

# Milford-Orange Times

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August 8, 2019

## Zeoli Takes Nomination By GOP For Orange First Selectman

By Brandon T. Bisceglia



Jim Zeoli. Contributed photo.

Orange First Selectman Jim Zeoli was once again unanimously nominated by Orange Republicans at their July 17 caucus as candidate for first selectman.

Zeoli is running for an eighth two-year term as the town's chief executive. He will  
*Continued on page 12.*

## Dietch Clinches Democratic Nomination For Orange First Selectman

By Brandon T. Bisceglia



Jody Dietch. Contributed photo.

Orange Democrats unanimously voted for Democratic Town Committee Chair Jody Dietch July 16 as their nominee in the race for first selectman.

"I have often considered a run for  
*Continued on page 2.*

## Bookmobile Highlights Milford Library's Digital Content

By Brandon T. Bisceglia

The Milford Public Library had an unusual visitor July 24: a 53-foot truck full of digital devices, all programmed to introduce patrons to the library's key digital book borrowing services.

The Digital Bookmobile, a high-tech update on the old-fashioned print bookmobile, is a travelling showcase for OverDrive, the company that owns the Libby app, which provides libraries nationwide access to a cloud-based catalog with thousands of ebooks, audiobooks and magazines.

Inside the trailer were stations set up with tablets and e-readers, all tuned to the Libby app. Visitors could activate an account with their own library card or use one of the preset accounts and explore how the app works. Several assistants were on hand to help people and answer questions.



The Digital Bookmobile came to the Milford Public Library July 24 to help promote and expose patrons to the library's digital services. Photo by Brandon T. Bisceglia.

Marissa Gillett, a digital book specialist with the Bookmobile, said that the point of the digital service is to supplement and expand on what print books have to offer – not replace them.

"If you finish a book at midnight and you want to check out another, or you can't get to the physical library for some reason, you can still check out a book on Libby," she said.

Gillett said the app has books for all ages and assists people with varying needs. Every book, for instance, can be read with large type, unlike the limited large-print selection available in the physical library. There are also features to change the shape and spacing of text to make reading easier for those with dyslexia.

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## Milford-Orange Times To Host Orange First Selectman Debate

The *Milford-Orange Times* is sponsoring the first debate in Orange between the candidates running in the Nov. 5 race for first selectmen.

The debate, which will feature incumbent Republican Jim Zeoli and Democratic challenger Jody Dietch, is tentatively scheduled for Thursday, Sept. 12 at High Plains Community Center in Orange.

There are several other debates scheduled for October between the candidates. Details for all the debates are still being worked out.

## Orange Fireman's Carnival



See story on page 3. Photos by Lexi Crocco.

## College Internship Turns To Job At Orange Veterinary Hospital

By Brandon T. Bisceglia

When Haley Cannon heard about the summer internship stipend program at Lasell College, she wasn't sure she should apply.

She's glad now that she did, though. The program helped the West Haven native and biology major land a stint at the Orange Veterinary Hospital, where she's gained experience she says will be valuable in her chosen field.

Her day at Orange Veterinary Hospital gives her exposure to all facets of the business, from taking appointments to giving vaccinations to clipping nails, which, she notes, "the dogs don't usually like."

The hospital liked Cannon's work so much that after her internship period expired, she was hired as a veterinary technician.

"The internship was the best thing that could have happened for me, because now I have a solid job there," she said.

Cannon, who will be a senior in the fall at Newton, Massachusetts-based Lasell, has always had a love of helping animals.

"I grew up watching Steve Irwin and Jeff Corwin. It was what I was most interested in," she said. "I loved watching Animal Planet."

She volunteered at animal shelters throughout her teens, including at the West Haven Animal Shelter.



Haley Cannon with her foster kitten, Cheddar. Contributed photo.

Although Cannon could have focused more directly on veterinary medicine going into college, she decided that a biology degree would offer her more opportunities.

"Veterinary school, from what I've heard and what I understand, is extremely hard to get into, and I didn't always have the confidence that I'd be able to through with that," she said. "Since I have a love for science, there's always research possibilities, environmental possibilities – all things that  
*Continued on page 9.*

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## News & Events

### New Head Named For Orange Visiting Nurses

Lisa A. Pimenta has been named the new director of the Orange Visiting Nurses Association.

Pimenta graduated from Southern Connecticut University's nursing program with a bachelor of science in nursing degree in 1986. The majority of her nursing career has been spent in home health care.

"I have always enjoyed assisting residents to stay safely in their own homes as they desire," she said. "It is a very gratifying experience."

"I am finding that the Town of Orange is a wonderful tightknit community with an array of community resources. I look forward to working with those resource agencies to be an integral part of the Orange Community. Everyone has been kind, helpful and hospitable

within the Town Hall and OVNA itself," she said.

The OVNA provides skilled nursing, home health aides, physical therapy, occupational therapy, speech therapy and social work by skilled clinicians.

"I am grateful and look forward for the opportunity to serve the Town of Orange and its residents," Pimenta said.



Lisa Pimenta. Photo by Frank Pimenta.

### Milford-Orange Probate Judge Appointed Court Administrator

Connecticut Supreme Court Chief Justice Richard A. Robinson announced July 12 that Milford-Orange Probate Judge Beverly K. Streit-Kefalas has been appointed Probate Court Administrator effective Sept. 3. She will become the first woman to serve in that role, replacing Judge Paul J. Knierim, who is retiring Aug. 31 after serving 11 years in the position.

"Judge Knierim is a very hard act to follow. However, I am confident that Judge Streit-Kefalas has the ability, talent and extensive knowledge to continue with Judge Knierim's successes and initiate her own to further modernize Connecticut's probate courts," Robinson said. "Moreover, her commitment is exceeded only by her enthusiasm to help the thousands of people who rely on the probate courts to resolve their most sensitive family matters."

Knierim praised the appointment, which marks the first time a woman has led the Probate Court system over its 300-year history.

"Chief Justice Robinson has picked an exceptionally capable judge to lead the Probate Courts," Knierim said. "Judge Streit-Kefalas is bright, she's hard-working and she's a woman of great integrity. I am absolutely thrilled that she will be succeeding me. I've witnessed firsthand her incredible dedication to the mission of the probate courts. Her life's work has been helping children and families during some of the most difficult times of their lives."

Streit-Kefalas, known locally as Judge Beverly, was first elected as judge for the Milford Probate Court in November 1998 and took office in January 1999. She was reelected to that position in 2002 and again in 2006. With the consolidation of probate courts across the state, she was successfully elected judge of probate for the newly merged Milford-Orange Probate Court in 2010 and has been re-elected each successive four-year term thereafter.

She is a 1985 graduate of Smith College with a bachelor's degree in economics and earned her J.D. from the University of Connecticut School of Law in 1990. Having practiced for a number of years with the New Haven law firm of Fasano & Ippolito, she returned to her Milford roots and opened her solo practice in

1996. She is no longer in private practice and dedicates her full attention to the court, family and her communities.

Streit-Kefalas was appointed as the Administrative Judge of the New Haven Regional Children's Probate Court in 2018. She is also a founding judge of the New Haven Regional Children's Probate Court, which first opened as a pilot court in 2004. It was recognized nationally as a model court system and the model has since expanded to five additional regional children's courts across the state.

Streit-Kefalas said she is "honored to have been selected by Chief Justice Robinson to serve as the next Probate Court Administrator. I look forward to the opportunity to work with him and my probate colleagues as we continue to meet the needs of the probate court system and the vulnerable citizens we serve."

As did Knierim, Streit-Kefalas said she would continue focusing on ways to enhance access to justice and ensuring that the probate system is well equipped to handle the state's diverse population. She often speaks to community groups to explain the role of the probate courts and its expanded role in assisting various groups, including senior citizens, individuals with mental and/or physical disabilities and children.

"We do continue in our traditional role of handling estates," Judge Streit-Kefalas added.

"Yet we also have a substantial role in helping vulnerable populations."

Locally, Streit-Kefalas is a community advocate serving on the boards of Bridges

Healthcare Inc., The Boys & Girls Club in Milford, the Devon Rotary and the Milford Senior Center Council on Aging. She is married to Nicholas Kefalas, and they have two daughters, Diamantina and Barbara.



Hon. Beverly K. Streit-Kefalas. Contributed photo.

## ORANGE ROTARY ANNUAL FAMILY LOBSTERFEST



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### Dietch Clinches Democratic Nomination

*Continued from page 1.*

First Selectman, and as they say, timing is everything. It is time to move Orange into the future, while respecting our past," Dietch said in her acceptance speech.

Dietch will face Republican incumbent Jim Zeoli in the Nov. 5 election. Zeoli is seeking an eighth two-year term leading the town.

In her speech, Dietch talked about her near-lifetime in Orange, including serving on the Race Brook School PTA and the Orange Board of Education.

She also criticized Zeoli's administration for the town's economic struggles.

"Nearly every year that the current Republican first selectman and his administration have been in office, our taxes

have increased," she said. "We need to look at more ways to control expenses including, but certainly not limited to, sharing resources with our neighboring towns. Yes, we do some of that now but there is more to be done."

"We need to look at alternatives for the large empty big box stores that haunt the east end of Route 1 where LA Fitness, Lowe's and Sam's used to be," Dietch added. "It is time to resurrect the Post Road Study Committee to present new ideas that will help lead us into the next decade with significant economic development and not economic stagnation."

Dietch promised to find "meaningful" ways to work with seniors in town, improve communication and to make the town environmentally sustainable.



# News & Events

## Orange Firefighters Hold Annual Carnival



The Orange Volunteers Firefighter's Association held its annual Fireman's Carnival from Aug. 1 to Aug. 4 at the High Plains Fairgrounds in Orange. Photos by Lexi Crocco.

## Bookmobile

*Continued from page 1.*

"Our goal is to make reading available to all people," she said.

The Bookmobile travels all over the U.S. and Canada for most of the year visiting schools and libraries. The day before coming to Milford it had been stationed in Danbury.

Milford Public Library Director Christine Angeli said her library tries to promote its print and digital services equally.

"We make sure when we have book discussions that we have physical copies, as well as digital content," she said. "We pay as much attention to the collection development of our e-content as we do to the print."

In addition to the Libby app, the library offers the RBDigital service, which also allows patrons to download books and magazines. The library additionally has a weekly email alert called Wowbrary that showcases the newest books, DVDs, CDs, and audio books that have arrived at the library.

Angeli said the digital space is changing the landscape for libraries, which can offer new opportunities for patrons.

"You might be on vacation in Hawaii or Paris and have no book on hand, and you can still access our e-collection," she said.

It also poses some challenges. For one, libraries are now splitting their limited funds in buying multiple versions of the same content.

"We try to listen to our patrons as much as we can. You know, a lot of people had said when books went digital that would be the death of print. And studies have actually shown the opposite – that more people are reading print now. And I think it's because digital content has sort of captured people who are in that realm who might not have been readers before," she said.

"So you find your great author online, and you want to find his four prior books, and you go back into the library looking at the print version. The two have really worked in a symbiotic relationship with each other," she said.

Libraries have also ceded some of their control over content in the online world to third-party organizations, many of them for-profit companies.

The cost to libraries for e-content, Angeli explained, can be much higher than people would expect. Instead of buying a book outright, for example, libraries usually lease the digital versions from publishers and other content providers.

"Sometimes we purchase that lease and we have it for 24 months or 52 uses, whichever comes first," she said.

Angeli pointed out that the agreements often restrict the use of the digital file so that, like a physical book, only one person can borrow it at a time. And there's no opportunity to collect late fees – the file simply disappears when the borrowing period ends. While convenient for borrowers, it also dries up a longstanding source of revenue for the libraries.

Connecticut has been a leader in pushing back against some of the prohibitive parameters being placed around digital content, Angeli said. Milford Public Library has been part of the testing for an ebook platform developed by the Connecticut State Library called eGO that will allow libraries to share their digital collections and integrate the various holdings into one app, called SimplyE.

"The hope is that the leverage that the state can pull in negotiating deals with publishers would help to make pricing and lending models a little bit more in favor of libraries," she said.



