there to offer thoughtful opinions or constructive criticism. They were there to shout.
I was dismayed to see that these political opponents turned the forum into their own campaign speeches. When I mentioned my displeasure to one of these candidates later, she informed me that I was misguided because the forum was all about campaigning and that since I was only one vote, my opinion didn't count. Really? I thought the forum was about the bill to study tolls. Other speakers were even worse; not one of the speakers offered input or ideas about funding special transportation funds which is what the tolls would fund.

Because of the angry crowd and those who continued to incite the crowd, there were many of us who were simply afraid to state our opinions or ask questions. I was so disturbed that I left after an hour. I heard that after I left a group of people in the back were overheard threatening to rush the podium and the police had to be called.

A discussion about tolls is not worth the disrespect and disgusting behavior shown to the legislators and general public attendees.
In summary, our state representatives allowed each person time to speak. Our Representatives handled it with style, grace and class. Thank goodness, because the display by other Milford residents was utterly disheartening and embarrassing to watch on the news later that night. I will continue to support Kim Rose as my state representative. I would never support anyone who cannot conduct themselves in less than a respectful manner.

Diane M Prior
Milford

To the Editor:
While many issues in Hartford are politically polarizing, Connecticut's legislature came together recently to ban bump stocks, the piece of equipment used by the Las Vegas shooter to turn his semiautomatic rifle into an automatic weapon. I applaud our legislators for uniting on this issue. We shouldn't wait for a crisis before we act.

What I am shocked about, however, is that the vote in the state House of Representatives was 114 to 35 - that there were 35 votes against banning bump stocks. I couldn't understand why a legislator would not support this important ban, so I did some research. This is some of what I found.
"What about people from other parts of the country moving here and bringing their bump stock with them, unknowingly committing a felony," was one view expressed against the ban. Gee, I would think anyone moving to another state with weapons would know enough to check the laws of that state first

And there was this one: "Our justice department doesn't always uphold arrests for gun infractions." They don't uphold all speeding tickets either, but that doesn't stop the police from issuing them, nor does it mean we shouldn't have speed limits.

One comment from a Republican that I heard on National Public Radio really left me wondering. To paraphrase, "No one in Connecticut has been killed by a bump stock, so why do we need to ban them?" Yes, let's wait for a massacre and then ban them..

As we approach another election season, I urge the residents of Connecticut to see how their legislators voted. You may be surprised to find out who voted no and also has been endorsed by the Connecticu Citizens Defense League and the National Rifle Association. Those 35 legislators don't respect our safety and have put the interests of the CCDL and NRA above ours They should not be re-elected.

Margaret Novicki
Orange

## Orange Town Budget Passes

## Continued from page 1.

The Board of Finance has estimated that people would on average see a 0.9 percent increase in residential property taxes. A little less than half of residents will see a decrease on average of 3.19 percentage points.
The process has not been without controversy. In a presentation to the public on the Board of Finance's budget proposal in April, several Republican members blamed state government - especially Democrat-led union agreements - for putting them in a position where they couldn't lower taxes for everyone. They also decried cutbacks in town aid and education cost sharing funds.
Meanwhile, detractors of the budget took to social media, urging residents to reject the proposal in posts and comments.
During a special Board of Selectmen meeting prior to the referendum, First

Selectman Jim Zeoli thanked the Board of Finance for its hard work. He defended the proposal against what he called critics who "hide behind anonymity" while spreading misinformation about the budget, such as suggesting that the town's allocation could be rejected without also rejecting the allocation for the schools.
"Don't believe any of it," he said.
Zeoli also compared Orange favorably to its neighbors, noting that New Haven was being forced to close schools while Orange's system was being kept whole. He pointed out that the Case Memorial Library was able to expand its hours, and that over time the library hoped to be able to do "a little bit more with that."

The turnout of only 248 voters was extremely low. For comparison, nearly 5,000 people voted for first selectman in the November 2017 municipal elections.

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# Giving Back 

## A Call To Service

By Roger Tausig


Much has been written about Rotary in these pages over the past couple of years. Among many other positive attributes, Rotary internationally acclaimed for its extraordinary level of organization and for the high percentage of funds that are raised that go directly toward the service projects that are undertaken worldwide.

As incoming President of the Rotary Club
of Orange, I have received excellent training to enable me to lead our club in the coming year and ensure that we not only remain successful in our efforts to serve those in need both locally and internationally, but that we build on the successes of the past. We must do this because the needs of the communities we serve are growing. We must grow bigger, stronger and more capable of providing the assistance that is so desperately needed by our friends, neighbors and fellow citizens of the world. I mention my training because it was instrumental in helping me set goals for the coming year and provided me with insights as to what my priorities should be
and how to accomplish the goals that I set. We have an outstanding group of members in our Rotary Club: people who are keen to help those in need by giving of their time and energy in the name of service to others. What I learned in my training is that there is a great need to increase our membership so that we can build on our legacy of helping those in need. The challenge we face in accomplishing this goal is that people who might ordinarily wish to participate in an organization like ours perceive that it involves a massive commitment of their time. They think they are unable to dedicate the time that might be required

A few years ago, the international body that governs Rotary rightly concluded that today, many people who want to serve simply shy away from joining because of the frequency and regimented nature of our meetings. Recognizing that this was stifling membership, a change was implemented that broke from the old ways, allowing for
significant flexibility to reduce the obstacles to serving as a Rotarian

In the comingyear, we will beimplementing changes that will enable those who are interested in joining us to attend meetings at more convenient times (breakfast, after business hours). At some meetings we will be performing mini service projects that can have immediate and significant impact and be executed while enjoying a meal. We will also be stepping up our programs by having speakers on a wide variety of topics.
So if you are reading this article and are a person who thinks you don't have any time but feels a desire to reap the intrinsic rewards of providing service to others while making new friends, enjoy social activities and even do some business networking (formerly considered taboo in the world of Rotary), then please contact me to discuss the benefits of being a Rotarian and how it can fit into your busy schedule
To learn more about the personal rewards of being a Rotarian and how it can fit into your lifestyle, please contact me at 203-605 5151 or email me at rogertausig@yahoo. com. Become a part of something specia and experience the personal satisfaction of delivering on our motto, "Service above self.'

## Lions Head Outside For Service

By Marianne Miller


Now th we are finally experiencing routinely warmer weather the Orange Lions Club has some "outdoor" service projects and fundraisers planned. By the time this article appears in print the Lions will have participated in the May 27 Memorial Day parade. Many Lions were there to march in the parade and honor our veterans. We thank Lion Nick Musante for organizing us. In lieu of distributing flags or pinwheels to the children along the parade route, we chose to send a sizeable monetary donation to the Shriners Children's Hospital.
On June 2 the Lions will be presenting a $\$ 1,000$ scholarship to a deserving Amity High Senior at the Orange Scholarship Fund ceremony at the Case memoria Library at 1 p.m. Thank you to Lion Ron Capozziello, who will represent the club at the event.
The ever-popular Golf Shootout contest at the Orange Hills Country Club is on June 2 and 3. For a $\$ 5$ donation, golfers on the tenth tee will vie to hit their tee shot closest to the pin. Every golfer who hits anywhere onto the green wins a sleeve of golf balls, and the golfer who hits closest to the pin over the weekend will win a $\$ 50$ gift certificate. Lions volunteers get two hours of fun in the sun and help the club charities account. Thank you to co-chairs Debra Hart and Ken Lenz, as well as our friend, Judy Smith-Morgan, general manager of the Orange Hills, for hosting this event.
Our June 11 club meeting will feature the installation of our 2018-2019 incoming officers
and directors. President elect is Pat Romano; vice-presidents are Mike Muttitt, Jim Leahy and Debra Hart. Our present secretary, Ann Carollo and treasurer, Kevin Hadlock, have agreed to continue in those offices. The Tailtwiste will be Suzanne Anderson, and Lawrence Messina will continue as Lion Tamer. In addition to the officers, our board of directors will consist of outgoing president Fred Turner, Ken Lenz, Marianne Miller as membership chair, and Lea Turner as LCIF coordinator along with continuing board members Nick Bencivengo and Nick Musante

The third annual Glowbal Tournament (Golf Under the Stars) will be held on Friday June 22. Golfers will assemble at the Orange Alehouse at 6 p.m for dinner and drinks, followed by a shotgun start at 8 p.m. at the Orchards Golf Course in Milford. Following nine holes of nighttime golf, awards will be handed out back at the Alehouse along with consolation prizes and beverages. This is a unique and fun event. All interested golfers need to register by June 9 by sending in a check with the registration form, which is available at orangectlions.org For further information, call George Lesko at 203-610-3804.

The Awards Night and last membership meeting befor summer break will be at Tota Wines \& More of Milford on June 25 beginning at $6 \mathrm{p} . \mathrm{m}$. The night features a winetasting with potluck appetizers and desserts. Guests are welcome. If you are interested in joining the Orange Lions Club, this would be a good night to learn about us and socialize. Call Marianne Miller at 203-795-3906 to sign up.

## The Book Club:

## There's Gold In Them Thar Hills

J.D. Vance, Hillbilly Elegy, Harper-Collins, 2016


#### Abstract

This was one of the most talked about books of 2017, and it is not difficult to understand why. The 2016 election sent a message that the white working class vote was "in play" and writings that would help politicians understand this demographic became important sources for political strategizing. Yet Hillbilly Elegy is primarily not a political book. Its first part is a memoir of "growing up hillbilly." How better to convey 

Peter Hechtman

Vance managed to pull himself up and out of this nightmare, having graduated Yale Law School and acquired both a loving wife and a promising career. In the "backward glance" that is the motif of his book, he carefully sorts out the influences that enable him to achieve this path toward success, making him an exception in his community. If there is a heroine of the piece it is certainly his grandmother, known as Momaw. She could be a character straigh out of L'il Abner, but this profane, gun toting alcoholic provides the love, stability, guidance and encouragement that allows Vance to reach the finish line From the dizzying heights of Yale Law School he realizes he is about to crash through the class barrier. All of this provokes extreme anxiety. My favorite moment occurs when he's confronting a high-class recruiting dinner


He is faced with no less than nine utensils and, in a panic, retreats to the bathroom to call a friend to ask what he should do with them. (Answer: start from the outside.)

In the last third of the book the author attempts some interpretation of his experience and muses on the fate of his tribe. Now the hillbilly population of Appalachia is of Scots-Irish origins and is descended from early American settlers. It is therefore, strange to hear it referred to as an "ethnic group" that has failed to assimilate.
He touches on what is surely the fundamental question: What is the cause of hillbilly poverty? Is it due to the character of the individuals or is it due to their social

circumstances? The latter conclusionwouldsuggestavenues of government assistance. Vance, who considers himself a conservative, does not see much hope for government intervention, coming down firmly on the "character and family" side of the debate. Nevertheless, his analysi is somewhat superficial. He notes that among the members of the family who succeeded in escaping the self-destructive tribal culture, most had "married out."
How did he know he was no longer a hillbilly? He didn't get out of his car to smash the face of a driver who cut him off.

Peter Hechtman is the founder and owner of The Book Maven. Peter can be reached at thebookmaven@sympatico.ca.