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# Opinion & Editorial

## Enabling Better Breast Cancer Screening



STATE REP. (R-114)  
THEMIS KLARIDES

Preventative breast cancer screenings utilizing the most up-to-date methods that capture accurate and comprehensive information and imaging is critical when assessing the health of a patient's breast tissue. Many women are learning via a routine mammogram that if they have dense breast tissue they are in need of an ultrasound of the tissue for further examination.

Early detection of breast cancer and preventative care can save lives and has the potential to save patients from incurring exorbitant medical expenses. Due to the density of a patient's breast tissue, cancer can go undetected in a mammogram because the tissue density can mask abnormalities. This is one of the reasons why women with dense breast tissue are at an increased risk to develop breast cancer.

State law requires the cost of a mammogram be 100 percent covered by insurance companies and yet did not extend the same coverage to dense breast tissue ultrasounds as a result of the mammogram findings. Many women throughout Connecticut have been foregoing the directive from their doctor due to the unexpected added costs of the ultrasound, even though the imaging was needed for a thorough evaluation of the tissue.

Up until now, ultrasound screenings requested by doctors have been subjected to deductible costs. But with the constant efforts of legislators and advocates combined, real change has taken place here in Connecticut.

A bipartisan effort for over 15 years, this long-awaited law expands health care coverage and eliminates cost sharing for patients in need of an ultrasound as a result of dense breast tissue. I am proud to have received the June 2019 Certificate of Recognition from the Radiological Society of Connecticut for outstanding leadership in health care reform and advocacy of patient protection legislation.

The passage of this law which goes into effect on Jan. 1, 2020 is a major victory in preventative health care and one we all can celebrate.

If you or a loved one is a patient with dense breast tissue, please take the necessary steps to speak to your doctor and get the breast density ultrasound you deserve.

## Ban Plastic Bags To End Bag Tax



STATE REP. (R-117)  
CHARLES FERRARO

This legislative session, the majority party decided instead of banning plastic bags to tax them. I voted against the idea of taxing plastic bags because I believe we should have banned single-use plastic bags outright.

Now, since Aug. 1, stores have been mandated to start collecting the plastic bag "fee" tax.

How much will stores have to charge and will you have to pay to use a single-use plastic bag? The answer is 10 cents per single-use checkout bag.

Not only will small mom and pop stores have to collect this new fee and report it to the state, but restaurants will also have to collect and report it.

What makes this new law frustrating is that in 2021 single-use plastic checkout bags are scheduled to be banned entirely. As a state, we are making small and large businesses spend money to adopt a new law that in two years will be no more.

Instead of forcing this unnecessary fee on residents and businesses we should have banned single-use plastic bags throughout the state. Earlier in the year, I testified in favor of doing so. In my testimony, I said, "If we are going to get serious about the use of plastic bags, it is my opinion that we need to ban them. Placing a tax allows consumers to continue their use thereby sending the wrong message that, plastic bags are bad but if we can make money on them then they are okay enough for us to look the other way, not to mention that it would amount to just one more nuisance tax on our residents."

In addition, I said, "Unfortunately, we collectively treat the oceans worse than most of us treat the inside of our cars. Approximately 40 percent of the world's 7.6 billion people live within 62 miles (100 km) of an ocean coast. For the other 60 percent, some of whom may never have even seen an ocean, the seas still play a vital role in their lives. Using such alternative bags will help lower the amount of throw-away plastic bags, thus helping conservation efforts."

Next session, I hope we can revisit this topic and put an end this unnecessary tax while banning single-use plastic bags. I encourage residents to start using reusable bags now.

For more information about the new plastic bag tax, visit [portal.ct.gov/drs](http://portal.ct.gov/drs).

As always, feel free to contact me at [Charles.Ferraro@housegop.ct.gov](mailto:Charles.Ferraro@housegop.ct.gov) or call 860-240-8700.

## A Family Friendly Tax Week



STATE REP. (R-119)  
KATHY KENNEDY

A main staple in the month of August has always been the annual tax-free week right before Connecticut students head back to school. This year legislators fought back attempts by the governor to end the weekly tax break event which benefits so many state families.

Per state statute, the 19th annual Sales Tax Free Week begins on Aug. 18, the third Sunday of August, and runs until the following Saturday, Aug. 24.

Tax Free Week was first enacted in 2000, and applies to most clothing and footwear purchases intended for everyday use. Goods not covered under the program include items that are solely intended for use in sporting activities and accessories such as jewelry, watches, handbags, and wallets.

According to the National Retail Association, the average families with children in grades kindergarten through twelfth grade spend about \$600 on back-to-school shopping. To better ease the financial burden, the annual one-week sales and use tax exclusion eliminates the sales tax on clothing and footwear costing less than \$100.

Since its inception, Connecticut shoppers have received approximately \$4.2 million in sales and use tax savings each year during the state's annual sales tax holiday.

Customarily, Connecticut retailers offer additional clothing and footwear discounts during Sales Tax Free Week, resulting in even more savings. Sales Tax Free Week is a great platform to promote Connecticut's retail sector, and an opportunity for shoppers to take advantage of savings and incentives.

Connecticut's one-week tax holiday applies to each eligible item of clothing or footwear sold for less than \$100, regardless of how many items are sold to a customer on the same invoice. Tax is calculated on the final sales price of an item, after all reductions and coupons are applied. Items that cost \$100 or more are subject to sales and use tax for the entire price of that item.

Considering how many state residents utilize the tax benefit holiday, one could make a serious case that Connecticut should expand the program and give more tax relief to Connecticut's middle-class families.

Unrelated to the tax-free week, but just as important for some, parents and college students should remember that college textbooks for students enrolled at institutions of higher education are exempt from sales and use taxes if the student presents a valid student identification card to the retailer. Read more here.

As always, if you have questions about this issue or any other concern about our state government, please contact me by phone at 1-800-842-1423 or by email at [Kathy.Kennedy@housegop.ct.gov](mailto:Kathy.Kennedy@housegop.ct.gov).

## Supporting Policies To Serve Seniors



STATE SEN. (D-14)  
JAMES MARONEY

In many cultures, one of the most important responsibilities is that of caring for your elders. Seniors are revered for their past contributions to their family and community. Being that Connecticut has the seventh oldest population in the country, it is critical that we adopt policies to care for our elders and make it possible for them to stay in the communities that they love.

Seniors are an important part of our state, economy and our families. This is why I am proud to report I championed and supported several policies which prioritize quality of life for our seniors.

We are accomplishing this by providing Social Security and pension tax breaks. Individuals earning \$75,000 or less and couples earning \$100,000 will be fully exempted from state income taxes on Social Security.

As for pensions and annuities, we're phasing out the state income tax over a seven-year window. You will see increases each year to your pension from 2019 to 2025, when state income tax on pensions and annuities will be eliminated altogether. This year individuals earning \$75,000 or less and couples earning \$100,000 or less will have 15 percent of their pensions exempted from state income tax. We have also expanded tax exemptions for our state's veterans.

I've heard seniors' concerns that they will not be able to afford to stay in their homes and the state they love. These tax breaks will strengthen the financial stability of our seniors.

While these policies improve quality of life for seniors in Connecticut, there is still more to do.

Therefore, we took bold action to protect seniors from abuse. The National Council on Aging reports that, despite some estimates ranging as high as 5 million elders being victims of abuse each year, only one in 14 cases are reported. Additionally, elders who have been victims of abuse have a 300 percent higher risk of death compared to elders who have not been abused, according to the NCOA.

We must protect our state's seniors from these heinous acts. As co-chair of the Aging Committee, I am proud to have championed legislation banning individuals convicted of crimes of assault and/or abuse from gaining employment at nursing homes or long-term care facilities, and a bill establishing an elder abuse registry website.

Twenty-six states currently have these registries, as they are an effective tool in preventing senseless acts of abuse from transpiring. The state's Department of Health will publish it on its website and the Commission on Women, Children and Seniors will provide a portal on its website, too.

In addition to cultivating safe environments for seniors, we must also give nurses and doctors the tools to provide the best care. I championed legislation which will increase training opportunities to detect Alzheimer's disease and dementia and create the Connecticut Alzheimer's Plan. The plan establishes the necessary infrastructure to build dementia-capable programs for the 78,000 people living in Connecticut with Alzheimer's. Early detection is the key.

Seniors contribute greatly to our state. Enacting policies that positively affect them is more than just rewarding – it is a necessity.

### Milford-Orange Times

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## We Regret The Error

The column for state Sen. James Maroney on page 4 in the July 11 edition contained the incorrect headline. The correct headline is, "Legislation Will Grow Businesses." Maroney's title was also misidentified in the picture caption. He is the state Senator for District 14.



# Opinion & Editorial

## Editorial: Inform Yourself About Local Elections Too

By **Brandon T. Bisceglia**

Have you been watching the 20-plus Democrats vying for voters' attention on the debate stage over the last two months? Have you been thinking about whether Trump's most recent Twitter controversies will affect his reelection chances, or whether the recent Republican retirements will make some races newly competitive?

It's great if you have, but remember: these are all about elections happening in 2020.

Long before then, on Nov. 5 of this year, voters will make their choices for candidates in municipal elections.

Be sure to pay attention to these elections too. We've pointed out in these pages before that municipal officials arguably have more impact on residents' lives than state or federal officials. They make the zoning rules, set the property tax rates, do the policing and educating and firefighting. They are almost

always people you can easily meet.

Republicans and Democrats in Milford and Orange have over the last few months rolled out their candidates for a number of boards and commissions, as well as the top spot in each municipality.

In Milford, Democratic incumbent mayor Benjamin Blake is seeking a fifth term.

Blake is running on a record of a city with a growing grand list and small tax cuts. He has been praised for keeping costs down, but has also been criticized for how some of those savings were accomplished – by borrowing from reserves and instituting hiring and purchasing freezes.

Blake's challenger is Republican Dan German, a 10-year veteran of the Board of Aldermen who has owned and operated Creative Health & Fitness in Milford for 23 years. He also owns German Financial, an insurance and financial advisory group.

In Orange, Republican incumbent first

selectman Jim Zeoli is running for an eighth two-year term as that town's chief executive.

Zeoli has not been able to keep taxes from going up, but he has worked to keep the jumps in the mill rate small. Orange has the benefit and burden that comes with being dubbed a "wealthy" community. The town has retained its rural character and avoided the kind of overdevelopment that others nearby have gone through. At the same time, it has struggled to maintain and grow its tax base.

Running against Zeoli is Orange Democratic Committee Chair Jody Dietch. Dietch is an active and well-known political operative in town. She has been an executive director in the non-profit sector for 12 years and recently became a trained mediator through the Quinnipiac University Law School's Center on Dispute Resolution.

As the local political season heats up, you'll see these individuals around in public and the media a lot more. They all have cases

to make, and they need to make them to you, because you're in charge of hiring – or firing – them.

Now is the time to learn more about these candidates, as well as all the others running for local offices where you live. Reading the local news is one helpful way to learn about the candidates and issues facing your community. Attending town meetings, which are open to the public, is another way to learn about what's happening and who's involved. Even if you can't physically attend, Milford and Orange both have government access television channels that broadcast live. Videos of many meetings are archived and accessible online.

Your vote can make more of a difference in a local election than at any other time. So watch the governor and the Congress and the president, but make sure your most influential vote is also a well-informed one.

## Developers Try To Bend Orange Zoning Rules Again

By **Thomas P. Hurley**

In order to get around notification of local property owners of a proposed development, Marjorie F. Shansky, the lawyer representing 35 Old Tavern Road LLC, has proposed a general text change to the zoning regulations instead of going through the normal process of giving notice and getting any needed variances to the existing regulations in order to build a project in Orange.

This means the LLC has not submitted any plan on any specific area that can be discussed in detail in a public hearing. Only the proposed zoning text change can be discussed at the

Town Plan & Zoning Committee meeting.

This is supposedly for the Firelite Shopping Center project's benefit, although nothing in the proposed change mentions or can mention any specific project or location.