Getting To Know You:

## I'm Just Not Cool

I can't say I've ever been overly concerned about being a cool parent, but I've always considered myself at least passably cool. That was until I made the mistake of asking my kids about it and found out was decidedly not cool.
Let me warn you parents that you should engage in this conversation with your children cautiously. It's a lot like Marie Antoinette telling the peasants to eat cake: you're woefully out of touch with your constituency.
The most surprising thing is that it isn't parenting that makes us not cool. It's the everyday stuff.
My kids told me that my music is horribly not cool. I listen to classic rock and country music by some of the coolest artists. I even took my kids to a Boston concert. However, it turns out that was just me taking my kids to a place where a bunch of people my age sat


David Crow
and watched a bunch of people my parents' age play songs. That's not cool at all. By the way, listening to what they listen to is even more not cool than listening to your music.
On a related note, my children informed me that air drumming to Blue Oyster Cult's "Burning for You" at stoplights is decidedly not cool. (Hey, don't act like you don't. Albert Bouchard did the greatest drum fills in Rock history).
The way I use my cell phone is not cool. I call people on my cell phone, but cool people use their cell phone to text and go on the internet. And it is extremely not cool to actually call your children on their cell phones. Cool people text them so they can text back when they're not busy doing something else.
When I pointed out that I text and use social media, I was informed that the way I did those things was glaringly not cool

As for texting, every single English

## Orange TPZC Approves Home Depot Resubdivision

## By Brandon T. Bisceglia

The Orange Town Plan \& Zoning Commission at its May 1 meeting unanimously approved a move by the new owners of Home Depot Plaza to resubdivide the property into two sections. The resubdivision would allow one lot to be sold or redeveloped in the future without the other being affected.
One of the lots contains Home Depot itself, while the second contains the other storefronts, including the businesses Five Guys and Work ' N Gear.
The 135,643-square-foot plaza on Route 1 was sold for $\$ 16.25$ million to a private equity group. The resubdivision application was submitted by HD CT

Investments, LLC.
These kinds of subdivision moves are common in the commercial real estate market, allowing an owner to repurpose or unload unprofitable pieces of property while maintaining the more viable ones.
No intent to resell either parcel has yet been proposed. But the part of the plaza adjacent to the Home Depot is currently flagging, with 25,000 square feet of unoccupied space.
No new construction or major changes accompanied the proposal. For the moment, the boundary exists only as an imaginary line on a map.
If the owner chooses to sell one or both of the parcels, however, the new divisions would come into play
teacher I ever had taught me that a period means "the end of the sentence," and I should put one at the end of every sentence. So I do, and that's all I ever mean by a period. However, cool people know a period now means "I am angry with you." Every time I put a period at the end of a sentence in a text I have unwittingly told people I'm angry with them. (If I've texted you recently, I'm not angry. I'm just not cool.)
My attempts to use social media are not cool. It turns out we don't have to worry about Mark Zuckerberg mining our data because only the not cool use Facebook. Cool people use their cell phones to post on their Instagram account. Asking to see your kid's Instagram story is not cool either.
Even the way I watch television is not cool. I should be waiting for the weekend and binge watching on my cell phone rather than watching television when the show is broadcast.
Fortunately, despite my glaring uncoolness, my kids assured me they loved
me anyway and that's cool. For my part, I assured them my grandchildren will think I'm terribly cool because I will undermine my children's parental authority by pointing out how not cool they are once they're parents.
So to my cool kids and the other cool kids out there, remember this article when you see your children rocking out to "Stone in Love" on Journey's Escape album in the back seat of grandpa and grandma's car. You'll know why grandpa and grandma are grinning like opossums eating sweet potatoes. Don't sweat it, though. Your turn to be cool again is coming around soon enough.

David Crow lives in Orange with his wife and three children. He practices law and he asks everyone to call him "Dave." Only his mother and his wife call him "David," and only when they're mad at him. You can contact Dave at Sit.a.Spell.and.Visit@gmail.com. He'll always find a half hour for a good chat.

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## Home \& Garden

## Room 911:

## Counter Intelligence

Spring is the time when home owners begin to renovate their kitchens or tear them down and create something new. It's the perfect season to do it because as we head toward summer you can cook on the grill, eat outside on the patio and keep windows open to get rid of paint odors.
As I take clients to see the latest in kitchen appliances, flooring and cabinets, one of the most important considerations is the largest surface area in the kitchen: countertops. There are zinc countertops, stainless steel, cement, marble, wood, quarry stone, tiles, copper, recycled glass countertops and laminates. Each one has a "look" in addition to the pros and cons of the material and its cost factors.
What about granite and quartz? The majority of my clients are particularly focused on these two materials and
constantly go back and forth
between which to pick between which to pick.
In making a choice (I know money is usually a big factor for all of us), you need to think of what you want the end result to look like.
Granite on kitchen counters is often what sells a home. It is longlasting and comes in long slabs, which means the countertop will have fewer seams. Every slab is different. There are some gorgeous patterns that can make a kitchen rich looking.
For some people the swirls, spots, and dabbled effects give the kitchen a "busy look." But we make sure to balance this out with cabinets that are handsome or sleek but not fussy.


TEdra
Schneider

There is a caveat for this choice: granite is porous and has to be sealed every few years. It does require a bit more care than quartz, and you should be careful what products you clean it with. Its overall pattern is more forgiving, though, and you are less likely to see marks on it. It can also endure heat. What's more, it is less expensive than quartz.
Quartz is the new kid on the block. It has become increasingly more popular. Why? For one, it is low maintenance. It's non-porous, so if you spill cranberry juice on it, it cleans right up. It can be manufactured to include double sinks and cooktop areas. You can create a very clean style, perfect for contemporary
homes. What's more, it can come in a wide variety of colors.
Unlike granite, quartz is not one hundred percent natural. Some clients feel that it is too plain and lacks the drama of granite. On the other hand, it is easier to clean. You can do a black countertop or an understated white one, and create a sleek, smart look to your kitchen.

While many granites start from $\$ 35$ and over per square foot installed, quartz is more expensive at about $\$ 50$ per square foot installed. Compare prices at kitchen design stores and stone yards.
If you chose the more expensive option just keep saying, "if I amortize this over 20 years..

Tedra Schneider can be reached at: restagebytedra@gmail.com

## The Garden Spot:

## Companion Planting To Control Pests

As we learn more and more about the need to reduce the use of pesticides, many of us are turning to what's called companion planting. Companion planting means planting two or more plants together to derive some benefit, either by attracting beneficial insects or by discouraging those that are harmful to one of the two plants.
The technique of companion planting has evolved over centuries of agriculture and is now becoming more popular as we strive to "go organic."
Let's start by discussing how to attract beneficial insects. Beneficial insects are those that eat harmful ones, such as aphids and caterpillars. Aphids are one of the most destructive plant insects, eating the plant roots and causing the plant to shrivel and die. Common plant crops that they feed on are in the crucifer family, such as cabbage, collards,
kale, turnips, mustard, broccoli, cauliflower, brussel sprouts and radish.
One way to reduce aphids in the garden is by attracting the ladybug. Ladybugs are one of the most common beneficial insects and eat aphids even in the larval stage. Along with eating insects, ladybugs also look for pollen for a food source, so there are numerous plants you can grow to help attract them. Flowers and herbs such as cilantro, dill, fennel, caraway, yarrow, tansy, angelica, scented geraniums, coreopsis and cosmos are good choices for luring the ladybug. If you're not seeing enough ladybugs, you can even purchase them off Amazon or at Walmart and keep them in your garden with the plants named above.


There are also plants that deter insects rather than attracting beneficial ones. Marigolds are probably the best-known flower for deterring insects. Marigolds put out a substance that is toxic to nematodes, microscopic wormlike organisms that destroy the root systems of plants such as roses, tomatoes and potatoes. They also can be used anywhere

## Pat Dray

 to deter Mexican bean beetles squash bugs, thrips, tomato hornworms, and whiteflies. Another plant that repels insects is garlic, which repels Japanese beetles, mites and borers.Now let's discuss "marrying" plants that are helpful companions to each other. As well as planting marigolds among your tomatoes, you can plant nasturtiums with them and your
cucumbers as a way to fight off wooly aphids, whiteflies, squash bugs and cucumber beetles. The flowers - especially the yellow blooming varieties - act as a trap for aphids. You can interplant celery with your cauliflower to help repel the white cabbage butterfly. If you plant a few radishes in your cucumber hills and leave them there all season, they will help protect your cucumbers against cucumber beetles. This also works with squash and melons that are attacked by the striped cucumber beetle. Oregano can be planted with broccoli to help repel the cabbage butterfly
With some experimenting, you may be able to put down the insect sprays and manage pests in a chemical-free manner. It sure beats picking off those bugs by hand.

Pat Dray is a past president of the Orange Garden Club.

## Just Floored:

## The Great Outdoors

As the weather gets warmer, we crave the outdoors and outdoor living. So how do you create a beautiful space without it costing a fortune or by entering yourself into one of those backyard makeover contests? Here are a few tips to bring some of the inside charm outside.
Adding an outdoor area rug or runner is a start. When you add any type of textiles to your porch or patio it instantly gives it a cozier feel. It also gives a soft surface to walk around barefoot on or have children play on. Carpet lines such as Stanton and Couristan have beautiful patterns, prints and solids that can be made into any size area rug you could want. These indoor/outdoor rugs are stain and sun-resistant, so they will definitely hold up to an active lifestyle and the crazy New England weather.
Using area rugs to divide activity spaces helps create defined areas for entertaining and relaxing. Adding large pillows or
poufs to the space also aids in making it cozier. If the bones of your furniture are still in good condition but the cushions have seen better days, you can purchase new ones to update the look.

Make an eyesore a focal point. Instead of buying new furniture, rehab it. A fresh coat of paint on your old chairs or a table can really revive them. Tiling the top of a bistro table or a garden cart can completely transform the piece. Most tile distributors carry lines that are durable enough to use outside. Some can even be used in pools. Rescuing these old pieces will bring eclectic touches to your outdoor living area.

When adding these extra little touches, opt for brighter colors. The bright color tile on a tabletop or bright chairs paired with


## Mastrangelo

a neutral table will spice things up. Any bold colors like teal, pink, red or orange pair well with neutrals. Mix and match patterns and colors to compliment neutral larger pieces, such as an outdoor sectional.
If the pathway to your outdoor space is in need of some TLC, look for larger-format porcelain tiles (available in a variety of colors and textures) to replace the old ones. If you're looking for a more rustic feel, you can find pavers and outdoor tiles that look like wood planks. This is a great way to edge your garden or create a walkway. Whether you style is more country farmhouse or modern, there are many options to choose from.
Lighting is another import factor to remember. You want to create ambiance.

String lights offer a bistro or whimsical feel to the space and are great for parties. String them around pillars or drape them over a pergola to shine a little light on your entertaining space. Solar lights have also become much more attractive. You can find solar lanterns to place randomly around your seating area to bring in some light.
If you are looking to add a little heat and some light, opt for an outdoor fireplace or fire pit. Whether it is electric, propane or wood-burning, it will still give off some warmth. You can even dress up your fireplace by facing it with a bright color tile or an open-faced stone to add some texture. These are just some of our favorite ways to spice up your outdoor living space. Now is the perfect time to start updating.

Annamarie Mastrangelo is founder/owner of A.A.I. Flooring Specialist. She can be reached at amoreinteriorsllc@gmail.com.

Have A Tip? Send It To Us At editor@theorangetimes.com And Visit Us Online At: TheOrangeTimes.com

## I Have A Gut Feeling

How many of us have had a burger and fries or a fatty fried meal only to feel as though there was a war going on in our stomach a half hour later? That's because there is a war going on. Fatty, fried, and sugary foods can wreak havoc on our digestive systems. The kneejerk reaction is to take an antacid and call it a day. But there is a better way.
Your digestive health is critical to overall good health. We need to have good gut health and the best way to do this is to make sure you are getting plenty of live cultures or "good" bacteria into your digestive system every day.
Did you know that good gut health can improve your cholesterol? That it can help regulate your hormones? Are any perimenopause women with me on this? Feeling sluggish and going through the

Starbucks drive thru every day at 3 p.m.?
Did you know good gut health can give you energy? Good gut health also helps support a healthy weight. Moreover, having good digestive health helps support oral health, boosts your immune system, reduces yeast infections and improves your mood.
Yogurt is one of the best ways to make sure we get live cultures into our system. However, not all yogurts measure up. Yogurts filled with fruit rob space in the container, add more sugar to our diets and usually have less calcium. Look for plain yogurt that is low in fat, calories and sugar.


Michele
Tenney

Other ways to add good bacteria to our guts is ferments. Foods that are fermented, such as sauerkraut, pickles, cottage cheese, kombucha and kimchi are wonderful things we can eat and drink to help support good digestive health. Apple cider vinegar is one of my all-time favorites. I put two tablespoons in 16 ounces of water with lemon, chopped ginger and a pinch of turmeric in my morning drink every day. Add a little cayenne pepper to speed up your metabolism and you're off and running.