This is not the first developer to try this tactic in Orange. It has been tried for placement of funeral home services and veterinary clinics, both of which were rejected by the TPZC after public hearings and town residents' objections.

This tactic allows developers to get around the normal zoning notification rules to surrounding neighbors because now these

projects become "conforming." When the actual project then appears on the scene, it is too late for the neighbors to object. It applies a "nuclear option" instead of a scalpel. And, like a nuclear attack, unintended consequences redound to surrounding areas of the town.

In this case the Firelite area would not be the only target of potential economic development. Orange Center, Indian River Road, some property on the West Haven border and the Route 34 corridor west of Grassy Hill could also be affected.

As economic development means stores and businesses, this change would

finally open Orange's Route 34 corridor to commercial exploitation, something the local residents have previously opposed. As expressed by Shansky, this change is not about residential development, but a combination of economic and residential development.

This is not a good change for Orange. Residents should show up at the August 6th zoning meeting to express their concerns on the proposed change. Now is the time to stop this rule change masquerade. The developer should propose the project and location and get on doing business like everyone else does.

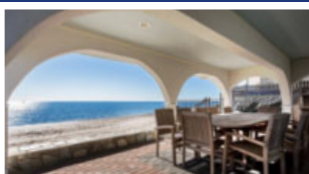
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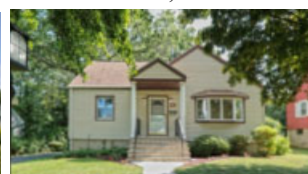
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# Arts Matters

**Children with a broad education in the arts have a better understanding of their world. We need students who are culturally literate as well as well as literate in math and science. – P. Tergan, President, CitiCorp**

by Patricia Miller

**THE ORANGE PLAYERS** (525 Orange Center Rd., Orange) put out a call for unpublished works for the fall Acting Up! one act play festival and got the most submissions ever. Social media spread the word as well as newspapers, and the result was a record-breaking 471 submissions. This is the fourth year the Orange Players has presented the festival. The first year they only got 10 submissions. This year there were submissions from New Zealand, Amsterdam, California, Oregon, Illinois, Minnesota, Michigan, the entire Eastern Seaboard from Maine to Florida and many other states. The response was overwhelming, and the six-member Reading Committee faced and accomplished the daunting task of narrowing down all those submissions to the 10 final selections to be presented at the festival. The Reading Committee spent many hours reading, charting and discussing the plays. I can attest to the collective eyestrain of the committee members.

The directors, who submitted resumes this month, have been chosen and auditions will take place in September. The festival will be on Friday, Oct. 25 and Saturday, Oct. 26 at High Plains Community Center. More information regarding auditions will follow. People of all levels of experience are encouraged to audition. Teens are also encouraged to audition, since one of the plays has a role for a 4-year-old. Check orangeplayers.net or The Orange Players on Facebook for more information.

**THE ORANGE ARTS AND CULTURE COUNCIL** (525 Orange Center Rd., Orange) invites everyone to create an interesting bird house to enter in the exhibit of "Build a Better Bird House" at the Orange Agricultural Fair on Sept. 20 and 21. Bird houses can be any size, shape or material, and can be made from scratch, assembled from various materials, or bought and painted – any kind you want to enter. Children, adults, families and groups are encouraged to participate.

**THE ORANGE ARTS AND CULTURE COUNCIL** (525 Orange Center Rd., Orange) announced that there will once again be free bus transportation to the New Haven Symphony Orchestra Classic Series thanks to the support of the Orange Foundation. The opening night concert will be on Thursday, Sept. 26. The symphony's new music director and conductor, Alasdair Neale, will conduct Rachmaninoff's Symphony No. 2 and the traditional "Star Spangled Banner," as well as additional music by Abels and Montgomery. To reserve a seat on the bus, call 203-397-8915. The bus leaves High Plains Community Center at 6:45 p.m. and returns there after the concert. For concert tickets, call the box office at 203-787-4282.

**THE JAMIE A. HULLEY ARTS FOUNDATION** (1073 N. Benson Rd., Fairfield) presents the 17th annual Evening for the Arts gala benefit on Saturday, Sept. 7 at Fairfield University's Regina A. Quick Center for the Arts. This year's event is "Oh What a Night: A Musical Tribute to Frankie Valli and the Four Seasons." It's an exhilarating, family-friendly musical revue featuring all of the Frankie Valli and the Four Seasons hits as well as many not in the Broadway hit show, *Jersey Boys*. Performances will also be given by young aspiring artists from Amity Creative



The Jamie A. Hulley Arts Foundation is presenting "Oh What a Night: A Musical Tribute to Frankie Valli and the Four Seasons" at its 17th annual Evening for the Arts gala benefit on Saturday, Sept. 7 at Fairfield University's Regina A. Quick Center for the Arts. Photo by Lexi Crocco.

Theater and Broadway Method Academy in Trumbull, founded by Co-Director Connor Deane, an Amity alumnus. Jared Andrew Brown of The Square Foot Theater and Rob Kennedy and Kim Simon of Amity Creative Theater will share master of ceremonies duties.

There will be a reception at 6 p.m. with complimentary wine and beer, as well as a dessert bar, silent and live auctions and raffles. Attendees can win Delta Skybox seats to the Yankees/Angels game on Sept. 17, theater tickets, spa packages, sport and Marvel comic memorabilia, gift cards and gift baskets. The performance will begin at 7 p.m.

The Jamie A. Hulley Arts Foundation is a nonprofit organization dedicated to the educational enrichment and professional development of young artists and early career professionals. It was founded to honor the memory of Orange resident Jamie A. Hulley. All proceeds from the gala are dedicated to scholarships and educational grants in the arts to recipients throughout Connecticut, especially in New Haven and Fairfield counties. The foundation has had an impact on many lives, awarding over \$800,000 since its founding in 2002.

Tickets are available through the Quick Center box office at 203-254-4010, or by calling toll-free 1-877-278-7396. Tickets are \$45 in advance and \$50 at the door.

**MILFORD PUBLIC LIBRARY** (57 New Haven Ave., Milford) issued an invitation for all to attend their program, "Welcome to Our Mini-Woodstock" on Sunday, Aug. 11 at the pavilion. The invitation also encourages attendees to wear their old tie-dyes and bell-bottoms (if they still fit) and join in the celebration featuring the band C-Sides.

Milford Public Library's press release included a quote by author Kurt Vonnegut that supports the view that public libraries are cornerstones of their communities: "The America I love still exists. It's not the White House or the Supreme Court, the Senate or the House of Representatives, or the media. The America I love still exists in the front desk in public libraries."

**MILFORD ARTS COUNCIL** (40 S. Railroad Ave., Milford) has some interesting things coming up. Wednesday, Aug. 13 is the final open mic night, when the monthly winner finalists will compete for the coveted

Milford Oyster Festival performance spot. The finalists are Christian Aja, Will Baird, The Sabbs Bros, Danny Racaniello, Patrick Weber, Adrenaline and Kathy & Jenny. Admission is \$5 at the door and seating is cabaret style. Patrons may bring food and beverages or purchase wine or beer and soda at the center.

**MILFORD ARTS COUNCIL** (87 Naugatuck Ave., Milford) is collaborating with the the Coastal Arts Guild of CT and Middletown's Artists for World Peace, sponsoring a "6 x 6 4 World Peace Pop-up Art Show" from Thursday, Aug. 22 to Saturday, Aug. 24 at the Firehouse Gallery. They will mount a wall of art, each piece measuring 6 x 6 inches. The paintings are donated by each artist and sold to benefit various humanitarian causes. One recent exhibit, "Native Eyes," was a benefit for free glasses for residents of Native American communities.

Another event will be a town-wide performance of Thornton Wilder's classic play *Our Town*. The cast will include dignitaries and people of note, including state Sen. James Maroney, Mayor Ben Blake, Alderman Frank Smith, the Milford Concert Band and the First United Church of Christ Choir. The three acts will be performed at various venues. Each act is 45 minutes long, with 45 minutes between each. Nancy Herman is executive producer and will also direct Act I. Ann Baker is assistant producer. The audience will meet at the gazebo on the Green where the Milford Concert Band will play before Act I. The performance will move to the Parson Center's veranda overlooking the waterfall for Act II. Act III will be performed in back of the DAR next to the cemetery. Following the performance there will be a reception at Stonebridge.

**ELM CITY SHAKESPEARE** (76 Cliff St., Hew Haven) presents *Comedy of Errors* at Edgerton Park. In the play, a Syracusan merchant travels to Ephesus to search for his long-lost son, the twin of the son he raised after being forcefully separated from his wife and two other sons 23 years earlier. He is taken into custody because Syracusans are forbidden to enter Ephesus. Faced with a death sentence or a fine of 5,000 marks, which he doesn't have, the father tells his tale of his search for his lost son. The Duke of Ephesus, who imposed the sentence, is

moved by his story and gives him a day to get the money together for the fine. Meanwhile the other twin has embarked on his own search with his servant. The play is a romp as multiple misunderstandings ensue involving the separated twins, the father and one twin searching for the other, mistaken identities between servants and masters, and even males and females – all manner of humorous confusion. The performances are free and run Thursday to Sunday until Sept. 1.

**ELM CITY SHAKESPEARE** (76 Cliff St., Hew Haven) will host a gala at Edgerton Park from 5 p.m. to 8 p.m. on Thursday, Aug. 29. The troupe promises "food and frolic in the park." Restaurants participating include Bear's Smokehouse Barbecue, Cast Iron Chef Chop House and Oyster Bar, Geronimo's, Oak Haven Table & Bar, Le Petit Gourmet and many others for desserts and libations. There will be an auction benefitting the theater company, with Southern Connecticut State University's President, Joe Bertolino, presiding as guest auctioneer. The Elm City Shakespeare Company recently announced its affiliation with Southern.

**COLLEGE STREET MUSIC HALL** (238 College St., New Haven) presents "Comedy Bang! Bang!" live with Scott Aukerman, creator of the podcast by the same name. Aukerman will be joined by comedians Lauren Lapkus, Paul F. Tompkins and Saturday Night Live comedian Ego Nwodim in a live and totally improvised show for all ages at 8 p.m. on Friday, Aug. 23. Tickets are available at collegestreetmusic hall.com.

**THE MARITIME GARAGE GALLERY** (11 N. Water St., Norwalk) is bringing art out from the museum to the world in which we live. The Norwalk Parking Authority's newest "art in parking spaces" installation, "Small Treasures," opened July 15 and runs through Oct. 5. It features works by 30 local and national artists. Each work measures no more than 12 x 12 feet, in varying mediums and styles, which capture ideas, places, and moments we hold as treasures. The exhibit is open from Monday to Friday, 9 a.m. to 5 p.m.

Have an event, announcement or idea? Send it to patmiller605@sbcglobal.net.



The Book Club:

# The Lure Of City Of Light

Alice Kaplan, *Dreaming in French*,  
University of Chicago Press, 2012

This little book is animated by an intriguing question: What accounts for the lure that Paris exerts on the brightest and best American students and what do they bring home from their year(s) abroad?

At least two generations of American male writers have recorded their own love affairs with and in Paris, but Kaplan's focus is on three young American women who came to Paris to study and experienced an encounter with French culture that transformed their lives. These were Jacqueline Bouvier (later Jackie Kennedy); Susan Sontag, who, by some reckoning, became "the last New York intellectual"; and Angela Davis, African-American activist and professor.

What were they seeking? And how did it change their lives? All would claim to be seeking freedom from a cramped and/or cosseted way of life in the America of the 1950s and early 60s. Bouvier was expected to redeem the fallen prestige of her family's aristocratic pretensions. Sontag, a child with precocious intellect, was desperate to escape the provincial backwater of Tucson, Arizona. Davis was from an educated family constrained by the strict segregation codes of Alabama.

What they hoped to use the freedom for was to engage with the life of the mind. Where they grew up, such aspirations were not taken seriously, particularly for young women. Thus what is common to the Parisian adventures of all three was close and disciplined study of French literature and philosophy.

After that, the paths diverge. Bouvier brought an intense visual sense to her encounter with French culture. Arguably, as



PETER HECHTMAN

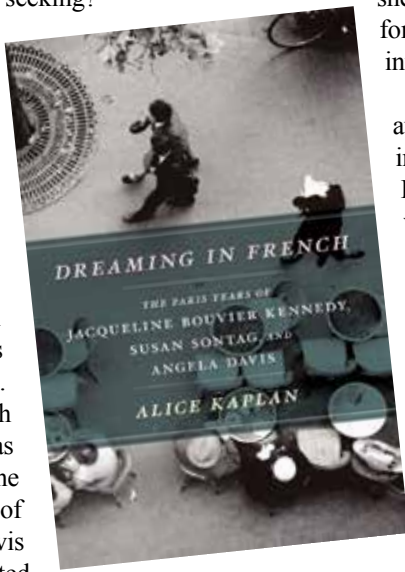
Chatelaine of the White House, her clothing and self-presentation, her interior decoration, her skills as hostess reflect a knowledgeable and confident familiarity with French tastes. She set a new and elegant standard for American womanhood.

Sontag's expectations of Paris were that it would allow her to explore the full dimensions of her sexuality. She did. It was homo rather than hetero. For Sontag, nevertheless, Paris was the place to grapple with all the avant-garde ideas in film, literature and philosophy. Unlike Bouvier, whose immersion in France was worn as a public badge, Sontag's acquisition of French thought was an entirely internal matter. It is suggested that, upon her return to America, she somehow became a conduit for introducing French thought into American literary culture.

Davis is credited by the author of having the most incisive mind of the three. In Paris, it was to be encounters with Algerian revolutionaries that laid the foundation for her commitment to political struggle.

In her case, many distractions from the simple fulfillment of an academic career awaited her upon return to the US. The Soledad prison uprising, with Davis being accused of buying weapons for the prisoner, George Jackson, was a story that held the nation in its grip for many months. But the French connection worked, this time in the reverse direction. Davis was recognized as a "daughter of France," and this connection galvanized tens of thousands of demonstrators to march in Paris under the banner SAUVONS ANGELA DAVIS ("Save Angela Davis").

*Peter Hechtman is the founder and owner of The Book Maven. Peter can be reached at thebookmaven@sympatico.ca.*



## Getting To Know You:

# The World Belongs To My Kids

I just graduated my second child from high school. As I watched from the bleachers of the football field, she collected her diploma and waved in triumph to her family. It was easily one of the proudest moments of my life. Yet as we rode home from the ceremony a thought struck me.

I noticed that I am a relic of another time living in my children's world. My wife and I spent the last 20 years of our lives making sure nothing changed so our children would grow up in comfort and security. That's the definition of a "home"; a place where comfortable and predictable routine makes a person feel snug and safe from the outside world.

While we were busy making sure everything stayed nice and routine, the world around us changed into the world that my kids now know.

I grew up in the 1970s and 1980s. Sometime between then and now everything changed. Music, fashion, politics, institutions, automobiles, sensibilities – everything. Somehow while I was raising kids my world of MTV videos on cable television and



DAVID CROW

answering the phone to see who is calling got replaced by a world that downloads songs from iTunes and smart phones. The things I grew up thinking were "cool" and "cutting edge" are now things that make my kids chuckle patronizingly.

I participate in this new world. I've got a smart phone and I surf the web and I have cars with backup sensors. However, I don't quite fit in this new world. I don't watch Netflix on my smart phone. I still can't back a car up without looking over my shoulder with my right arm thrown over the passenger seat. I still expect to see Martha Quinn and J.J. Jackson introducing world premier music videos. (If you're younger than 30 you might have to Google that last one).

I get along in my kids' world, but I'm not steeped in it like them. They don't know anything else. And they would be out of place in my world. They wouldn't recognize a full-service gas station and God help me if I ever fall off a ladder and they have to call for help on a rotary phone. That's just the cycle of things. Perhaps there is hope for me. My parents,

## Your Health

# Recognize And Prevent Heat-Related Illness

Finally, it really feels like summer. Oftentimes we forget to protect completely against excessive heat. However, it is important to recognize and prevent heat related illnesses among the most vulnerable populations. These include children, the elderly and people with mental illness and chronic diseases.

Fortunately, nowadays real temperature and humidity readings are available via online websites or apps on your smart phone. Before you make any outdoor plans, check these numbers. To fully enjoy summer, you must be careful and avoid excessive ultraviolet rays, high temperature and humidity.

You should also apply sunscreen on any exposed body parts (face, arms, legs) and wear appropriate clothing when planning



DR. AMIR MOHAMMAD

to spend significant time outdoors.

Some of the commonly recognized factors that might increase the risk of developing heat-related illness include a high level of humidity; dehydration; sunburn; alcohol use; chronic medical issues (heart disease, obesity, mental illness); and prescription drugs.

*Dr. Amir Mohammad is a practicing internist and preventive medicine physician. He greatly enjoys teaching and doing public health work. He is serving as the Director of Health for the Town of Orange. Zeb Kayani, a graduate of Amity Regional High School, and a first-year medical student at the Yale School of Medicine, contributed to this article.*

## HEAT-RELATED ILLNESSES

WHAT TO LOOK FOR	WHAT TO DO
<b>HEAT STROKE</b>	
<ul style="list-style-type: none"> <li>High body temperature (103°F or higher)</li> <li>Hot, red, dry, or damp skin</li> <li>Fast, strong pulse</li> <li>Headache</li> <li>Dizziness</li> <li>Nausea</li> <li>Confusion</li> <li>Losing consciousness (passing out)</li> </ul>	<ul style="list-style-type: none"> <li>Call 911 right away-heat stroke is a medical emergency</li> <li>Move the person to a cooler place</li> <li>Help lower the person's temperature with cool cloths or a cool bath</li> <li>Do not give the person anything to drink</li> </ul>
<b>HEAT EXHAUSTION</b>	
<ul style="list-style-type: none"> <li>Heavy sweating</li> <li>Cold, pale, and clammy skin</li> <li>Fast, weak pulse</li> <li>Nausea or vomiting</li> <li>Muscle cramps</li> <li>Tiredness or weakness</li> <li>Dizziness</li> <li>Headache</li> <li>Fainting (passing out)</li> </ul>	<ul style="list-style-type: none"> <li>Move to a cool place</li> <li>Loosen your clothes</li> <li>Put cool, wet cloths on your body or take a cool bath</li> <li>Sip water</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>You are throwing up</li> <li>Your symptoms get worse</li> <li>Your symptoms last longer than 1 hour</li> </ul>
<b>HEAT CRAMPS</b>	
<ul style="list-style-type: none"> <li>Heavy sweating during intense exercise</li> <li>Muscle pain or spasms</li> </ul>	<ul style="list-style-type: none"> <li>Stop physical activity and move to a cool place</li> <li>Drink water or a sports drink</li> <li>Wait for cramps to go away before you do any more physical activity</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>Cramps last longer than 1 hour</li> <li>You're on a low-sodium diet</li> <li>You have heart problems</li> </ul>
<b>SUNBURN</b>	
<ul style="list-style-type: none"> <li>Painful, red, and warm skin</li> <li>Blisters on the skin</li> </ul>	<ul style="list-style-type: none"> <li>Stay out of the sun until your sunburn heals</li> <li>Put cool cloths on sunburned areas or take a cool bath</li> <li>Put moisturizing lotion on sunburned areas</li> <li>Do not break blisters</li> </ul>
<b>HEAT RASH</b>	
<ul style="list-style-type: none"> <li>Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)</li> </ul>	<ul style="list-style-type: none"> <li>Stay in a cool, dry place</li> <li>Keep the rash dry</li> <li>Use powder (like baby powder) to soothe the rash</li> </ul>

freed of child rearing, caught up to this world in a rush. They FaceTime and text their grandchildren on a daily basis and are connoisseurs of Netflix and Hulu. My dad openly smirks as I peck out a text with my index finger instead of my thumbs.

But that hope isn't what saw me through that moment after the graduation ceremony.

I simply followed the timeless advice of my grandfather, who told me back before I graduated from high school that it is the moments of joy where the sun seems to shine a little brighter that add up to our lives.

As I do before all of those moments, the morning of my daughter's graduation I got up early to smile at the sunrise, savored a deep breath of new dawn air and added another little moment of joy to the pile that is my life.

Until next time, y'all come out.

*David Crow lives in Orange with his wife and three children. He practices law and he asks everyone to call him "Dave." Only his mother and his wife call him "David," and only when they're mad at him. You can contact Dave at Sit.a.Spell.and.Visit@gmail.com. He'll always find a half hour for a good chat.*



# Lifestyle

## Travel Matters

### Vacations Without Flights

A lot of us don't like to fly. Some of us do, but many people do not like dealing with the hassle these days. So, what's a stressed-out, vacation-craving person to do?

Travel by boat, car or train. There are so many options now, including Europe, that are outside the box and worth talking about.

Starting with car travel, my husband and I had the pleasure of exploring the Delmarva peninsula – with our base in Bethany Beach, Delaware. Delmarva refers to the 170-mile long peninsula comprising the Delaware, Maryland and Virginia coastline. Not only did we enjoy the crab cakes, oysters and big waves of Bethany Beach, we also explored Berlin, Maryland, officially chosen as "America's coolest small town" by Budget Travel in 2014. It has over 50 boutiques, cafes, bars and restaurants. Taking the Lewes-Cape May car ferry, a 75-minute ride, was a relaxing way to shorten the highway

ride back to Milford. Train travel has become a renewed trend – both in this country and around the world. The California Zephyr from Chicago to San Francisco is one of the most beautiful train rides in America. You travel through the Rocky Mountains and Utah desert and see places you can only see by rail.

Did you know that you can travel Canada coast-to-coast by rail? There are also many train-based trips, including National Parks, Alaska, Southern Jazz Cities and California Wine Country with stops in hotels along the way.

You can sail through the Great Lakes, the mighty Mississippi or Columbia and Snake rivers in the Pacific Northwest. The major cruise lines have increased the



KAREN QUINN-PANZER

number and variety of cruises sailing roundtrip from the New York piers. They include Royal Caribbean, Celebrity, Carnival and Norwegian. Destinations include Bermuda, Bahamas/Florida, the Caribbean and the Panama Canal. Princess and smaller luxury ships also offer New England/Canada trips during fall foliage season.

Let's talk about Europe without flights. Cunard's Queen Mary 2 sails between Brooklyn, New York and Southampton, England continually between the months of April and December. Theoretically, you could travel transatlantic eastbound to England for seven days, stay in Europe for two weeks, and return on the westbound sailing back to Brooklyn.

We did the eastbound sailing. There is so much to do on this ship, including dance

lessons, dramatic performances and classes, trivia contests at the English Pub onboard, spa treatments and events with special guests such as the Greatest Generation – a panel discussion of World War II Veterans. Themed cruises include: Fashion Week, Genealogy Cruise and Wine and Theatre cruises.

While you're in Europe, there are many top rail trips to discover. The Royal Scotsman goes through the highlands of Scotland. The Glacier Express in Switzerland is non-stop picture postcard views from Zermatt to St. Moritz, including the Matterhorn. The London to Venice Orient Express is a nostalgic indulgence with fine dining and wines to match the scenery.

Who needs to fly?

*Karen Quinn-Panzer is the owner of Dream Vacations Quinn Panzer Travel. She can be reached at kpanzer@dreamvacations.com*

### On Your Mind:

### Can I Control My Thoughts?

Do you have repetitive negative thoughts going through your mind? Are you always wondering about the worst that can happen? Do you feel your stinking thinking is out of control?

Then this article can definitely help you. Have you heard the expression, "When you know better, you do better?" I believe after reading this you will know better.

Recently I have seen many clients who begin experiencing a nervous feeling in their body, usually starting with a fast heartbeat. That feeling begins a pattern of "what ifs" in the mind that is always negative. The negative thoughts increase the symptoms and a scary feeling of being out of control and in possible danger of a heart attack or

something worse. There are many simple reasons for that initial racing heart that don't represent anything scary. Being able to identify the reason is less important than the way you respond to it.