This is not a cure-all. You need to exercise too. Exercise not only helps maintain an overall healthier life but can improve your
gut microbiota, which in turn helps ward off inflammation. This is key, because inflammation is the root cause of everything from pimples to cancer. You also need to soak up the vitamin D. Getting a little bit of sunshine with a nontoxic sunscreen can do wonders for your mood and can also help your gut and improve your sleep.
You are worth taking every little baby step toward a healthier, less stressful, more enjoyable and happier life. You just need to put one foot in front of the other, and little by little you will see the difference. You can do this. I believe in you. Here's to your health.

Michele O'Brien-Tenney is a personal trainer and nutritionist. She can be reached at 203-668-2969

Travel Matters

## Norwegian Bliss Lives Up To Its Name

I was lucky enough to attend the May 4 Inaugural in New York City of The Norwegian Bliss. The ship, operated by Norwegian Cruise Line, is a brand-new way to explore Alaska. It features the U.S. debut of the largest racetrack at sea and the Tony award-winning Broadway Show Jersey Boys.

What makes this ship uniquely positioned for an Alaska sailing is an awe-inspiring observation lounge that takes up half of the fifteenth deck and has floor-to-ceiling panoramic windows (two floors high). The space includes lounge chairs, a breakfast and light lunch buffet, and a circular bar near the bow of the ship. You want to move right in.

When not spotting whales and glaciers out those panoramic windows, there are plenty of other activities to occupy all ages on board the ship.

The racetrack is situated on the top of the ship and is a marvel of engineering. One of the features required by Norwegian Cruise Line in creating the racetrack was that the cars needed to be environmentally friendly, both in terms of running clean and not creating noise pollution especially in the wilderness areas of Alaska. Cruisers were excited about the $\$ 7$ ride, on which up to ten electric go-karts can race each other day and night. It's an absolute must-do for all ages (as long as you're at least fourfeet, six inches tall).
The other new attraction on the Bliss is the ultimate laser tag adventure, where families can explore the scene of a giant abandoned space station that hasn't been


Karen
Quinn-Panzer
inhabited for 200 years. The goal is to zap anything that gets in your way. The action takes place day and night at the top of the ship on Deck 20.
Another first on Norwegian's sixteenth ship is Coco's, an a la carte dessert venue that serves milkshakes like you've never seen before. Dubbed "Mad Milk Shakes," they are definitely sized for sharing at $\$ 14.99$, but worth every penny.
With 27 dining options and 22 bars and lounges, you would be hard pressed to get to all of them during a seven-day cruise. We sure tried hard to visit many of them in the two-day inaugural. Standouts included the new Los Lobos Mexican restaurant and Food Republic, presenting a culinary tour
around the world ordered off a smart pad (a la carte pricing applies).
The 4,000 -passenger Bliss has the line's largest haven area (a ship within a ship). It has 50 luxury suites within the haven complex and another 30 outside that offer access to a private restaurant, bar, concierge, lounge, and haven courtyard with a retractable roof over a pool, two whirlpools and a sundeck. The Bliss's haven area also has a two-story horizon lounge with panoramic views.
Although the ship was built with Alaska in mind, it will also offer Mexican Riviera sailings in the fall and Caribbean sailings in the winter. This ship is sure to be in high demand.

Karen Quinn-Panzer is the owner of Dream Vacations Quinn Panzer Travel. She can be reached at kpanzer@dreamvacations.com

Wine Talk:

## Barbeque Wines

Summertime is a time to take to the coals, when the sun is shining and the weather is sweet. Friends and family gather al fresco, bringing an array of salads, sides and condiments to accompany the classic, yet varied, barbecue choices.

Wine plays a central and important part in rounding off the perfect barbecue, but are all too often served incorrectly or with completely the wrong food. You should count yourself lucky if you have escaped holding a plate with a burnt item resembling meat and a plastic cup of warm chardonnay.
Here are some of the top matches for classic barbecue dishes. For the sake of simplicity, we've overlooked the uses of marinades and sauces
Steak: Malbec, Syrah/Shiraz, Zinfandel
Burgers: Tortuga Nacional, Syrah, Zinfandel, Côtes du Rhone
Sausages: Beer, Malbec, Southern French, Temprenillo
Chicken: Warmer climate Chardonnay Pork Chops: Cider, Valpolicella, Barbera, New World pinot noir, dry rosé, Riesling
Salmon: Rosé Champagne or Cava, New World pinot noir, dry rosé, New World Riesling, pinot gris
It would be impractical to purchase so many


Raymond SpAZIANI
maceration of around 30 days, the wine is micro-oxygenated, a process which lends richness and texture. Malo and maturation is in new French oak. The wine has a spicy nose with blackberry, black cherry and barrel char aromas. The palate has a lovely soft, chalky texture with fine tannins and chocolatey oak, which lead into rich hedgerow fruit and a hint of opulent black cherry. Black pepper, red cherry and vanilla appear on the finish. This is a technical wine which demands some cured meats, cheese or steak to tame its punch and power. $\$ 35$. Louis Pommery sparkling wine from England. This is the first English sparkling wine from a Champagne house to hit the market, although it's the result of a collaboration with Hattingley Valley, using their facilities to make the wine from grapes purchased from Hampshire, Essex and Sussex. Pommery expects to be making wine from its own recently planted 40 -hectare vineyard in Hampshire in the next six to eight years. This wine has a fresh nose of green apple, chalk and dough, while the palate has a juicy lemon, lime and apple character, with subtle honeyed stone fruits
in the background. The bubbles are well integrated, and there's a delightful saline finish. It's well-balanced. $\$ 50$
Bird In Hand, Adelaide Hills, sparkling pinot noir, 2017. This wine is pretty, pink and sparkling. The blush-colored rosé is packed with fresh strawberries, cream notes and a touch of sugar, but remains refreshing. With its smart label, this would be a great bottle to have ready to kick off the first day of summer. \$19.99
Chateau de Castres, Graves, Tour de Castres, Bordeaux, 2013. This red is a great value with its smoky, woody aromas and Moorish red and black fruit and vanilla flavors. Grapy tannins and decent acidity ensure this will stand up to grilled meats. $\$ 20$. Enjoy good wine this summer.

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College and for the Milford Board of Education Adult Ed Program, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award-winning home wine maker. Email Ray with your wine questions and wine events at Realestatepro1000@gmail.com

Orange Memorial Day Celebration (Continued from page 1)


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## Milford Memorial Day Parade Marches On (Continued from page 1)




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## Your Finances:

## The Basics: Bond And CD Laddering

With interest rates on the
rise after several years of bottoming out you may start hearing from financial advisors about a savings strategy called laddering.
Bond laddering and CD laddering can be a solid way to deploy some of your investment holdings income over a long period of time, especially in an environment of rising interest rates. Both in diversifying investment portfolios and providing a stream of income to retirees.

To reap the highest interest payments you have to buy longer term bonds and CDs, which can tie up your principal for many years. If interest rates rise in the interim, you are stuck earning the lower rate until the term of the bond or CD runs out.
Laddering provides a way around this problem. It simply means that you purchase multiple bonds or CDs with different dates of maturity. For instance, you can buy CDs that mature in one two, three, four and five years. As each CD matures, you reinvest the money into five-year CDs. After the first five years you will have five different CDs, each typically earning higher interest rates than those with shorter terms, with one maturing every year

With CDs the idea is to produce income every year that may be spent, reinvested into another CD, or placed in a more liquid savings vehicle such as a money market fund.
Laddering bonds can have the same motivations, and a bond ladder can reduce the problem that bondholders face when interest rates rise. Since bond prices fall when interest rates go up, it can be better to have bonds regularly mature to enhance your
bonds in deciding what maturity periods to ladder and what types of bonds to utilize. For instance bonds come in corporate and taxfree flavors. Some are long-term; others are short-term. Naturally, US Treasury bonds offer lowe returns than other types of bonds since the risk of default is less Creating a bond ladder allows you to buy bonds with different levels of risk and return.
There is a huge number of bonds offerings available, and it can take a lot of time and energy to make decisions about them, such as whether to invest in bonds or in bond funds or how much weight to put on lower-interest tax-free bonds versus higher-interest, corporate bonds. Hiring an experienced financial planner to advise you in this area can save you a significant amount of frustration

Eric Tashlein is a Certified Financial Planner professional ${ }^{\mathrm{TM}}$ and founding Principal of Connecticut Capital Management Group, LLC, 67 Cherry St., C-2, in Milford. He can be reached at 203-877-1520 or through www. connecticutcapital.com. This is for informational purposes only and should not be construed as personalized investment advice or legaltax advice. Please consult your advisor/attorney/tax advisor. Registered Representative, Securities offered through Cambridge Investment Research, Inc., a Broker/Dealer, Member FINRA/ SIPC. Investment Advisor Representative, Cambridge Investment Research Advisors, Inc., A Registered Investment Advisor: Cambridge Investment Research Inc., and Connecticut Capital Management Group, LLC are not affiliated.

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## Orange Business And Community Expo Coming

The 16th Annual Orange Business and Community Expo is being held on Wednesday, June 6, 2018, from 11 a.m. to 4 p.m. at High Plains Community Center at 525 Orange Center Rd. in Orange. The event is free and open to the public. The Orange Times is a sponsor of the event.
Business owners, their employees, and local residents can look forward to networking, product demonstrations, activities, raffles, and food trucks.
Registration in advance is appreciated, but walk-ins are welcome Each attendee will receive a visitor's badge, welcome bag and event program. To register, call 203-891-1045 or register online at orangeedc. com/events_activities.
As a separate event in addition to the Expo, a One-on-One Speed Networking event is taking place from 10 a.m. to 11 a.m. prior to the Expo opening. This will be a fun and effective way to make connections. Rob Thomas, a professional networking coach, will be the moderator. Seating is limited and registration is required. Cost is $\$ 15$ per person and includes goodie bag, refreshments and raffle entry
Followng the Expo, the Orange Chamber of Commerce together with Eli's restaurant will host a Business After Hours event under the pavilion at High Plains Community Center. See the Orange Chamber booth for details.
There are only a few vendor booths left. Call the office as soon as possible to register. Exhibitor space is $\$ 300$ for an 8 foot booth, which includes pipe and drape, linen topped-skirted table and two chairs.

## Advertise In The Orange them Times: 799-7500

## Retired and Rejuvenated:

## Exercise Makes A Difference In Aging

Aging can be different for each of us. Yes, the years mount at the same pace, but our bodies respond to the passage of time in differing ways. While many people eventually become frail, an equal number remain fit.
These differences recently prompted a group of British scientists to wonder whether our beliefs about what is normal and inevitable with physical aging might be incorrect and limited. In particular, they wondered whether we might be ignoring the role of exercise in the aging process.
Believe it or not, exercise among middleaged and older adults in the Western world is rare. That seems hard for me to believe, because most of the people I know are playing tennis, going to the gym, walking each day, playing golf and biking. But estimates show that only ten percent of people past the age of 65 work out regularly. Most of our expectations about normal aging in the Western world are based
on how growing
sedentary people.
The Brits suspected that exercise might have an effect on the process of physical aging and could alter beliefs about what "normal" aging means. To test that possibility, they sought out a group of older recreational cyclists. The dozens of male and female riders they recruited were between the ages of 55 and 79 and had been cycling for decades. Most still pedaled about 400 miles per month. None were competitive athletes.
The scientists measured a broad range of the cyclists' physical and cognitive abilities and compared them with those of sedentary older people and much younger men and women. The cyclists proved to have reflexes, memories, balance and metabolic profiles


Joanne
Byrne
that more closely resembled
those of 30 -year olds than of the sedentary group.