The feeling is often a result of adrenaline being released from your adrenal glands as part of an autonomic fight or flight response to something your unconscious mind perceived as a potential danger. If you tripped, or thought about something that bothered you, or a million other possibilities, that pattern can begin. You can just redirect your thoughts or



FERN TAUSIG

realize it's just a momentary feeling and ignore it.

I had a doctor tell me when I described that feeling that I had anxiety. I responded that I know what anxiety is and I don't have it. It's easy to label the feeling as anxiety, but it's not necessarily the case. What is anxiety? It's a feeling of being afraid that something may happen "if."

A common medical response to reports of those feelings is to medicate. Medication may lessen the feeling, but it can also make it worse. There are side effects, and they're clearly stated. If the feeling is anxiety, it can be handled

alternatively without medication. If it's not anxiety you can recognize the feeling as a false alarm and redirect your thoughts to anything else. The feeling will subside.

Remember, it's just a feeling. Feelings aren't things unless you make them things. Thoughts create feelings, so be mindful of the thoughts you entertain. Choose to focus on the roses and not the thorns.

You always have a choice of what to think about. If you don't feel like you have a choice you should ask for help. You have exactly as much control as you need.

*Fern is a certified hypnotist, life coach and health educator. She can be reached at www.myhealinghypnosis.com.*

### Here's To Your Health:

### The Art Of Detoxing

Most of us know detoxing the body can be beneficial. For example, when you have a cold or are feeling under the weather hitting the sauna is a good way to release toxins in your body.

I am a huge believer in wet sock therapy, although I will fully admit it took me a few years to bite the bullet and try it because it sounds awful and cold. The truth is it creates circulation and some say it draws out toxins in your body through your feet.

Detoxing is important. However, the best way to detoxify your body is with food. Lemons detox your liver, foods with fiber help detox the colon and ginger helps detox your kidneys while also serving as an anti-inflammatory.

Toxins are in our beauty and hygiene products, deodorants, shampoos, laundry

detergent and household cleaning products. Your skin is the largest organ of your body. What you put on it you may as well consider to be lathered on your stomach, liver and heart.

Some deodorants have aluminum, which has been linked to Alzheimer's and dementia. Some shampoos have sulfites and parabens which some studies show can contribute to certain forms of breast cancer.

I am not telling you these things to scare you. Knowledge is power. There are plenty of healthier, nontoxic options out there you can purchase.

What's under your kitchen sink is another



MICHELE TENNEY

area you can begin to purge. Air fresheners, harmful-smelling cleaning solutions and the like can be replaced by one amazing and very inexpensive disinfectant – vinegar. Yes, vinegar. It doesn't leave an odor behind. If you're not a vinegar fan, there are plant-based, planet-friendly choices.

Now let's talk a little about detoxing your soul. How do you start your day? Hit the snooze a couple times, jump out of bed, get a sip of coffee and rush out the door? Go to the nearest drive-through for a large coffee and maybe breakfast? Get stuck in traffic and arrive to work more tired than when you went to bed?

Why not try to be intentional about getting up 10 to 15 minutes earlier, set apart some quiet meditation or prayer time and set the course of your day with peace and mindfulness.

Maybe you think about the areas in your life

where you can slow yourself down and say no to something to make sure that time is reserved for you and only you. How about detoxing the people who simply aren't adding to or enriching your life? Set some boundaries and spend more time with those people who make you smile. Read a good book or take a stroll on the beach at sunset.

You are worth every bit of effort you put into yourself by making small changes over and over that will eventually become a lifestyle. As you can see, eating healthy is not enough to detox. There is an art to detoxing. You can do this. I believe in you. Here's to your health.

*Michele Tenney is a Certified Personal Trainer and Nutritionist & Wellness Coach. She is the Chair of the Healthy Lifestyles Committee for the Orange Elementary School System and is a member of the Orange Board of Health. She can be reached at 203 668 2969 or email of Hmgbdr3@gmail.com.*

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According to Selectman John Carangelo, who heads the charter revision committee, they were already considering recommendations to  
*Charter cont. on page 18*

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The Eye Care Group is set to open their Warehouse in Orange on February 27. They began transitioning from their New Haven  
Photo By Joseph Cole  
ated from his native Taiwan as a result of his academic work in the United States.  
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# Senior Living

## Retired and Rejuvenated:

### Drowning In Paperwork

With all the technological advancements of the past two decades – emails, texts, online bank statements, electronic billing, electronic receipts – it seems logical that we would be dealing with fewer papers coming into our homes. We can even get our newspapers and magazines online. Nevertheless, some of us are still dealing with a ton of paperwork and finding it universally difficult to manage.



JOANNE BYRNE

The constant influx is overwhelming for me and I suspect for many others as well. It takes time to sort through papers, to decide whether to keep something or discard it, and to properly put important documents away so we can easily find them later.

Recently, I read some practical ideas to help with the constant barrage of papers in our lives. None are terribly new and may be things you are already doing. But here goes.

The key to paper management is to keep it simple and be consistent. Every home needs at least two file drawers, perhaps even fewer as we grow older. Some supplies you will need are hanging folders and interior file folders. They come in bright colors now, so at least it makes it more fun to organize. A sharpie for labeling also helps.

Shredding financial documents and anything that contains personal information is a good idea, even though our identities are more likely to be stolen online than from documents put in the trash.

A cardboard or plastic box can come in handy for long-term files you don't have to access regularly. Keep categories as general as possible when setting up your files. If you get too specific, it can make things more difficult to find. Categories might include credit cards, bank statements, medical bills, receipts for charitable contributions and donations, and appliance manuals. Of course, there is no one way to organize your files. Do what makes sense to you.

Mail should be opened every day; this saves time later. Set aside magazines and catalogs that you want to look at later, but be careful they don't pile up for too long. Discard junk mail. Place bills in a "To Be Paid" basket. Ideally, everyone should be paying as many bills online as possible, either through automatic debit or through a bank's online portal. It is a great time saver and you have automatic records of your payment. Copies of paid bills can be filed for a limited time but purged on a regular basis.

Many of us procrastinate about paperwork because we are unsure whether to keep something or discard it. Tax returns are generally kept for seven years. Copies of things like your will, health-care power of attorney and living will, financial power of attorney and information on how to access all of your accounts should be kept together in a safe place and clearly labeled so family members can easily find them in the event of a tragedy.

Bank and credit card statements can be kept for short amounts of time and purged regularly since this information can always be accessed online. Receipts for charitable donations can be filed with your current year's tax documents.

While it is challenging to manage the paper flow that comes into our homes, establishing specific places for things and sorting through paper each week will prevent you from having a much larger paper-sorting task over time.

I am working on streamlining my paperwork. I hope you are doing the same.

*Joanne Byrne served as Senior Services Coordinator for the Town of Orange. She is now actively and happily retired. Email her at joannebyrne41@gmail.com to share your thoughts on retirement.*

## College Internship

Continued from page 1.

I enjoy."

Cannon originally attended Mount Ida College, also in Newton. When that college closed in 2018, many of the students, Cannon among them, were absorbed into the nearby Lasell community.

As luck would have it, Lasell had recently instituted its own biology degree program. According to Lasell spokeswoman Samantha Mocle, the biology program was created in the last few years and added to already existing programs in the School of Health Sciences.

"We previously offered a number of biology courses, but didn't offer an official degree in it – it was sort of supplementary to other programs in the health sciences," Mocle said.

Lasell underwent a \$24 million renovation in 2015 that included building new science labs for the biology program.

Cannon initially didn't think she had a good chance of getting into the summer internship stipend program, which provides

\$3,000 grants for up to 10 students who have been offered unpaid internships in their field of study. It took some convincing from a mentor in the Student Alumni Association who had also gone through the stipend program when she was a student to get Cannon to apply.

"She was telling me it's definitely worth it to apply, that it helped her tremendously," Cannon said.

Now, her experience at Orange Veterinary Hospital has given her an edge in pursuing the veterinary medicine career she hopes to go into down the road.

"Drawing blood is a skill. Taking x-rays is a skill. All these I can add to the list of things I can say to an interviewer," she said.

Cannon's time at Orange Veterinary Hospital has also boosted her self-confidence.

"I was really nervous going in that I wouldn't fit in," she said. "I just can't stress enough how good the team is, how welcoming they were to me. That really boosted my confidence."

**Lobsterfest Coming! See ad on page 2.**



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# Home & Garden

## The Garden Spot:

### How To Compost

There is so much focus these days on “going green,” and composting is one easy, cost effective way to reduce your environmental footprint. Compost is organic matter that has been decomposed in a process called composting. This process recycles various organic materials otherwise regarded as waste and produces a soil conditioner. Compost is rich in nutrients that your lawn and garden need.

One of the first decisions to make is how to make your compost. You can buy a compost bin at most home and garden or big box stores. You can make your own or you can just make a compost pile.

The commercial bins are quick and easy but can cost \$100 or more. The least expensive method is simply to keep a pile in an unobtrusive part of your yard. The compost will be quite heavy, so if you can

locate it close to the garden it will save you a lot of work. Try to use a spot that gets some sun, since the warmth of the sun will help speed up the decomposition process. A properly maintained compost pile won't have an offensive odor, so no worries there.

There are four key ingredients to successful composting: carbon, nitrogen, moisture and air. These ingredients are what keep the composting workers – insects and organisms such as worms, nematodes, fungi and bacteria – happy.

Carbon, the first, can be thought of as brown – fall leaves, cardboard, newspapers, straw and wood chips. The carbon from these ingredients provides energy for your composting workers. The layer of carbon product you use as your first layer will also help to prevent weeds from growing up through the compost from the ground below.

Ingredient two, nitrogen, can be thought of as green. It's what the composting workers need to help break down the carbon. Nitrogen is also used by them to build the proteins they need to live. Nitrogen can come from lawn clippings, vegetable peels and other kitchen scraps – even manure from vegetarian animals such as cows.

Ingredient three, moisture, is needed to keep the composting workers alive. Think of it as blue. Every time you add a layer to the compost pile, you should sprinkle in a little water. Try not to drench the material, since that will smother the workers.

Ingredient four, clear air, is also needed by the composting workers. It can easily be added by “turning” the pile with a metal



PAT DRAY

rake or pitchfork every time you add a layer of one of the other ingredients.

Once you have your four ingredients, you need to get the workers to come. You can purchase compost starter or worms, but I find that I can just take a few shovels full of garden soil and add it to my compost pile.

The garden soil has already had compost added to it, so has all the workers you'll need to get the process going.

It can take from three months to a year for the decomposition process to finish, so be patient and you'll have a better garden and smaller environmental footprint.

*Pat Dray is a past president of the Orange Garden Club.*

## Wine Talk:

### A “Petite” American Transplant

French botanist Francois Durif crossed Syrah and Peloursin grapes and created a grape varietal that became known as Durif. This grape never really became popular in France because of its hearty nature and inky color.

It did become very popular in California as a blending grape. If Zinfandel or Cabernet, Merlot or any other red wine came in a little light in color and structure, the winemakers added 10 or 15 percent Durif, or as it became known stateside, Petite Sirah.

The results were wonderful. Standing alone, however, the wine was considered a little short; the aftertaste faded quickly compared to other red varietals.

Winemakers (even large-volume winemakers) have a finite capacity relative to production. If they took out 20 percent of their Cabernet to add some Petite Sirah, they took the Cabernet, held it aside and filled up the Petite Sirah barrel to avoid oxidation. Barrels must be filled at all costs to avoid air during the aging process.

What they found was the addition of Cabernet or Zinfandel lengthened the aftertaste and made a wonderful wine that became very popular in the U.S. It began to be grown in several other countries, especially in Australia and South America.

The “petite” in the name refers to the size

of the grapes. The vines, on the other hand, grow aggressively and have large leaves. The grapes are tightly packed clusters and as a result can be susceptible to rotting when exposed to too much rain or moisture during shipping.

The grapes are juicy and tannic. When held in oak barrels, especially American oak, they can develop a wonderful nose reminiscent of melted chocolate – which makes this wine one of my favorites.

The wine produced is dark and inky colored, with a firm texture. It's relatively acidic. The flavor hints at blueberry and plum, and the nose is herbal and sometimes a little peppery. The wine has a big mouth feel, and because of the



RAYMOND SPAZIANI

acid can age in the bottle for as long as 20 years. It matches great with beef, pork and lamb dishes and stands up well to grilled meats.

Try some Petite Sirah. You will find there is nothing “petite” about the taste.

*Ray Spaziani is the chapter director of the New Haven Chapter of the American Wine Society. He is a certified wine educator who teaches wine classes for the Milford Board of Education, Gateway Community College, Maltose wine and Beer Suppliers and Veracious Brewery. He is an award-winning winemaker. Email Ray with your questions and comments at realestatepro1000@gmail.com.*

## Room 911:

### Best Seat In The House

Porches are a decorator's delight. In addition to all the versatility of porches in displaying decorative seasonal and holiday themes, they also offer another dimension to the house.

Porches lend themselves to sociability as neighbors wander by. Once upon a time in our country it was commonplace to hear “how do you dos” and see someone rocking on a gliding seat while sipping fresh-made lemonade, was, once upon a time. Perhaps it was a place for some pre-dinner beverages or an after-dinner chance to chat, muse or gather one's thoughts.

A porch is one of my favorite “rooms” to decorate, but I look to the owner and the setting to dictate the aesthetic outcome. Regardless of the theme, I often use outdoor rugs to set up the seating area. Be certain to allow 2-3 feet of rug to expand beyond the seating area.

Anything can be added next, from a hammock to a coffee table made from rattan, to side tables, to flowering plants that can sit atop an old pot belly stove, to an old wooden ladder with each rung holding another plant. You can even use a hanging macramé planter with begonias nestled inside. It could be a metal-hooked hanger; you can use your imagination on how to display flora on your porch.

Lighting plays a big part in how your porch is perceived. Will you use lanterns, solar or battery-operated lights?

One of my favorite looks is white wicker rocking chairs, with pots of bright red or magenta colored geraniums, a bar cart to



TEDRA SCHNEIDER

hold refreshments, a white wicker coffee table, an all-weather game table off to the side of the porch and a magazine rack. You can put a hammock at one end of the porch and a ping pong table (if you have a big, wide porch) on the other end. While I am partial to weathered wood flooring, I have seen some gorgeous fruitwood or honey colored floors with high sheens, and equally attractive painted floors.

Another look that is rarer is a front porch overlooking a body of water, whether the ocean or Long Island Sound. For this kind of porch, crisp blue and white striped cushions made out of fabric that is weather resistant on an outdoor sofa and large, clear jars filled with sea glass atop a skirted table set the stage. Starfish, buoys and lobster traps can serve as decoration, along with lanterns or a tall replica of a lighthouse that adds an unquestionable nautical theme to the area. Lights strung around the periphery of the porch and maybe some chimes gently blowing in the breeze complete the picture.

So if your porch presently holds skateboards, sports gear, baby strollers, old newspapers still in their plastic coverings, move them out of sight. Sit on your porch and imagine these decorating looks. Remember that a porch as a place for sociability and solitude where you can turn off breaking news or stock market averages, sit back and watch the world go by.

*Tedra Schneider can be reached at: restagebytedra@gmail.com*

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The Milford Chamber of Commerce

# Milford Chamber Provides Resources

The Milford Regional Chamber of Commerce has always brought together a blend of resources, opportunities, explorers and experiences to ensure we build as solid a base possible to boost our community to the highest heights.

To our current chamber members, thank you for your continued support. For those of you considering opening a new business in Milford, you will find that becoming a chamber member is of great value to you. Milford is thriving; join us as we continue to grow. By joining the chamber, you open a door to several unique marketing opportunities: advertising options in chamber publications and sponsorship arrangements with the chamber for major

seminars and other functions.

We are located in a prime spot for “drop-ins” and have daily visits by the public searching for information or asking for a reference. Many stop before entering to peruse the racks that we provide for our chamber members to display brochures and business cards.

When they do come through our doors we always refer them to our members, and industry-specific lists are distributed by the chamber upon request. These lists include such things as lodging, dining and realtors.

Currently there are three LEADS groups



PAM STANESKI

that hold weekly referral and support meetings at the chamber. Demand for these groups is high and we are exploring an opportunity to expand and add a lunch LEADS group or after work group.

Can't make every chamber activity or participate in a LEADS group? Your chamber membership extends to all of your employees, ensuring that all of your staff can be involved in the chamber even when you can't. Your engagement will help you develop your business and provide an opportunity to make valuable connections.

We are always excited to hear from members and ask for feedback on your expectations of the chamber and any suggestions you may have for us to better promote and serve the local business community.

Our mission at the Milford Regional Chamber of Commerce is simple – to support, promote and attract business for the advancement of our community.

Business is our business.



The Orange Chamber of Commerce

# Social Media Not A Replacement For Chamber Membership

There are many reasons why social media cannot replace Chamber of Commerce memberships. People think a chamber membership is only about networking and they perceive it as being out of touch. They think they can just meet other businesspeople online and it's not necessary to join the chamber.

That perception will not help their business growth.

Saying that participating in social media programs for business replaces the need for a chamber membership is like placing a nickel in your coin jar and claiming to have a retirement plan. Sure, the two are kind of similar but you'll never get the same

amount of return from that social media as you will from a chamber membership.

Chamber participation ensures you will have a connection with the community and a marketable designation. The chamber is a well-respected community organization. Most people see it as comparable to the Better Business Bureau. Your membership lets customers know that you intend to stay in the community for a long time. Being a member of a social media group is not a reputation builder.

Chambers will hold ribbon cuttings when



CAROL SMULLEN

you launch a new business, open a new location for your business, celebrate a milestone anniversary or some other accomplishment. The chamber will be there with a social media mention, perhaps an article, help on a press release, and draw attention to your business venture.

The chamber also provides opportunities for business leaders to meet and have a dialogue with state legislators. Many businesses forget this valuable opportunity. Most businesses can't afford their own lobbyists, but membership in the chamber is

affordable.

Social media programs can be extremely helpful with your marketing to the general public. However, they will never cover everything your chamber can do for your business. There really is no need to choose between them. A comprehensive approach is the best one for business growth. Multiple tools and expenditures are required, and chamber membership is an excellent investment.



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**From The Bar:**

## Keep Your Estate Planning Up To Date

Is this story about you or someone you care about?

Abby is 74 years old. Her husband, Frank, died two years ago. Abby and Frank have two children, Jack and Kelly. Abby and Frank had prepared estate planning documents when the kids were young. The documents included durable power of attorney instruments and health care instructions.

At that time, Abby had named her older sister, Jane, as her “backup” decisionmaker if Frank died first and Abby became unable to make decisions on her own. Jane died 10 years ago. It was on Abby’s “to do list” to draft a new power of attorney, naming the children in place of Jane, but Abby and Frank never did it.

Recently, Abby had a stroke. She was admitted to the hospital and discharged to a rehabilitation facility. The stroke took away Abby’s ability to communicate and affected her mobility; she cannot safely return home. After touring a few nursing homes, Jack and Kelly decide on one they think will suit Abby best. They are given an intake packet from the nursing home with a request to complete financial information; they’re expected to provide the first deposit this week to reserve a bed in the nursing home.

Jack and Kelly sort through Abby’s mail to find out about her assets. Jack goes to the bank to get checks and bank statements, but he hits a roadblock. The manager informs Jack that she cannot give him any of the information he is requesting nor will she issue any checks because he doesn’t have a power of attorney document. Kelly contacts Abby’s financial advisor and also hits a roadblock. The financial advisor wishes he could help, but Kelly has no authorization to request information without a



STEVEN FLOMAN

POA.

Since Abby never updated her POA, Jack and Kelly have no legal authority to access Abby’s financial information. Jack and Kelly consult an elder law attorney and learn that, since Abby lacks mental capacity to sign a new POA, they must petition the probate court to appoint them as conservators of Abby’s estate. This process is going to be much more expensive than simply drafting a POA, and, unlike the POA, a private document, Jack and Kelly will have to file a public report outlining Abby’s finances and circumstances with the probate court every three years. Finally, because Abby cannot consent to appointing Jack and Kelly, the probate court must appoint an attorney to act in Abby’s best interests, at Abby’s expense.

Jack and Kelly leave the meeting frustrated, now knowing that the only way they can help Abby will be through a conservatorship, which will take more than 30 days. In that time, they may lose the bed in the desired nursing home.

On their way out of the attorney’s office, they make an appointment to discuss drafting their own estate planning documents with the lawyer. Having learned from this mistake, they don’t want their children to be in the same situation in the future.

*Steven P. Floman of the law firm Floman DePaola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.*

## DMBA Hires New Executive Director, Events Director

The Downtown Milford Business Association has announced the appointment of Joseph Weathered as Executive Director and Irene Gonzalez as Events Director.

Both Weathered and Gonzalez bring a wealth of experience to the DMBA, which is comprised of over 100 local businesses committed to creating a strong, viable downtown community, the organization said in a release.

“This is an exciting time for the DMBA,” said Tracy Bonosconi, DMBA president. “Our organization has grown steadily over the past few years and the creation of these positions is another indicator of positive growth. And with their backgrounds, it is a perfect fit.”

Weathered, who concurrently serves as marketing specialist for the Milford Bank, brings years of marketing experience to the DMBA. He has likewise worked with the Milford Chamber of Commerce, The United

Way of Milford, and *The Orange Times* (now the *Milford-Orange Times*) and is thoroughly invested in the community.

“With its recent recognition in the *New York Times* and *Connecticut Living*, Milford is enjoying some amazing press. I’m thrilled to be a part of this great organization and to keep building on this forward momentum,” said Weathered.

Gonzalez also brings extensive experience to the DMBA. As the owner of Madison-based Irene & Co. Events, she has years of planning and executing both corporate and private events in Connecticut and the New York metro area.

“The DMBA is already known for signature events like Pirate’s Day, Wine Trail, and Lamplight Stroll. By building on these great experiences, I’m looking forward to creating memories for our community that will last a lifetime,” said Gonzalez.

## Zeoli

*Continued from page 1.*

face Democratic Town Committee Chair Jody Dietch on the Nov. 5 ballot. Dietch received the nod July 16 from her party.

During his acceptance remarks, Zeoli spoke about one of the first projects he took on as first selectman, the Fieldstone Village.

“This project was rejected by the previous Democratic administration. When I came into office I took it on and reconnected with the developer,” he said. “After two years of effort, the project moved forward. Fieldstone is now one of our top taxpayers and a wonderful neighborhood. This was made possible by the efforts of many talented people in legal and

on the Boards of Finance and Zoning.”

Zeoli also touted the sound fiscal management has enabled Orange to maintain its AAA bond rating and keep control of taxes, despite the many economic challenges facing the state.

“We have accomplished miles of road improvements, and many projects for our schools and other town buildings. Improvements continue, including soon-to-be completed renovations to High Plains Community Center. We have dotted every ‘i’ and crossed every ‘t’ to gain state funding for projects including the Derby Milford Road Bridge and for future developments,” he said.