The researchers also decided to look closely at muscles and T-cells, a key infection-fighting component of our immune system. In most people, muscle health and immune response worsen after we arrive at middle age, with the effects accelerating decade by decade. There were hints in the study data that the cyclists might be unusual in these regards. The researchers tested muscle tissue of 90 of the riders and found that muscles generally retained their size, fiber composition and other markers of good health across the decades. The immune systems of the riders were tested by drawing blood from them, as well as from a group of sedentary older people and from
healthy young adults. In the older sedentary people, the output of new T-cells from the thymus glands was low. The aging cyclists had almost as many new T-cells in their blood as did the young people.
The British scientists concluded that older cyclists are not like most of the rest of us. They are healthier and, biologically, younger. The lesson is that we should continue exercising each day if we are already doing so, and that for those who are more sedentary, it is never too late to start. Walking each day is a very good place to start, since most of us are not ready to jump on our bikes and pedal 400 miles each month.

Joanne Byrne served as Senior Services Coordinator for the Town of Orange. She is now actively and happily retired. Email her at joannebyrne41@gmail.com to share your thoughts on retirement.

Insuring Your Future:

## Medicare Savings Program Salvaged

The state legislature voted before the end of the session to keep the Medicare Savings Program intact, continuing current funding levels. This means that over 100,000 Connecticut seniors will continue to receive help with their Medicare Part B premiums, reduced cost for prescription medications and medical copays. This happened as a result of many phone calls, letters and emails from recipients and their families as well as those of us who work with folks who participate in this program.
MSP has three levels of coverage: Qualified Medicare Beneficiary, Specified Low-Income Medicare Beneficiary and Additional Low-Income Medicare Beneficiary. The state pays the Medicare Part B premium for all levels of the program. In addition, MSP recipients are automatically enrolled in the Extra Help/Low Income Subsidy program, which helps pay Medicare Part D prescription costs. QMB recipients receive additional assistance to help with cost sharing (premiums, deductibles, copays and co-insurance for Medicare A- and

What does this mean? The eligibility criteria for the MSP plan is based on income only. A single individual with a monthly income below $\$ 2,135.32$ is eligible for the full QMB program; a married couple's monthly maximum is $\$ 2,894$. Those with monthly incomes below $\$ 2,489$ are eligible for certain cost reductions. The income maximum for a married couple is $\$ 3,375$ People believe they might qualify for this program can apply online at the Department of Social Services website, ct.gov/DSS, or contact the senior agent in their city or town. The application is simple to complete, and the timeframe for approval is approximately one month. People who qualify for the MSP program are still required to have a prescription drug plan offered through private insurance companies. Most will qualify for a reduced premium. Contact a certified insurance agent for assistance with


Trish
Pearson pays to shop around. Often, there are many plans available on the open market that provide comparable or better coverage than the retiree plan and at a lower cost. Many large employers are offering a Medicare Advantage option along with a more traditional supplement/Part D plan.

These are the things to consider when deciding to stay with the retiree plan or purchase individually:

1. Is the retiree and/or the spouse responsible for the entire premium?
choosing the best plan A Retiree Medical Plan May Not Be the Right Choice Due to the increasing costs of health insurance and our increasing longevity, many large employers (state and municipal) are changing the plan designs and the premiums for retirees This has become a cause of great concern and confusion for those who have never had to deal with this issue. In these cases, it
2. Is any portion of the Medicare $B$ premium reimbursed through the employer? 3. Will the employer subsidize a portion of the premium if purchased independently? Depending on the answers to these questions, it is worth considering purchasing medical and/or prescription drug coverage independently. Before making a decision, speak with the company that is handling the group product and consult with an independent agent who can explain other options.
Remember, we choose insurance based on what we know today, with an understanding that things may change. It is important to consider the potential financial implications if something unexpected should occur. The time spent researching options could save both money and aggravation later on while providing the right insurance coverage.

Trish Pearson is a licensed independent insurance agent and certified long term care specialist. Contact her at 203-640-5969 or trishpearson281@gmail.com.

## Orange Chamber Of Commerce Events

June 6 - 16th Annual Orange Business Expo: Networking with 56 businesses, activities, raffle, event bags, food trucks and more. From 11 a.m. to 4 p.m. at the High Plains Community Center at 525 Orange Center Rd. For more information, call 203-891-1045
June 6 - Business After Expo: Walk from the Expo to the Business After Hours at the High Plains Pavilion. Catered by Eli's Orange. Tickets are $\$ 10$ in advance at the Chamber's Expo booth, or $\$ 15$ at the door.
June 26 - Morning Jolt: Coffee and conversation for area businesses Start your morning off with coffee and conversation, meet other business members, share information and grow your business. Morning Jolt takes place from 8 a.m. to 9 a.m. every fourth Tuesday of the month at Eli's Orange at 285 Boston Post Rd. Bring your business cards and get ready to give your company a jolt. Here's an opportunity to talk about your business with likeminded professionals, expand your circle of influence, and have a cup of coffee. This program is free. All you need to do is call the Orange Chamber at 203-795-3328 or email your reservation to director@orangectchamber.com.

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Chambers (Continued From Page 14)


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WOODBRIDGE 3 WEDGEWOOD
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Beautiful 2492 sf Colonial on 3.1 privata acres with spacious rooms,
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## GET UP! GET FLY! GET HIRED!



## Profiles

Those Who Give:

## Garden Club Volunteer Plants Seeds Of Kindness

Dorothy Zolla, affectionately known as "Dot," came to Orange from New Jersey many decades ago when her husband, a colorist, was offered a position at a dye and print company in Derby. The young couple packed up and moved, settled in to their new town to raise their growing family, and loved Orange so much they never left.
"I was lucky to be able to be a stay-at-home mother," Zolla said, reminiscing about the years her two sons were growing up. "They were always outside playing with their friends, often at our house, but sometimes at a neighbor's house."
Once her oldest reached college age, Zolla decided to go back to work to help cover the cost of higher education. She had been a nurse back in New Jersey, and since her nursing license transferred to Connecticut, she decided to pursue that field. She applied for and was accepted to a position at Orange Healthcare Center (now called Orange Rehabilitation and Healthcare Center). She remained there for 22 years.
"I was promoted all the way to Assistant Director of Nurses, and held that position until I retired," she said.
Zolla remembers working and watching volunteers from the Orange Garden Club come to the facility to run events and work on projects with the residents. "I really admired what they did and wished I could join the club. I couldn't at that time though, since they met in the daytime when I was at work," she said.
Once she retired, Zolla was able to join the club, and is still an active member
"I love to go with the Garden Club to Orange Healthcare. We meet there once a


Shaileen
Landsberg
month to work on projects with the patients and residents," she said. She explained that club members help those needing assistance on the projects, and added "you enjoy their reactions, when they see what they've accomplished, and the joy they get from working on the projects.
Zolla is also involved in other volunteer initiatives. After losing her husband several years ago she joined a widows and widowers support group, which began at Holy Infant Church, then transitioned to Orange Congregational Church. This group, explained Zolla, doesn't just focus on themselves, but also reaches out to those in need. They come together to donate and provide gifts and necessities to those who are less fortunate, especially during the holidays.
"I've met some wonderful people in the group and made friends. In fact, one of the ladies comes over every Tuesday to play cards. We do love giving those gifts at Christmas, too," she said
Holy Infant Church's Prayer Shaw Ministry is another volunteer initiative in which Zolla takes part. "We crochet them for baptisms and for the nursing homes," she said, "and we pray over each one. We're whipping them up like crazy!
When asked what advice Zolla would give someone who was thinking about becoming involved in volunteering and community service, she was quick to respond. "If there is something you enjoy doing, see if it can help someone. It can really help a retiree who wants to stay active - volunteering is a wonderful way to do that; putting yourself out there, helping someone, and getting to know others as well."

## Orange Boy Scouts Honor Veterans' Graves



In preparation for Memorial Day, the Boy Scouts of Troop 41 recently placed flags at the graves of those who served in the nation's armed forces at the B'nai Israel/Or Shalom Cemetery in Orange. Photos by Jonathan Glassman.

## Democrats Nominate Streit-Kefalas For Probate Judge

## By Brandon T. Bisceglia

## Milford and Orange

 Democrats unanimously nominated Probate Judge Beverly K. Streit-Kefalas May 23 at Silver Brook Estates in Orange to run for reelection in the 11th district.Streit-Kefalas has served as probate judge since 1998. She was part of what was then the Milford district "Although Memorial Day is about which has changed in 2010 to include remembering veterans who died on the Orange.

In addition to her work in the court, StreitKefalas is a board member for the Milford Senior Center Council on Aging. She is also a long-time columnist for The Orange Times. "For 20 years, what has been of paramount

attention and concern to me are the families of Milford and Orange," Streit-Kefalas said. "I have been honored to share the sorrows and joys of the citizens who come through the probate court. Every matter that comes to us is about family."
Streit-Kefalas also said her court is a key support mechanism for veterans. battlefield, we continue to lose veterans every day here at home due to PTSD and other issues. The rate of suicide among veterans is very high," she said, adding that the probate court assists veterans with substance abuse, conservatorships, financial and medical affairs.

From left, Bob Sigler, Maria LaViola, Sharon Ewen and Richard Dumbrill at the Orange Rotary Club's Annual Mother's Day Rose Sale held at High Plains Community Center...Just under 400 dozen were sold. Photo by Steve Cooper


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## Politics

## Bipartisan Bump Stock Bill Passes State Senate

Democrats in the State Senate led passage May 8 of legislation banning bump stocks, devices that can turn semi-automatic weapons into automatic weapons. Bump stocks transform the firing mechanism of a semi-automatic weapon so that it fires like a fully automatic weapon. They were used in the October 2017 Las Vegas shooting, where the shooter was able to fire an estimated 90 shots in 10 seconds killing dozens and wounding hundreds. A bump stock also makes the weapon less accurate
Eight Republicans joined all Senate Democrats in voting for the measure
"I believe that we don't need bump stocks in our society. They are a huge threat to our children, parents, and the citizens of Connecticut," said Sen. Gayle Slossberg
(D-Milford). "I am so proud to stand with my fellow democrats and vote to ban bump stocks in Connecticut."
House Bill 5542, An Act Concerning Bump Stocks and Other Means of Enhancing the Rate of Fire of a Firearm, generally makes it a class D felony for anyone, except a licensed firearms manufacturer fulfilling a military contract, to sell, offer to sell, otherwise transfer, or offer to transfer, purchase, possess, use or manufacture a "rate of fire enhancement" (a bump stock). By law, a class D felony is punishable by up to five years in prison, a fine up to $\$ 5,000$, or both.
Massachusetts, California, Vermont, New Jersey, Washington and Florida have already passed laws banning bump stocks and other rapid-fire devices.

## Maroney, Unopposed, Reaches Fundraising Goal

Democratic candidate for Connecticut's 14th State Senate District seat James Maroney surpassed fundraising goals one month after filing for his candidacy, qualifying for the state's Citizens' Election Program.
In order to qualify, Maroney had to raise $\$ 15,300$ from 300 donors within the district, which includes Milford, Orange, and parts of West Haven and Woodbridge. The donations could not exceed $\$ 250$
Reaching the fundraising threshold qualifies Maroney for a grant of $\$ 85,000$ from the CEP for the general election.
"I'm overwhelmed by the outpouring of support for this campaign," Maroney said. "It's clear that our message has really resonated with people, because we are all fighting for a state government that efficiently supports education, protects the
environment, cares for our seniors, and fosters small business growth. In the weeks ahead, I will be talking directly with the voters and listening to their concerns."
Maroney, who is running unopposed for the Democratic nomination, is expected to receive the official nomination at the Democratic State Senate 14th District Convention on May 21 at 6 p.m. at Milford City Hall.
"I am humbled by the unified support of democrats in the 14th District," he said. "It enables our campaign to focus on getting our message out to everyone in the district leading up to the general election.
Following the Democratic State Senate 14th District Convention, Maroney will be hosting a reception at 7 p.m. at Stonebridge Restaurant at 50 Daniel St. in Milford.

## Klarides, Staneski, Ferraro Support Compromise State Budget



House Republican Minority Leader Themis Klarides and State Reps. Pam Staneski and Charles Ferraro voted to support the negotiated bipartisan state budget plan on the final day of the 2018 regular session.

This budget plan does not include any new tax increases and does not bring tolls back to Connecticut roads. The House also blocked Gov. Dannel P. Malloy from using his "holdback" authority to reduce municipal aid funding at will.
While it did not include some pieces that were in the Republicans' proposal, such as a plan to pay down unfunded pension liability,
the Rainy Day Funds. But those provisions were not acceptable to Democrats and Connecticut needed to have a balanced budget in place," she said
"This budget plan is a product of a lot of hard work and many hours of conversation, said Staneski, who is a member of the budget
they were able to negotiate numerous provisions from the budget plan into the final legislation, including a hard hiring freeze on new state employees that will save $\$ 7$ million. "Republicans made restoring Medicare cuts a top priority so that more than 100,000 seniors will not lose their benefits beginning July1," Klarides said. "We also added money back to support veteran's health programs and community colleges, all without raising taxes.
"We still believe that our Republican budget plan was the best for Connecticut because it was a broad approach that included paying down the state's debt and preserving
ions Committee writing Appropriations Committee
"Throughout the budget process, I heard from many from Milford and Orange who said they did not want to pay higher state taxes or lose critical education funding I am happy to report this compromised budget does not punish our towns. The main goal was to preserve the fiscal reforms going forward - a state spending cap, a cap on borrowing, and a volatility cap. We accomplished that without hurting our most vulnerable residents," she said.
"This budget compromise brings Republicans and Democrats together to save critical funding for our seniors, veterans
and to our local communities, "explained Ferraro. "This budget compromise does not do everything we had hoped. However it does not raise taxes, implement tolls or employ other revenue gimmicks. Republican proposals that were adopted in our 2017 2018 biennial budget have been carried over and preserved in this budget compromise and are beginning to stabilize our state's economy. I hope we can continue to gain support on our vision for Connecticut."
The budget also restores $\$ 130$ million in funding to the Medicare Savings Program for senior citizens and the disabled; funds the Retired Teachers' Healthcare Fund; restores funding for the HUSKY ' A ' Medicai program for about 13,500 low-income parents who are "working poor"; blocks the planned fare increases on buses and trains that were scheduled for July 1; leaves all municipal aid, education cost sharing, town aid road, Regional Fire Training Schools, and the Connecticut Firefighters Cancer Fund whole and untouched for 2019.
The budget passed the House of Representatives $142-8$ and the State Senate 36-0.

## Maroney Receives Democratic Nomination



James Maroney, current Democratic candidate for Connecticut's 14th state Senate district, received his party's nomination to run in the general election at the state convention May 21 in Room 2 at the High Plains Community Center in Orange.
The 14th state Senate district covers Milford, Orange, and parts of West Haven and Woodbridge.

Maroney hosted a reception at the Prime 16 Restaurant in Orange following the convention.
Maroney is vying for the seat currently held by Gayle Slossberg, a seven-term Democrat who will not run for reelection in November. This past week, Republicans nominated Anthony Giannattasio, a Milford alderman, to head the Republican ticket for the 14th district.

State Rep. Charles Ferraro was their original proposed budget." unanimously endorsed May 16 as the Republican candidate for the 117th district state House seat, which includes parts of Milford, Orange and West Haven.
"Since becoming your state representative in 2014, I have enjoyed meeting people and listening to their concerns. From organizing the cleanup of a local river, to advocating for seniors, veterans, and fighting against cuts to our children's educational funding, I have done my best to make things better during these difficult times for our state," Ferraro said.
"This past session I joined my Republican colleagues to propose a budget that halted Governor Malloy's new taxes on tires, cell phones, and other harmful tax increases. We also stopped the implementation of tolls throughout Connecticut. We had enough influence on the Democratic controlled house to block these detrimental measures and pass a compromise budget. I am proud that we were able to enact a budget with spending and bonding caps. While we did not get everything we wanted, it was better than

Since 2014, Ferraro has championed legislation helping veterans, small business owners, individuals with intellectual disabilities, first responders, and reforms of the affordable housing regulations.
"There is more we must do to move Connecticut forward, but the most important task facing us this election season is winning a Republican majority in the House. Without that majority, rest assured that Democrats will once again try to implement tolls and find other new ways to raise your taxes. I will not stop until our economy is firing on all cylinders and taxes are reduced for everyone," he said
Ferraro is the ranking member of the Veterans' Affairs committee and serves on the legislature's Human Services and Energy and Technology committees. He owns West Haven Academy of Karate, Inc and oversees over 70 karate schools in the United States and 30 in South America.
Ferraro can be reached at 203-410-3207 or cferraro04@snet.net.
Charles Ferraro writes a column for The Orange Times.

Beatty Tapped To Represent Dems In 119th District


Ellen Russell Beatty, a second-term elected member of the Milford Board of Alders, was chosen May 16 to represent the Democrats in the 2018 race for state Representative in the 119th district, encompassing parts of Milford and Orange. The district convention was at Milford City Hall. More than 50 members of Beatty's family and friends were on hand to hear Milford Mayor Ben Blake place her name in nomination and speak to Beatty's contributions during her three years on the Board.
"The communities of Milford and Orange will be well served with Ellen up in Hartford," said Blake. "She's smart, she's sensible, honest and hard-working, but above all she has a lot of energy. She's a fighter and has a passion for good government.
Blake noted that during Beatty's three years on the Board of Alderman, Milford has shown "huge economic expansion and received a AAA bond rating," and that the BOA is set to pass its third tax cut in a row in the coming week.
Milford Democratic Town Chairman Rich Smith recently highlighted Beatty's experience as Associate Vice President of Academic Affairs at Southern Connecticut State University as key in her bid for state office.
"Ellen has a proven track record in fiscal management, strategic planning, and consensus building," Smith said. "These skills, honed by years of professional,
organizational, and financial experience, are critically needed in Hartford now.
Four of Beatty's colleagues from SCSU, where she holds the title of Professor Emeritus of Public Health, also were on hand to deliver strong endorsements.
"From the very beginning, Ellen was an extraordinary, gifted leader," said Dr. Rosalyn Amentar, Director of Women's Programs at SCSU. "She managed budgets with fairness and equity; she was a visionary, creating programs and offices where none existed. She has an unusual gift - the art of consensus building - and this is important in politics.'
While at SCSU, Beatty was instrumental in the establishment of the university's women's center that provided educational outreach and referrals for counseling and financial assistance. She played a critical role in founding the university's first childcare program that supported students, faculty and staff. She also led the university's Women's Commission, where she advocated directly to the university's president on student issues.
In the audience at the event were Beatty's husband, Ed, a retired battalion chief in the Milford Fire Department, their daughter-in-law Alison and their three sons, Zack, Luke and Nick - all Eagle Scouts - who traveled from California, Washington, D.C. and New York City, respectively, to witness their mother accept her party's nomination. Beatty will face Republican Kathleen Kennedy of Milford on the ballot.

## Advertise In The Orange Times: 799-7500

Republicans Unanimously Endorse Klarides for Reelection


From left: 104th district state Rep. candidate Joe Jaumann,
Ditria, and state Senator George Logan. Contributed photo

State Rep. Themis Klarides received the backing of area Republicans in the 114th district on the evening of May 16 at High Plains Community Center to run for reelection.
"Being the voice of the residents of Woodbridge, Orange, and Derby in Hartford is truly an honor," Klarides said. "As your state Representative, I am committed every day to helping the residents and the communities of the 114th district. Over the past two years, your voices have been heard, and together we have been able to stop irresponsible tolls and devastating cuts to our communities.
"Our state's fiscal situation is bad, but let me tell you, it can be fixed," Klarides continued. "House and Senate Republicans offered budget after budget that showed that we can have a balanced budget without tax increases. With your support this November I can return to Hartford and work to pass greater reforms and structural changes that will end the deficit cycle."
In 2014, Klarides was unanimously
chosen by her House Republican colleagues to be their caucus leader - becoming the first woman to hold the position. She was reelected leader again in 2016.
Since taking office, Klarides has been an advocate for women, working families and business owners. Klarides continues to pass bipartisan legislation yearly, such as helping women receive insurance coverage for breast cancer testing and fighting to restore education funding and Medicare savings funding for seniors.
Klarides said she believes her work in Hartford has aligned with the values of the residents of the 114th district.
"I love the towns I represent, and it would be a great honor to be reelected this November," Klarides said. "My passion and commitment to my community drives me each and every day and returning to Hartford will allow me to reverse Governor Malloy's failed policies.'
A native of Seymour, Klarides was raised around a family supermarket business that she says taught her the value of hard work and the rewards of community involvement.

## Kennedy Nominated For State House

Surrounded by supporters from Milford and Orange, Kathy Kennedy, candidate for the 119th Assembly District, was unanimously nominated recently by local Republicans as their candidate for the state House of Representatives.
Addressing the crowd Kennedy said, "I am honored and privileged to receive this nomination for state Representative for the 119th. I will be lacing up my sneakers and hitting the ground running, reaching out and talking to as many people in Milford and Orange as possible. I want to know what key issues matter to the voters in the 119th."
 new taxes," she continued. " have voiced my opposition to the controversial plans to install tolls throughout Connecticut's highway system. We need to look beyond tax hikes as the first and last solution to our state's problems. Together we can put Connecticut back on track.
Kennedy said she look forward to working with people from al across the state that are as committed as she is to turning Connecticut around.
Kennedy finished her acceptance speech by thanking her two kids, Rebecca and Brett, for their love and full support in her candidacy

## Welander Unanimously Endorsed For 114th

Orange Board of Education member Mary Welander was unanimously endorsed May 16 at the Hitchcock Hose Company firehouse in Derby as the Democratic candidate for state representative for the 114th district, which encompasses parts of Orange, Derby and the Town of Woodbridge.
"I am running because I believe our district is not accurately reflected by our current representation in Hartford," Welander said. "I am deeply committed to our area and want it to be as strong as it can be now and in the future for all of our children. I believe we have a duty to stand up for what is right and speak out against what is wrong, and I am not seeing enough of either from our representative. We live in a proud, strong, diverse district; I believe that our strengths lie in our differences and Connecticut will be stronger if we embrace new ideas while still respecting our history. I would be honored to represent the voices of my
ghors in Hartford.
In addition to serving on the Board of Education, Welander was recently reelected as the vice chair of the Orange Democratic Town Committee, currently serves on the board of the PTA at Race Brook School, is the statewide representative for the Sandy Hook Promise Organization, and is involved in other community groups throughout town.

In nominating Welander Kate Rozen of Woodbridge quoted Melinda Gates. "If you are successful, it is because somewhere, sometime, someone gave you a life or an idea that started you in the right direction. Remember, also that you are indebted to life until you help some less fortunate person, just as you were helped."
 Rozen added, "What makes this race and this candidate so special is because that ideal is embodied in what we are kicking off this evening." Jody Dietch, chair of the Orange DTC, seconded the nomination. "I first met Mary after the 2016 Presidential election," she said. "Mary began attending our DTC meetings. She showed confidence and knowledge not only of the issues but also she has a keen understanding of the legislative process. Mary quickly educated herself on how accomplishments happen in Hartford. She is not someone who would have a learning curve taking on a new job. She is already schooled in that and also is well known by many in Hartford. She has the
energy and, more importantly, the integrity to represent not just the 114th district but al of the residents of Connecticut.'
Laurence Grotheer, Woodbridge DTC chair, said, "Mary will be an outstanding representative for the 114th and Connecticut Her commitment to a better future for Connecticut is evident in her work on the OBOE and all she has accomplished in other community service roles. We look forward to her representing us and bringing bipartisanship back to Hartford."
Aniello Malerba, III, chair of the Derby DTC, said, "We are very excited that Mary is running for state representative. We need a fresh perspective in Hartford. As a mother of three young children and an active PTA parent, her commitment to the prosperity of future generations is exactly the new approach we need to problem solving in Hartford."
Mary and her husband, Matt, live in Orange with their three children and dog, Bauer.