# Youth & Education

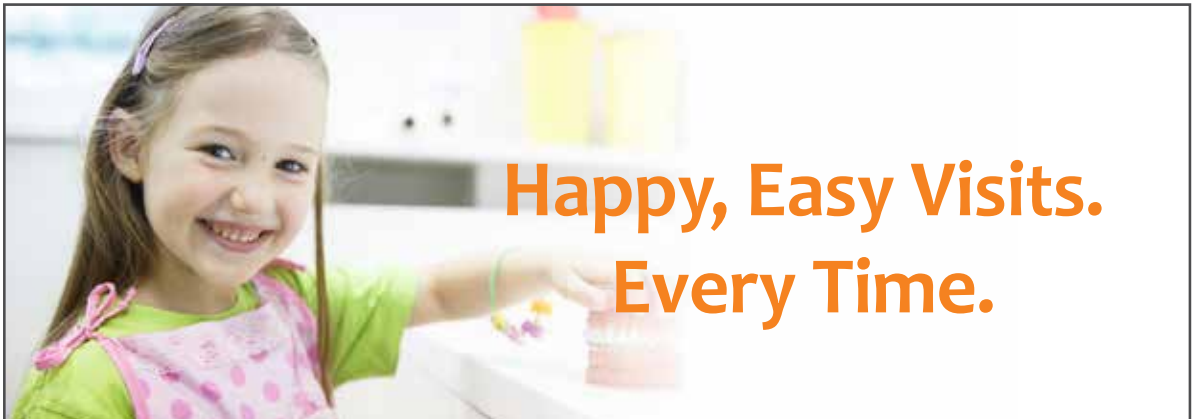
## Milford, Orange Students Make Deans' Lists

**The following students from Milford and Orange have been named to their schools' dean's or president's lists:**

Eylul Akman of Milford, Tufts University  
 Anne Marie Allen of Orange, Roger Williams University  
 Myles Allen of Orange, Siena College  
 Tess Atkins of Milford, University of Rhode Island  
 Kathleen Attolino of Milford, University of Vermont  
 Jillian Ball of Orange, University of the Sciences  
 Dennis Barnum of Milford, University of Rhode Island  
 Joseph Bartone of Milford, Worcester Polytechnic Institute  
 Cassandra Bennett of Milford, Eastern Connecticut State University  
 Shana Blatt of Milford, Purchase College  
 Justin Blatt of Milford, Purchase College  
 Ciara Boyd of Milford, Dean College  
 Todd Brennan of Milford, Goodwin College  
 Katelyn Browe of Orange, Ithaca College  
 Alex John Bunnell of Orange, James Madison University  
 Michael Capobianco of Milford, Worcester Polytechnic Institute  
 Brooke Carlson of Milford, Roger Williams University  
 Tiffany Carlson of Milford, Eastern Connecticut State University  
 Matthew Carrano of Milford, Roger Williams University  
 Emily Casey of Milford, Eastern Connecticut State University  
 Molly Champagne of Milford, Eastern Connecticut State University  
 Daniel Chodos of Orange, Lasell College  
 Michael Chodziutko of Milford, Bryant University  
 Jenna Christiani of Milford, Loyola University Maryland  
 Kalysta Contaras of Milford, James Madison University  
 Kayla Coppola of Milford, Eastern Connecticut State University  
 Anthony Cornelio of Milford, University of Hartford  
 Anthony Coscia of Orange, Siena College  
 Isabella Marie Crasilli of Orange, Clemson University  
 Emilee Crowle of Milford, Miami University  
 Charles Csejka of Orange, McDaniel College  
 Christian DeMuis of Orange, Gettysburg College  
 Brady Dennigan of Milford, Eastern Connecticut State University  
 Faye DiBella of Milford, University of New Hampshire  
 Aadae Dikko of Milford, Tufts University  
 Victoria DiPietro of Milford, SUNY Morrisville  
 Christina DiStefano of Orange, Bryant University  
 Catherine Dunleavy of Orange, Roger Williams University  
 Stephanie Durkee of Orange, Dean College  
 Luke Edmondson of Milford, Springfield College  
 Ryan Enders of Milford, Eastern Connecticut State University  
 Jaden Esse of Orange, Emerson College  
 Lexi Fisk of Milford, Springfield College  
 Madelyn Flader of Milford, Eastern Connecticut State University  
 Shannon Flynn of Milford, Eastern Connecticut State University  
 Austin Foley of Milford, Curry College  
 Haley A. Forcier of Orange, University of Scranton  
 Ashlyn Gallo of Orange, Springfield College  
 Samantha A. Gaynor of Orange, University of Scranton  
 Emma Gerstein of Milford, Cedar Crest College  
 Patricia Gildea of Milford, Loyola University Maryland  
 Elise Graham of Orange, Fairleigh Dickinson University  
 Morgan Guadagnoli of Orange, University of Delaware  
 Ryan Gunning of Orange, University of Alabama  
 Jillian Gusciora of Orange, University of New Hampshire  
 Eric Hammer of Milford, Berry College  
 Melissa Hanania of Milford, Stonehill College  
 Liam Harris of Milford, Roger Williams University  
 Aaron Hostetler of Milford, Eastern Connecticut State University  
 Sami Hoyt of Milford, University of Rhode Island  
 Samantha Hudak of Milford, Eastern Connecticut State University  
 Katelyn Ide of Orange, Fairleigh Dickinson University  
 Andrew Kaminsky of Milford, Loyola University Maryland  
 Krissi Kawejsza of Milford, Goodwin College  
 Daejin Kim of Orange, Adelphi University  
 Cassidy Kirby of Orange, Eastern Connecticut State University  
 Alisa Korneyeva of Milford, University of Hartford  
 Michaela Kraut of Orange, University of Rhode Island  
 Jake Kubie of Milford, University of Rhode Island  
 Sarah Kummer of Milford, Gettysburg College  
 Katherine Kurata of Milford, Gettysburg College  
 Marina Kydes of Milford, Roger Williams University  
 Katherine Lacadie of Milford, Emerson College  
 Kevin Lanese of Milford, Eastern Connecticut State University  
 Megan Lasto of Orange, Eastern Connecticut State University  
 Mollee Lasto of Orange, Eastern Connecticut State University  
 Caitlin N. Lauro of Milford, Coastal Carolina University  
 David Leonard of Milford, Becker College  
 Amber Lewandowski of Milford, Eastern Connecticut State University  
 Autumn Lewandowski of Milford, Eastern Connecticut State University  
 Dominic Livoti of Orange, Eastern Connecticut State University  
 Mona Lucas of Milford, Goodwin College  
 Hilary Luchetti of Milford, Lasell College  
 Brooke Matyasovsky of Orange, Eastern Connecticut State University  
 Robert McGinnis of Milford, Roger Williams University  
 Alli McKenna of Milford, University of Rhode Island  
 Jordan McLenthian of Milford, Roger Williams University  
 Alekya Menta of Orange, Tufts University  
 Sydney Messey of Milford, Worcester Polytechnic Institute  
 Erica Money of Milford, Curry College  
 Matthew Montano of Milford, Lehigh University  
 Lily Muir of Milford, University of New Hampshire  
 Michael Murray of Milford, University of Hartford  
 Micaela Nelson of Orange, Rochester Institute of Technology  
 Alexa O'Sullivan of Milford, Eastern Connecticut State University  
 Liv Ouellette of Milford, University of Rhode Island  
 Nicole Palmer of Milford, University of Rhode Island  
 Emma C. Pavlick of Milford, Clemson University  
 Jaret Petrie of Milford, Lasell College  
 Veronica Pisano of Orange, University of New Hampshire  
 Kristen Plouffe of Milford, University of Hartford  
 Amanda Portoff of Milford, Kutztown University  
 Marissa Prizio of Milford, University of New Hampshire  
 Emily Ramirez of Milford, Goodwin College  
 Grace Riggio of Milford, Roger Williams University  
 Sarah Rippel of Orange, Bucknell University  
 Denzel Robinson of Milford, University of Rhode Island  
 Juan Rodriguez of Milford, Rochester Institute of Technology  
 Paula Rodriguez of Milford, SUNY Morrisville  
 Sydney Rothman of Orange, Muhlenberg College  
 Michael Russo of Milford, Loyola University Maryland  
 Sarah Russo of Milford, University of New Hampshire  
 Jessica Saffiotti of Milford, Eastern Connecticut State University  
 Ben Santaus of Orange, Tufts University  
 Stephanie Satonick of Orange, Eastern Connecticut State University

Caitlyn E. Scagliarini of Milford, Clemson University  
 Ryan Michael Scagliarini of Milford, Clemson University  
 Matthew Schmitt of Orange, Worcester Polytechnic Institute  
 Benjamin Schnitzer of Milford, Loyola University Maryland  
 Michael Sciancalepore of Milford, University of Hartford  
 Nevia Selmon of Orange, Bucknell University  
 Mackenzie Seymour of Orange, Eastern Connecticut State University  
 Michael Shannon of Milford, Plymouth State University  
 Kayla Sharpe of Milford, SUNY Morrisville  
 Charles Shaw of Milford, St. Lawrence University  
 Julia Silvestri of Milford, Eastern Connecticut State University  
 Jessica Simonds of Milford, Lasell College  
 William Stark of Milford, University of Hartford  
 Allison Steele of Milford, University of Rhode Island  
 Olivia Steiner of Milford, Tufts University  
 Michael Stewart of Orange, University of Rhode Island  
 Katelyn Stokes of Milford, Eastern Connecticut State University  
 Adam Streeter of Milford, Champlain College

Pamela Subtil of Milford, University of Hartford  
 Dennis J. Sweeney of Milford, University of Scranton  
 Jarod Tashea of Orange, University of Rhode Island  
 Joshua Teller of Milford, Curry College  
 Stephen Toth of Milford, Roger Williams University  
 Nuala Tzovolos of Orange, Eastern Connecticut State University  
 Matthew Varrone of Milford, Valdosta State University  
 Gregory Vetter of Milford, Eastern Connecticut State University  
 Allyson Voytek of Milford, Springfield College  
 Meghan Warren of Milford, Ithaca College  
 Marcos Watkins of Milford, Buffalo State  
 Clare Wetmore of Milford, University of New Hampshire  
 Evan Wheaton of Milford, Springfield College  
 Zachary White of Milford, Curry College  
 Brian Wydra of Milford, University of Rhode Island  
 Kim Yeung of Milford, New York Institute of Technology  
 Alix Zabin of Milford, Bates College  
 Cassandra Zak of Milford, University of Alabama



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## Grave Matters:

### In Living Memory

A few weeks ago, Milford held a "First Families" reunion made up of the descendants of those who, in 1639, arrived by boat at what is now called Gulf Beach.

Photos were taken at Memorial Bridge, each family getting its own portrait. Though I could not attend Saturday's activities, I was able to go to the Milford First Congregational Church's 8 a.m. Sunday service at Gulf Beach. That weekend was scorching.

There was a bit of a breeze, though, and I found that wearing a sunbonnet and drinking cold water made the temperature bearable.

Since Orange was first known as North Milford, I decided to then visit the Milford Treats' graves before heading back home.

In the Old Milford Cemetery, under the shade of a stately tree, I came upon the rust-colored tombstone of Robert Treat. He had come from Wethersfield in the same time frame as the First Families. His tombstone, shaped like a table, is six feet long. A viewer reads the inscription looking down. The incised stone says Treat had been deputy governor and governor for almost 30 years, and that he died "In Anno Domini" 1710. Around the tombstone are several small vertical marble stones, including one for his wife Jane. Those smaller inscriptions are hard to read because the stones have been buffeted head-on by rain, ice and snow for more than 300 years.

I wondered if there are as many Treats buried in the Old Milford Cemetery as there are in the Orange Cemetery. When I got home, I sat down to look at the 1898 Treat genealogy that my late father-in-law, Howard B. Treat Sr., was said by his children to be very proud of. Its author, John Harvey Treat, A.M., noted that in English records as well as Connecticut ones, the spelling of a name could change from one page to the next. The Treat name in sixteenth century English records is variously spelled Trate, Trate, Trotte, Trote, Tret, Trette, Treat and Treatate. When they left Pitminster, England, the record spells it "Trott." In this country, the family name eventually settled on the spelling "Treat."

According to Mary Woodruff's History of Orange, the "Pillars" who stepped from the boat at Gulf Beach in 1639 formed Milford's First Congregational Church. They were the Rev. Peter Prudden, John Astwood, Thomas Buckingham, William Fowler, Thomas Welch



TRISH O'LEARY TREAT

and Zachariah Whitman. The land for the town was bought from the Paugussett Indians. Woodruff's book says, "the northern section of the town was not surveyed until about 1687, and very little building was undertaken before 1700."