## Democrats Nominate Streit-Kefalas For Probate Judge

## By Brandon T. Bisceglia



Milford and Orange Democrats unanimously nominated Probate Judge Beverly K. Streit-Kefalas May 23 at Silver Brook Estates in Orange to run for reelection in the 11th district. Streit-Kefalas has served as probate judge since 1998. She was part of what was then the Milford district, which has changed in 2010 to include Orange.
In addition to her work in the court, Streit-

Kefalas is a board member for the Milford Senior Center Council on Aging. She is also a long-time columnist for The Orange Times "For 20 years, what has been of paramount attention and concern to me are the families of Milford and Orange," Streit-Kefalas said. "I have been honored to share the sorrows and joys of the citizens who come through the probate court. Every matter that comes to us is about family.
Streit-Kefalas also said her court is a key support mechanism for veterans.
"Although Memorial Day is about remembering veterans who died on the battlefield, we continue to lose veterans every day here at home due to PTSD and other issues. The rate of suicide among veterans is very high," she said, adding that the probate court assists veterans with substance abuse, conservatorships, financial and medical affairs

## Milford, Orange Republicans Endorse Chris Goulden For Probate Judge



## Local attorney

 and longtime resident Chris Goulden was unanimously endorsed as the Republican candidate for Judge of Probate in the 40th district May 24 at their Plains Community Center in Orange. The district encompasses Milford and Orange.A graduate of Quinnipiac College School of Law, Goulden has practiced law for over 27 years in all courts, including probate courts throughout the State.
His experience includes estates conservatorships, termination of parental rights matters and adoptions. He has also helped individuals in matters involving the Department of Children and Families.

Goulden's practice is located in Milford, where he lives
"I believe that all citizens of Milford and Orange should have improved access to the probate court," Goulden said. "I would like to implement a system whereby the probate court would have extended hours on a weeknight and Saturday for a few hours to allow those that can't reach the court during normal business hours to access the court during these stressful times. I want to make the Probate Court experience as easy as possible for all who seek the Court's help."
Goulden is presently the president of the Milford Bar Association, as well as a member of the Irish Heritage Society of Milford. He has served on the statewide grievance committee for six years and continues to volunteer in Milford, Bridgeport and Middletown as a special master, assisting individuals in settling complex family cases.
"I am an extremely hard worker and dedicated person," Goulden said.


Decades of award winning talents

## FOR HAIR EXCELLENCE

## Sports Helmet Safety Bill Introduced By Klarides Sisters Passes

The state House of Representatives April 30 unanimously passed legislation, introduced by House Republican Leader Themis Klarides and State Rep. Nicole Klarides-Ditria, which will provide consumers with better information regarding the safety of sports helmets. Klarides's district includes parts of Orange.
The bill was subsequently adopted unanimously May 9 by the state Senate.
The Klarides sisters brought the legislation forward after Jason Klein of Force3 Pro Gear, a local Derby business, expressed his frustration that his company and others were unable to share their helmet safety test results with the public.
According to Klein, sports safety helmets are tested by the National Operating Committee on Standards for Athletic Equipment. The

解 threshold to determine whether a helmet meets the standard performance criteria. The NOCSAE pass/fail threshold is 1200 Severity Index units, or SI. A helmet must test below 1200 SI in all 16 designated and random impact locations, including impacts at a helmet in ambient, high and low temperatures.

Klein said in testimony, "There's been no place for an athlete or parent seeking helmet safety information to turn and no way for them to compare results with other helmets currently on the market.'
Klarides and Klarides-Ditria said in a joint statement, 'Helmet manufacturers should be able to tell the public that their protective equipment is tested and safe. We want to thank Jason for bringing this forward. This legislation will keep athletes of all ages safe.'


State Rep. Nicole Klarides-Ditria, Derby business owner Jason Klein, and House Minority Leader Themis Klarides. Contributed photo

## Zeoli Visits Nursery School



The class for 4-year-olds from Orange Congregational Church Nursery School enjoyed visiting First Selectman James Zeoli recently to learn about what his job involves. Photo by Sarah Noyes.

## Youth \& Education

## One Journey Ends, Another Begins

By Andy Yu

Gone are the months of anxiety and nervousness when high school seniors bite their nails and await the final judgement of colleges. These last months of spring are for their enjoyment and leisure before they close this chapter of their lives and start another wherever that may be, whether they decide to go to college, take a gap year, or make other plans.

Naturally, the high schools have planned a graduation ceremony for these bright young bean sprouts full of hopes and dreams. It is an event befitting the "another beginning" idea to formally send them off. With over 800 diplomas to hand out altogether, Foran High School, Jonathan Law High School, Platt Technical High School and Amity Regional

High School have a busy time ahead of them. Amity's administrators have scheduled the event for June 15 at 4 p.m. With a senior class size of 359 , they expect a lot of graduating students. With luck it won't rain.

Emily Clark, an English teacher at Amity, said, "A few years ago, during the ceremony, after the ' $R$ ' names were called, it started raining. Everyone rushed inside and it ended. So everyone whose name started with 'S' onwards never heard their name called." Clark shook her head and continued, "They still got their diplomas in the mail, of course, but they felt that something was missing."
Of course there was something missing. Those students never heard their names being called and never personally received their diploma. That would be a sad way to end your high school years. Since then the
school has created a fallback plan. This time, if it rains in the middle of the ceremony, it will continue inside the big gym.
Jonathan Law has 183 seniors who will have their ceremony on June 13 out on their own athletic fields. Foran also has around 200 seniors. Their event has been scheduled on June 12, also out on the fields. Both will start at 5:15 p.m. Platt Technical has a senior class size of 189 students and has plans to hold the ceremony at Southern Connecticut State University on June 26 at 6 p.m.
None of these high schools are sure, exactly, how many diplomas they should make at this time. It is unfortunate, but a disease called "senioritis" is making its rounds, targeting those relaxed seniors who seem a little too relaxed.

Sandie Hill, a counselor at Amity High

School, said, "People tend to slack off on credits at this time."
That's no good. These children should be going places, and they won't be going anywhere (except back to school) if they don't keep themselves from sliding. The majority of graduating seniors intend on attending a four-year accredited university. It's the final stretch for seniors. There's less work and many have already decided what they want to do. The days are less stressful. The amount of homework has decreased. Some students even have been exempted from their schools' final exams.
They shouldn't get too comfortable, though. If they wish to hold that diploma and finally wave goodbye to this stretch of their life, then help them anchor their tattered ship properly. Their new vessel is right next to it.

## Milford Students Win Book And Scholarship Awards



Top row from left: Rachel Wywoda, Lauralton Hall; Frankie Terres, Jonathan Law; Monica Pydipati, Jonathan Law; Scott Zito, Platt Tech principal; Jeffrey Burt, Assistant Superintendent of Schools; Mayor Ben Blake. Front row from left: Chania Chaisson-Fortin, Joseph A. Foran; Rewas Muhajir, Joseph A. Foran; Henrique Errera, Platt Tech. Not pictured: Carmen Silva, The Academy. Photo by Margaret Bolger

The Friends of Milford Library presented the winners of this year's Friends Book and Scholarship Awards April 25 in the Program Room at the Milford library. Winners of the Book Awards are members of the junior class at the five high schools in Milford.

The Friends Scholarship Awards will be awarded to Frankie Terres from Jonathan Law High School and Chania Chaisson-Fortin from Joseph A. Foran High School, one in each of the city's two public high school.

## Orange Native Earns Doctorate

 Dana Murray
Contributed photo

The West Virginia University School of Medicine Class of 2018 announced recently that Dana Murray has been awarded the degree of Doctor of Medicine. Murray is the daughter of Paul and Cara Murray of Orange.
Murray graduated from Amity Regional Senior High School before attending the University of Connecticut. At the University of Connecticut, she earned a Bachelor of Science degree in biological sciences with a minor in physiology and neurobiology
on the pre-medical course of study and graduated with dean's list recognition. She received honors (top 15 percent of MD candidates) in multiple courses and clerkships throughout medical school.
While working toward her undergraduate and medical degrees, Murray participated in research at the Yale School of Public Health, UConn Health Center and West Virginia University School of Medicine She has volunteered at Smilow Cancer Hospital-Yale New Haven Hospital for a total of over 200 hours.
Murray has accepted a combined residency position in Internal Medicine and Pediatrics at West Virginia University in Morgantown, West Virginia.


The MLT Prek students at Buttermik farm in Orange, had the opportunity to learn about farming and how things grow. They had a.
Tiffany Gagnon.

## St. Mary School Boys Junior Varsity Basketball Team To Be Recognized

The Board of Alderman will recognize the St. Mary School Boys Junior Varsity basketball team for winning the 2018 New England CYO Regional Championship at its meeting Monday, June 4 at 7:30 p.m. at Milford City Hall at 110 River St.
Mayor Ben Blake will present the team with a proclamation on behalf of the City of Milford, and state Rep. Pam Staneski will present the team with a proclamation from Gov. Dannel P. Malloy as well as a citation from the state delegation.
The boys and their families are invited to attend the ceremony, which will be held at the beginning of the meeting.
This year's regional championship tournament was hosted by the Archdiocese of Hartford's Office of Education, Evangelization and Catechesis, as guided under the direction of the Archdiocesan Interscholastic Athletic Conference. More than 50 teams competed over the weekend in early April in gymnasiums across Waterbury. With wins against schools from the Boston Diocese, Bridgeport Diocese and Manchester,

New Hampshire, the boys clinched the title on April 8 at Kennedy High School.

This is the first time in the school has won the title in its 57-year history.
The athletes included: Chase Bryant, Christopher DeProfio, Griffin Fisher, Gauge Forget, John Gerrity, Dylan Gregory, Christopher Harry, Marco Joksovic, Daniel Kron, Max Lula, Derek Rainey, Michael Roney, Matt Savo, Peter Swanson, Tim Swanson, Will Swanson and AJ Tkacs. They were led by head Coach Carl DeProfio and assistant coach Eric Swanson.
The team has won other awards this season, including: 2017-2018 Greater New Haven Parochial Athletic League JV Boys Regular Season Champions; 2018 Greater New Haven Parochial Athletic League JV Boys Tournament Champions; 2018 Archdiocese of Hartford JV Boys Tournament Champions; 2018 New England CYO Basketball JV Boys Tournament Champions; 2018 St. Mary School Invitational Basketball Tournament JV Champions; and 2018 Our Lady of Fatima School Tyler Ugolyn JV Champions.


The St. Mary School Boys Junior Varsity basketball team. Contributed photo.

## Youth \& Education

## Test Prep:

## Beating Test Anxiety

Students in high school are under a great deal of pressure. There's a push for them to succeed in so many different avenues as they grow up. Many kids and young adults are wrestling with anxiety constantly.
Anxiety can permeate every aspect of life, but it seems to rear its ugly head especially around the subject of standardized tests. We've gathered a few tips across the years that can help you get a handle on this and help you to achieve your best scores.
Put pencil to paper. Our brains are complicated - and one thing that I see help students with anxiety is to physically do something. Write out the information that you see in the problem. Put stars next


James Maroney
a reading passage. Even just drawing a quick random shape in the corner while you're reading the problem can help keep your brain from jumping straight into the hamster wheel of doom that is anxiety.
Break problems into tiny chunks. You might not know the answer to the question right at the beginning. That's completely okay. Sometimes you have to look at a problem and ask yourself, "What can I do here?" and then try it. Once you start, everything may start to fall together like a puzzle. On the reading and writing sections, focus on one piece of the question at a time. Use process of elimination to help you here.
Put it into your own words. There are
many different reasons to do this. One is that it's much harder to remember something when you only kind of understand it. Put it into words that come naturally to you, and it will stick in your brain. With anxiety, you want to focus on making things as simple as possible - that way you will be able to have success even as your brain is using up some of its processing capacity by being worried. Once you've put something into your own words, you will probably find that you can get a much better handle on how to answer the question.
Make life easier on yourself. I commonly encounter students who sheepishly tell me that they didn't want to write out long division, a certain equation, or anything else because they were worried about looking stupid. The important thing to remember is that no one on the SAT or ACT is going
to be looking at your work. Forget about judgement from others. The most important thing is that you get to the right answer. If that means you have to count on your fingers, so be it. Give yourself a break - and recognize that writing out your work is actually the smart thing to do.
Test anxiety is a difficult and complex problem for any student to tackle. At the end of the day, remember that you are much more than just a number, and that there are options available for those who truly cannot seem to get a test score that accurately represents who they are as a student.

James Maroney, is the owner of First Choice College, which has been helping local students prepare for college since 1999. James is also the former co-chair of the Financial Aid Working Group for the Connecticut State Planning Commission for Higher Education.

## Area Superintendents Recognize Student Accomplishments

Orange students were recognized for their achievements April 27 during the South Central Area Superintendents’ Association held its 12th annual Student Awards Luncheon at Cascade Fine Catering in Hamden.
This program provides area superintendents with the opportunity to recognize students’ accomplishments based on high academic achievement,

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strong extracurricular involvement and a commitment to community service.

The students recognized from the Orange Public Schools were Kayleigh Fitzpatrick and Benjamin Wilson from Race Brook School; Luke Chang and Raegan French from Turkey Hill School; and Haseeb Chaudhry and Angelina Li from The Peck Place School.


Orange Public Schools Superintendent Vince Scarpetti with Orange students who were recognized at the South Orange Public Schools Superintendent Vince Scarpetti with Orange students who were recognized at
Central Area Superintendents' Association Student Awards Luncheon. Photo by Michael Robichaud.

## Turkey Hill School Springs Into STEM

Students designed and constructed solutions to the problems of Curious George, the Three Little Pigs, and the Billy Goats Gruff during Turkey Hill's School's recent Spring into STEM day event.
Students practiced applying essential twenty-first century science, technology, engineering and math skills as they planned, built, tested and redesigned their challenges throughout the day. The best projects came together in a final all-school assembly where their structures were put to the test.

Grades 1 and 2 created foil boats that carried

Curious George and as many cars as possible across a river. The most successful design held 13 cars for 10 seconds. Grades 3 and 4 built and tested homes for the Three Little Pigs that withstood "hurricane force winds." Grades 5 and 6 had the most difficult challenge, as they built a bridge to go over an 18-foot-wide, 3 -foot-high high "gorge" that would hold three "goats" individually weighing 10,12 , and 15 pounds. The fifth-grade team of Anthony Capecelatro, Brendan Gunning, Ethan Lah and Chris DiGiovanni exceeded the challenge by building a bridge that held 28 pounds.

## Orange's Amity Middle School Students Recognized For Sports Essays



Amity Middle School Orange students recognized at
the Michael's Cup Unified Sports Banquet. From left: the Michael's Cup Unified Sports Banquet. From left: Jayne Whitman, Brian McMilleon, and Anna Varholak.

Three students from Amity Middle School in Orange were recognized at the recently-held Michael's Cup Unified Sports Banquet. The banquet honored middle and high school students for submitting moving essays detailing how their experiences with Unified Sports helped them to change attitudes and change lives.

Jayne Whitman, an eighth-grade student,
 Spring into STEM day. Contributed photos

## News \& Events

# Klarides Speaks To Junior State Of America Members 



From left: Ryan Anastasio of Amity Hight School; ECR Vice Mayor Patrick Burland of Amity High School;
state Rep. Themis Klarides; Melanie Lust of Staples High School; and Lindsay Dry of Staples High School.

House Republican Minority Leader Themis Klarides, whose district includes part of Orange, recently was the keynote speaker for the Northeast Junior State of America event held in Stamford. Klarides talked about the legislative session and the importance of young adults becoming involved in politics. The Junior State of America is a student-
run organization that cultivates democratic leadership skills, challenges members to think critically and advocate their own opinions, develops respect for opposing views and promotes rising above self-interest to promote the public good. JSA is committed to developing a diverse, cross-section of young leaders for a democratic society.

## Staneski Announces Milford DMV Express

State Rep. Pam Staneski announced May 17 that Nutmeg State Financial Credit Union and the Connecticut Department of Motor Vehicles will be opening a DMV Express location at 977 Boston Post Rd. in Milford, which will be open six days a week starting in June, Monday through Saturday. The hours will be 9 a.m. to 3:30 p.m. on Mondays through Fridays, on 9 a.m. to noon on Saturdays. Nutmeg and the DMV Express will be sharing the space.
The service is available to all Connecticut drivers. License renewals will be able to be completed at the Nutmeg location.
"This past session I proposed a bill to privatize the DMV because as a state agency it was not meeting the needs of Connecticut residents," Staneski said in a statement. "We can no longer tolerant a shortage of renewal locations, or long wait times for license renewal."
"Although my DMV privatize bill did not get a vote during the short legislative session, I am encouraged the DMV is looking for ways it can streamline services and moving to public-private partnerships because ultimately we need a system that works for the residents of Connecticut," she said.

## Orange Legislators To Have Coffee With Constituents

As a wrap-up to the 2018 legislative session, state House Republican Minority Leader Themis Klarides ( $\mathrm{R}-114$ ) along with state Reps. Charles Ferraro (R-117) and Pam Staneski (R-119) will be holding a "coffee and conversation" hour Saturday, June 2 for Orange constituents.

All three state representatives have a slice of Orange in their legislative districts. Constituents are encouraged to join their legislators for coffee and talk about any issues, questions or concerns related to the Town of Orange or state government.

The coffee hour will be held from 9 a.m. to 10 a.m. at Chip's Restaurant, located at 321 Boston Post Rd. in Orange.
The 2018 legislative session wrapped up on May 9 after making adjustments to the second half of the two-year state budget.
For anyone who is unable to attend but would like to talk to their state representatives, you can contact them at 800-842-1423 or send an email to Themis Klarides@housegop.ct.gov, Charles. Ferraro@housegop.ct.gov or Pam Staneski@housegop.ct.gov

## Orange Chamber Seeking Award Nominations From Public

The Orange Chamber of Commerce is seeking nominations from its members and the community for a series of awards that will be given during a Recognitions and Awards breakfast on October 25 at 8 a.m. at the Grassy Hill Country Club.

Nominations are open for the following awards:

Business Person of the Year
Is awarded to an individual who has undertaken a successful business venture whic has directly had a positive influence on some segment of the Orange business community

Community Service Award:
Is awarded to an individual, business or group working toward the betterment of the community, as a whole or on a specific project resulting in community benefits.

Business of the Year:
Is awarded to a good corporate/business
citizen exhibiting a commitment to the business climate of Orange.

Chamber Service Award
Is awarded to the member or members who has or have exhibited outstanding service to the Chamber.

Notable Newcomer:
Is awarded to notable new members who exhibit outstanding commitment to the Chamber.

Milestone Award:
Is awarded to members who celebrate business milestone events.
All nominations should have the name of the person being nominated and why, along with the of the person making the recommendation. The nominations are due by Aug. 15 by mail to the Orange Chamber, 605A Orange Center Rd., Orange, CT 06477, or by email to director@orangectchamber.com.

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## News \& Events

## Milford Library Events

Origami Flowers
Tuesday, June 7 at 2 p.m.
Learn how to make a beautiful paper bouquet - one that will last and never needs watering. All instructions and material provided. Please register by calling 203-7833292. Class size is limited.

## Libraries Rock

Monday, June 11 to Monday, August 27 A music-themed summer reading program has kicked off for Milford Public Library's Young Adult Department. Students entering grades 6 to 12 are invited to track how many minutes they read until the program's end. This year's reading challenge will go to support Music Haven, an organization in New Haven that connects young musicians with tuition-free music education and performance opportunities.
Sign up online on the young adult page of milfordlibrary.org to track your minutes and look for teen events happening throughout the summer. Summer reading books and paper logs are also available in the library at 57 New Haven Ave in Milford. Contact Young Adult Librarian Diana with any questions at 203-701-4554.
Last year students read over 40,000 minutes to help honeybee conservation efforts through Heifer International.

## Crunchyroll Anime Club

## Thursday, June 7 at 6 p.m.

Middle school students are invited to attend Milford Library's Crunchyroll Anime Club. The young adult librarian will be showing episodes from Crunchyroll, an anime streaming site, and will be offering an opportunity for fans to discuss anime, manga, and Japan. Light refreshments will be served.

The Milford Library has been granted a
premium account through Crunchyroll's outreach program, which allows the library to show episodes commercial-free.
The club is for students in grades 6 through 8. Call the reference desk at 203-783-3292 to sign up. Meetings are held on the first Thursday of every month.

Amazon Alexa and the Echo

## Family of Devices

Saturday, June 9 from 2:30 p.m. to 3 p.m. The Milford Public Library is offering a demonstration of Amazon's artificial intelligence Alexa. This is a general overview so that people who have not used an Echo before have a basic understanding of what can be done with such an AI. To contact the library, call 203-783-3290 or visit milfordlibrary.org.
OverDrive eBooks and Libby for Android OS
Thursday, June 14 at 7 p.m.
The Milford Public Library offers access to thousands of eBook titles for residents with library cards through OverDrive. There are never any late fees, and using the service through the Libby app is easy. Come down to the library for an informative overview of how to get started using the eBooks on your Android device.

## History on the Half Shell

A Native American Shell Midden at Laurel Beach: Wednesday June 20 at 6:30 p.m.
Join archaeologist Dan Zoto for a presentation exploring 3,000 years of Native American occupation at the mouth of the Housatonic River. Learn how the site was discovered and how the stone tools, shells, and animal remains were used to piece together a story of land use over thousands of years.

Zoto is a senior field archaeologist at Archaeological and Historical Services, Inc. in Storrs. He received a Bachelor's in anthropology from UMass Amherst in 2010 and is currently an anthropology graduate student at UConn. His research interests include the archaeology of pre-colonial Southern New England, stone tools, and lithic sourcing. Zoto served as the field director for the Laurel Beach II project.
Onigiri Anime Club
Thursday, June 21 at 6 p.m.
The Milford Library is hosting an anime club for high school students that meets on the third Thursday each month. The young adult librarian will show various anime and offer an opportunity for fans to discuss
manga while having snacks.
This club is for students in grades 9 through 12. Call the reference desk at 203-783-3292 to sign up. Club meetings will continue through the summer.
Chilton Automotive Library
Saturday, June 23 at 2:30 p.m. The Milford Public Library is offering an overview of the Chilton Automotive Library. The Chilton database has detailed information on most cars for do-it-yourself repairs. It also contains labor estimates for a multitude of professional repairs. Mechanics can complete ASE test preparation quizzes through the Chilton Automotive Library to study for their ASE certification.
Bird Walk and Book Signing
 An electric car at a charging

## Glendale Farms



## News \& Events

Wednesday, June 27 at 6:30 p.m. Frank Gallo loves birds. He is a leading expert on where to find birds in Connecticut and has led birding expeditions all over the world. Gallo is a tour leader for Sunrise Birding, LLC, an international birding tour company, is a member of the Connecticut Avian Rare Records Committee, and is a federally licensed master bird bander. He is also the author of two children's nature books, Bird Calls and Night Sounds, and is a published freelance photographer.
Gallo will be leading a bird walk on June 27. Meet at the Milford Public Library for this free walk. Be sure to wear comfortable shoes and bring binoculars. After the walk, get some refreshments at Milford Library and listen to Gallo talk about his newest book, Birding in Connecticut. It is the definitive guide to where, when and how to find birds in the state. The book is packed with information valuable to birders of all skill levels, from species accounts and a first-of-a kind cumulative list of rare bird sightings, to a host of tips and tricks to finding and identifying birds. It is an invaluable resource on the habits and habitats of Connecticut's birdlife, with clear and up-to-date bar graphs showing seasonal occurrence and abundance for every Connecticut bird species. It is suitable for novices and experienced birders alike.
Copies of the book will be available for $\$ 30$. Cash only, please.

A Brief Introduction to Microsoft Excel
Thursday, June 28 at 7 p.m.
The Milford Public Library is offering a basic overview of Microsoft Excel to get people comfortable using the program.

Basic functions such as formatting cells, summing columns, and sorting data will be demonstrated.

## Electric Car Information Session

Saturday, June 30 at 2 p.m.
Milford's Energy Advisory Board is hosting an electric vehicle information session for all interested people at the Milford Public Library. The event will provide information about these now widely available alternative vehicles. Experienced EV owners will discuss why they like their EVs and how they use them on their daily commutes and longer distance drives, as well as how they charge the cars' batteries. Learn about the differences between EVs and conventional gas-powered cars (including why EVs are much less expensive to operate and maintain), the widespread locations and different types of charging stations, the range of EV models available now, and the benefits of EVs for the environment and for public health. Attendees will also learn about financial incentives from the Connecticut Green Bank for purchasing and leasing EVs. All are welcome to this free information session.


The Orange Times

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## TOWN OF ORANGE NOTICE OF PUBLIC HEARING AMENDING SECTION OF CODE

Notice is hereby given to the legal voters and those persons qualified to vote in Town Meetings of the Town of Orange that in accordance with Section 3.4 of the Charter of the Town of Orange, the Board of Selectmen of said Town will hold a Public Hearing on Wednesday, June 13, 2018 at 7:30 p.m. in the lower level meeting room of the Orange Town Hall, 617 Orange Center Road, Orange, CT to consider amending the following Codes of the Town of Orange:
Chapter 227 - Ordinance Regulating Food-Handling Establishments.
A full copy of the proposed amendment is available for review in the Office of the Town Clerk, Town Hall, 617 Orange Center Road, Orange, CT 06477.
Notice of Public Hearing on Proposed Amendment of Chapter 227 of the Town of Orange Code dated at Orange, CT this 21st day of May 2018.
TOWN OF ORANGE BOARD OF SELECTMEN
James M. Zeoli, First Selectman
Patrick B. O'Sullivan, Town Clerk

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Notice is hereby given to the legal voters and those persons qualified to vote in Town Meetings of the Town of Orange that in accordance with Section 3.4 of the Charter of the Town of Orange, the Board of Selectmen of said Town will hold a Public Hearing on Wednesday, June 13, 2018 at 7:30 p.m. in the lower level meeting room of the Orange Town Hall, 617 Orange Center Road, Orange, CT on the following:

An ordinance to amend the Code of the Town of Orange by adding a new Chapter 384. Illicit Discharge and Connection Stormwater Ordinance.
A full copy of Chapter 384 Illicit Discharge and Connection Storm water Ordinance is available for review in the Office of the Town Clerk, Town Hall, 617 Orange Center Road, Orange, CT 06477.
Notice of Public Hearing on the amendment of Code dated at Orange, CT this 21st day of May 2018.

TOWN OF ORANGE BOARD OF SELECTMEN
James M. Zeoli, First Selectman
Patrick B. O'Sullivan, Town Clerk

Orange Chamber Network After Work At TGI Fridays


Photo by Steve Cooper.


## Crossword

1 Undergoes

4 Tile floor cover
11 One of the fire signs
14 Checkout lines?
15 Land
16 Bag man?
17 Prefix with stationary 8 Remits, as a check 19 Young ferret
20 Home to long-distance commuters
22 Canine coats
24 French pronoun
${ }^{25}$ _ du Nord (what separates Angleterre from Danemark)

27 Hockey
28 Relatives of yips
30 Rapper with the double-platinum album The Pinkprint 32 Shop tool
35 Hula hoops?
36 Santa

ACROSS
37 20th-century artist famous for serigraphs 38 East ender?
39 Cockamamie, for short 40 Graffitist's signature
41 Part of RNA
44 Distorting 47 Put a ring on 48 Luxe 49 Fine writing material 53 Jodie Foster's Oscarwinning role in "The Silence of the Lambs"
59 Barrett of old gossip 60 Critic, at times 61 Draft classification 62 Ivory Coast's largest city 64 Biceps builder 66 Laments
67 Golfer who you might think plays best on windy days?
68 Boot camp V.I.P. 69 Bridge positions

Have A Tip? Send It To Us At editor@theorangetimes.com

And Visit Us Online At: TheOrangeTimes.com


## ALASKA men $\$ 649$

CONTACT US TODAY!

Karen Quinn-Panzer

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non-U.S. residents. Cancellation penalties, blackout dates, and other restrictions may also apply. Best Price Guarantee non-U.S. residents. Cancellation penalties, blackout dates, and other restrictions may also apply. Best Price Guarante
restrictions and instructions apply; see our Best Price Guarantee Policy. Ships Registry: Greece, Norway, Bahamas, Liberia, Panama, Marshall Ispands, Great Britain, Bermuda, Wallis \& Fatun, Malta, the Netherlands and Italy. CA 2006278-40, FLST 35829, IA 655, WA 601698664, NV 2005-0073. © Dream Vacations

DOWN
1 Mammoth
2 Tip
3 Mary Badham's Oscar-nominated role in "To Kill a Mockingbird"
4 Symbol of gentle innocence
5 Berry in smoothies and yogurt

6 Cold medicine brand for
kids
7 Daughter of Loki
8 Some expensive Italian cars

9 Not fer
10 Coffee break time, perhaps 11 Jon Voight's Oscar-winning role in "Coming Home"
12 " and the Detectives" (Disney film)
13 Chooses, with "for
21 One of the friends on "Friends"
23 Else
26 Oklahoma city
28 Coeur d'__, Idah
29 Second showing

30 Janet Leigh's Oscarnominated role in "Psycho"
31 Johnny Depp's Oscarnominated role in "Pirates of the Caribbean

33 Was ripe
34 Art collector Guggenheim
42 It's sometimes
chocolate-coated
43 "The Time Machine" people 45 Pitcher in paintings
46 Sorcerers
50 Senior members
51 Winter L.A. clock setting
52 Eroded
53 Grumble
54 Brain sections
55 Jung's inner self
56 Language that gave us the word "igloo"
57 Old-fashioned cry of disgust
58 Big blow
63 Tear
65 Title for many a
Parisienne: Abbr

Edited by Will Shortz
No. 0215


PUZZLE BY PETER GORDON
Answers to today's New York Times Crossword Puzzle can be found at www.TheOrangeTimes.com.


# Obituaries 

For full obituaries, please go to our website at TheOrangeTimes.com.

Joan Ethel Basque, age 82, a lifelong resident of Milford and most recently of Maplewood of Orange, passed away on Thursday, May 17, 2018.
George H. Cooper, age 58, of Milford, passed away on Monday, April 30th, 2018.
Julia Marie Gale DeMennato, 98, passed away peacefully on May 11, 2018.
Howard Carl Eckenrode, of Milford, Connecticut, born March 2, 1941, passed away on Thursday, May 10th.
Mildred "Mindy" Feller, age 87, of Milford passed away on Wednesday, May 2, 2018.

Arline Geane, 92, of Otis, MA, formerly of Orange, CT, passed away peacefully on Saturday, April 28, 2018
Carl Dominick Giordano, Sr., 83, of Orange and formerly of Milford, passed away peacefully on May 4, 2018.
Frances Grade (nee Bufano) - age 78 of Milford, Connecticut entered eternal rest on May 17, 2018
Christine Kaolian, age 87, of Milford, passed away peacefully on May 4, 2018.

Christopher "Chris" Kaus, 53 of Orange passed Wednesday May 9, 2018.
Michelle Mary Kline, age 64, of Milford, formerly of Bridgeport, entered into eternal rest on Sunday, May 20, 2018.

Josephine B. Leeman, 94 , of Milford, passed away peacefully on May 10, 2018.
Lorraine Judith Gregorini Liebel, (Timber-Sweet Lorraine), entered into rest on May 9, 2018

Carol Joan Loux, 79, of Milford, passed away on May 12, 2018.
Angelo J. Maira, age 85 of Milford, passed away March 12, 2018
Susan May Neufeld, of Orange, died May 12, 2018. She was 66
Robert Charles O'Brien, 70, of West Milford NJ, and longtime resident of Milford, CT, passed away on May 1, 2018.
Ashley Ann Riso O'Reilly, 37, of Milford, passed away on May 22, 2018.

Beverly June Pierpont, age 89, a lifelong Milford resident passed away on Friday, May 4, 2018

Jeanne Mary Quinn, 57, passed peacefully among family on May $9,2018$.
Irene Smith Roberson, 93, of Milford entered into eternal rest on May 15, 2018.

Bailey Gabriel Rogers, born June the 7th of 1998, in New Haven, CT, passed away Sunday, May the 6th of 2018.
Theresa V. Rollins, age 88 of Milford, passed away March 30, 2018.
George Sardi, age 89, of Milford, died on Thursday, May 17th, 2018.
Ruth Marie Shedek, 68, of Milford CT, born October 7, 1949, passed away peacefully on May 3, 2018.
John Skitzis Sr., 89, of Orange, passed away on Monday, April 30, 2018.
Gladys Sporko, 71, of Milford, CT, passed away on May 22, 2018.
Leon W. Welch Jr., age 96, passed away Thursday, May 17, 2018.

## Wednesday, June 6th 11:00 am - 4:00 pm <br> High Plains Community Center <br> 525 Orange Center Rd., Orange

## SAVE THE DATE!

Networking, Mobile Mammography, Goodie Bags, Raffles \& Giveaways, Food Trucks, and More! Expo is FREE to Attend - but Please Register! Registration in advance is appreciated; walk-ins are welcome Call (203) 891-1045 or register on-line at www.OrangeEDC.com/Events_Activities
New This Year: One-on-One Speed Networking
Rob Thomas (ROBTHOMASCT) is the Moderator at this Fun Event $\sim 10$ am to 11 am prior to Expo Opening ~
Limited Seating (\$15, call to register - 203 891-1045)

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## In Memoriam - Seth Shepard

## By David Crow

## Hey, pal.

Those of us who knew Seth Shepard remember that every conversation with him started with those words. Seth passed away last week after his long struggle with cancer, and that has left a hole in a lot of lives in this area. We're all still wondering just what will fill that hole, even though we're sure he would never want us to dwell on the bad times.
I try to remember, even in this sad moment, that Seth beat cancer. He beat it by never allowing cancer to change the core of his being. He never allowed cancer to damage what was most important to him: his relationships with his family and friends. In spite of the cancer, he changed the lives of those around him with his welcoming charm, quick smile and friendly ear. The world sure could have used a lot more of Seth Shepard.
Many people gathered to mourn the loss of Seth on May 17. On that day a few of his friends struggled to provide the silver lining to this dark cloud that had descended upon Seth's friends and family. One of the stories was told by a friend named Mark, and I hope Mark won't mind my paraphrasing him, because if you knew Seth, this story
catches his essence perfectly
Mark said he had been going through a rough patch and that in the middle of that rough patch Seth texted him a picture. The caption read, "I had a great night's sleep last night, but I just can't explain this." The picture showed that Seth had gone through a full day wearing two different shoes. Even in the shadow of sorrow that story brought a little light, a little warmth and a little smile to everyone in the room. That was Seth's great gift.
For those who wish to make a donation in Seth's memory, there is a Gofundme page at gofundme.com/anapz-support-for-seth. The money will go to support his family in this time of trial.
I'd also encourage you all to do something in addition. In memory of Seth, I've been texting a picture of my feet in two different shoes to my family and friends and reminding them that I love them and to get their cancer screenings done. I think that is the best way I can honor Seth and share the gift of the smile that he shared with so many during his life. Perhaps your text will save the life of someone you love. That would be the perfect monument to Seth Shepard
This one's for you, pal. God speed.

# Visit theorangetimes.com for complete obituaries with photos. 

> Obituaries are free of charge.



## COMING THIS SUMMER:

 URBAN AIR ORANGE!
## Visit UrbanAirOrange.com for more information, and make plans to come to our grand opening at $\mathbf{2 6 0}$ Bull Hill Lane in Orange.

Attractions will include:
Warrior Obstacle Course, Tubes, Warrior Battle Beam, Sky Rider, Ropes Course, Climbing Walls, Laser Tag, Bowling, Virtual Reality, Bumper Cars, Go-Karts, Trapeze, DropZone, Wipeout, Climbing Hill, ProZone Performance Trampolines, Ultimate Dodgeball, The Runway, Slam Dunk Zone and Cafe.



[^0]:    918 Wheelers Farm Road, Milford CT Office: 203-877-4784 Stable: 203-874-9535 www.springmeadowfarmct.com