The North Milford Congregational church building was initially "a simple and modest meeting house" built in 1792. In 1804, Samuel Treat, one of Robert Treat's sons, petitioned the state General Assembly to be allowed to build a more substantial meeting house. Among the 52 petition cosigners were the still familiar Orange names of Clark, Hine, Lambert, Pardee, Treat and Woodruff.

Samuel Treat donated a section of his lot for the new church building. Those living in "North Milford" (now Orange) then voted "that Benjamin Fenn set monuments of stone in the burying-round, so as to 'make the lots conspicuous.'" In November 1805, the first person to be buried in "God's acre," now called the Orange Cemetery, was the young son of Joseph and Eunice Treat.

Presumably that funeral was presided over by Erastus Scranton, a Yale graduate who in 1805 became the church's first ordained pastor. He was said to be "a strong, tall, farmer looking man" (sic). I found no mention of the quality of his sermons.

It was said of Isaac Treat (my late husband's great-great-great grandfather) that he was "not of the church group"; nonetheless, he was asked to provide the church's ridge pole because one of his trees was just the right height. The new, more spacious meeting house was dedicated in 1811. In 2011, when the Orange Congregational Church celebrated its 200th birthday, Lorraine Davis, whose persuasive abilities are finely honed, asked Howard B. Treat Jr. to reenact for the congregation the terms of Isaac's donation (cutting off the out-of-fashion pigtail of his friend).

In late September, thanks to the suggestion of Sharon Ewen, we hope to have a community service morning in which interested town residents will come together to tend the graves of family and friends buried in the Orange Cemetery. Details of the service day will be announced in future "Grave Matters" columns. Meanwhile, if you have a family story to tell about inhabitants of the Orange Cemetery, my ears are ready to listen.

### Milford Library Celebrating Woodstock At 50



The C-Sides will perform at the Milford Public Library Aug. 11 in celebration of the 50th anniversary of Woodstock. Photo courtesy of Milford Public Library.

Get out your tie-dye and your bell bottoms and come to the Milford Public Library to celebrate the 50th anniversary of Woodstock on Sunday, Aug. 11 at 2 p.m. The Trumbull-based band, the C-Sides, will be performing a number of hits from the original Woodstock repertoire. The music will be at the pavilion

outside the Library if it's sunny, and inside the library if it rains. Dancing is encouraged. The all-family event introduces youngsters to the past, and celebrates memories for older people. The Milford Public Library is located at 57 New Haven Ave. in Milford.



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# News & Events

## Orange Dems Pick Candidate Slate



Orange Democrats selected their slate for town offices during the July 16 meeting of the Democratic Town Committee. The candidates will run in the Nov. 5 town elections. From left: Pat O'Sullivan, Town Clerk (incumbent); Paul Kaplan, Town Plan & Zoning Commission deferred term (incumbent); Elliot Dubin, Board of Finance; Paul Davis, Amity Board of Education; Lubna Pal, Amity Board of Education; Angela McNabola, Board of Selectmen; Polly Demirjian, Amity Board of Education; Margaret Novicki, Board of Selectmen; Betty Hadlock, Orange Board of Education (incumbent); Jody Dietch, First Selectman; Patty Post, Town Plan and

Zoning Commission; Bob Shanley, Constable (incumbent); Mitch Goldblatt, Board of Selectmen (incumbent); Randy Thomas, Constable (incumbent); Santo Galatioto, Jr., Town Plan & Zoning Commission and Constable (incumbent); Jarod Millbrandt, Orange Board of Education; Edina Oestreicher, Board of Finance; Amy Esposito, Amity Board of Education (incumbent); Jason Carrier, Constable; and Kevin Moffett, Board of Finance. Not pictured: Susan Riccio, Orange Board of Education (incumbent) and Gail Chotiner, Amity Board of Education. Photo by Evan Hollander.

## Milford RTC Picks Candidates



The Milford Republican Town Committee met July 24 to choose its slate of candidates for the Nov. 5 municipal elections. From Left: Shirley Serrano, Eric Smith, Steve Visconti, Tom Jagodzinski, Rick Vizziello, Frank Musante, George Marshall, Jason Jenkins, Anthony Giannattasio, Rich LoPresti, Ray Vitali, Chris Goulden, Joanne Lasse Rohrig, Win Smith III, Dan German, Peter Berube, Connie Gaynor, Andy Fowler, James Tranquilli, Mark Macchio, Jeremy Grant, Scott Marlow, Michael Casey, Ray Kirmaier, Bill Bevan. Photo by Jo Escu.

## Burns Care Foundation Holding Golf Tournament In Milford

The Connecticut Burns Care Foundation will hold its 13th annual "Chip in for Burn Camp" golf tournament on Aug. 26 at the Great River Golf Club, located at 30 Coram Lane in Milford. All of the proceeds will support the foundation's Arthur C. Luf Children's Burn Camp.

Since 1991, the camp has provided a safe camping environment for children, ages 8 to 18, who have suffered a life-altering burn injury. Campers enjoy a one-week camping adventure where they participate in swimming, boating, navigating a ropes course, archery, hiking and paintball. All the activities are designed to challenge each child physically. The camp provides a safe environment that teaches them confidence,

self-esteem and acceptance of each other.

A burn injury is a life-altering event. For a child, it means facing a life-long emotional and physical journey to accept scars and disfigurements caused by the tragedy.

The cost to enter the golf tournament is \$200 per player. Sponsorships are also available. Registration is at 7:30 a.m., with an 8:30 a.m. tee off. The event includes breakfast, a lunch on course, and a buffet afterward. There will also be contests, cash prizes and raffles.

Register at [ctburnsfoundation.org/event/13th-annual-golf-tournament/](http://ctburnsfoundation.org/event/13th-annual-golf-tournament/) or call Executive Director Kathlene Gerrity at 203-878-6744.



The Connecticut Burns Care Foundation will hold its 13th annual "Chip in for Burn Camp" golf tournament on Aug. 26 in Milford to benefit the Arthur C. Luf Children's Burn Camp. Photos by Bob Kepchar.





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# News & Events

## Folks On Spokes Returning To Milford



Cyclists ride through Milford during the 2018 Folks on Spokes Ride/Step Forward Walk fundraiser for Bridges Healthcare's mental health and addiction recovery services. Photo courtesy of Bridges Healthcare.

The annual Folks on Spokes Ride/Step Forward Memorial 5K will bring together hundreds of cyclists and walkers on Sunday, Sept. 15 to raise funds to support Bridges Healthcare's community mental health and addiction recovery services for Milford, Orange, West Haven and surrounding towns.

Participants can bike any combination of the 5, 10, 20 and 40-mile routes along the Connecticut coastline or walk the 3.2-mile shoreline trail. All are welcome to join the remembrance ceremony at 9:45 a.m., where participants will pay tribute to lives lost to addiction, overdose, suicide or other mental health-related issues.

“In an effort to bring mental health and substance abuse issues out into the open and remove the stigma often attached to these health disorders, Bridges Healthcare works to raise awareness and provide the needed support and treatment services,” said John Dixon, Bridges Healthcare CEO and president. “The Folks on Spokes Ride/Step Forward Walk raises funds and demonstrates the community's support for eliminating the silence, solitude and stigma that often surrounds mental illness or suicide and creating a system where no one has to face these disorders alone.”

Registration and check-in begin at 7:30 a.m., the ride begins at 8:40 a.m., the remembrance ceremony is at 9:45 a.m. and the 5K walk starts at 10 a.m. Pre-registration fees are \$40 per cyclist, \$30 per walker and \$15 for all youth ages 7 to 17; children 6 and under are free. Registration includes a free event t-shirt and refreshments. Day-of fees are \$50 for cyclists and \$40 for walkers.

Co-chairs for this year's event are Bridges' board members Karen and Frank Fortunati. Karen Fortunati's young adult novel, *The Weight of Zero*, won the Connecticut Book Award and is about a young woman's struggle to accept a mental illness diagnosis. The story realistically portrays the impact of a strong support network.

“Frank and I are thrilled to continue this critical mission here in our hometown of promoting mental health care and reducing the prejudice that often surrounds mental health and addiction issues,” Karen Fortunati said.

Frank Fortunati is the vice chief of psychiatry at Yale-New Haven Hospital and medical director of Yale-New Haven Psychiatric Hospital. He is also an assistant professor of psychiatry at Yale Medical School. Most of his career has been devoted to the treatment of adolescents and young adults struggling with a wide range of behavioral health conditions.

“Suicide rates have increased 30 percent across the country between 2000 and 2016, and are now the tenth leading cause of death. Worse than that, suicide is now the second leading cause of death in those between age 10 and 34. That is an absolute crisis,” Frank Fortunati said. “Effective mental health treatment must be provided early and locally for us to reverse this trend,” he said, adding, “large hospital systems cannot reverse this trend alone. We must do everything we can to support community based mental health programs, like Bridges.”

To register or for more information, visit [bridgesct.org](http://bridgesct.org). To sponsor the event, call Marcy Hotchkiss at 203-878-6365 x359.

## PorchFest Coming To Milford

The City of Milford will launch its first annual PorchFest, an event where people play music on porches for an audience, on Sept. 28.

Discover Milford CT is leading the event, which runs from 1 p.m. to 6 p.m.

PorchFest started in Ithaca, New York in 2007 as a way to bring local musicians and neighborhoods together to celebrate and create a sense of community.

Bands, singers and instrumentalists of all genres are encouraged to sign up and participate in the event. Signs with artists' names and performance times will be posted in front of porches and online.

A digital map will be continuously updated for location information. Plan to walk, ride bikes, or push strollers as you move from one porch to another along a determined route to partake in the festivities.

To play PorchFest, sign up at <https://forms.gle/KTG858oPniuqx4Kc8>. To offer a porch, sign up at <https://forms.gle/vetipU5tMEhirsZTA>. To volunteer sign up at <https://forms.gle/NVXYF7ACfr69hu9a7>.

For questions about Milford PorchFest email [milfordporchfest@gmail.com](mailto:milfordporchfest@gmail.com) or call Cassandra Schull at the Milford Recreation Department at 203-783-3280.

## Milford's Platt Orchard To Become Entertainment Hub

The City of Milford is in the process of converting the historic Platt Orchard site on the North Street side of Eisenhower Park into an event venue that will serve for showcasing the arts and be tied in with a nearby golf course.

Mayor Benjamin Blake spoke about the project in his Aug. 1 State of the City address, and again in his weekly “Minute with the Mayor” video.

“This is just one more cool initiative that

the City of Milford is pursuing,” Blake said in the video, which also featured George J. Amato Jr., who is on the Golf Course Commission, and Dolores Hannon, a member of the Milford Arts Council.

“It's a win-win situation for the golf course, and it's also a win-win situation for the City of Milford,” Amato said.

“This will be absolutely beautiful, and will encourage the arts even furthermore,” Hannon said.



## Ride or Walk

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### Waxing Salon Opens In Milford



LunchBoxWax, a full-service speed waxing salon, held the grand opening July 17 with a ribbon-cutting for its new Milford location at 1670 Boston Post Rd., Suite A-21. Photo by Robert Creigh.

### Insurance Office In Milford Holds Ribbon-Cutting



State Farm Insurance Agent Christopher Randy Carucci held a ribbon cutting July 30 for his office location at 63 Turnpike Square in Milford. Photo by Robert Creigh.

### Good Samaritans Help Man From Burning Car In Milford

Two good Samaritans helped save a man from a burning car in Milford July 28, according to Milford Police.

A vehicle went off the roadway and struck a tree on West River Street near Wolf Harbor Road around 8:30 p.m., police said. The crash caused serious front-end damage and the vehicle started to burn.

The vehicle's operator managed to crawl out, but wasn't able to move far from it, as he

had suffered serious but non-life threatening injuries to his legs and hips as well as having other internal injuries. Jake Tymon of Fairfield and Mark Bernier of Milford dragged him away from the vehicle.

The injured operator was transported to a local hospital for his injuries. The Milford Fire Department responded and extinguished the fire. The vehicle was completely destroyed, police said.

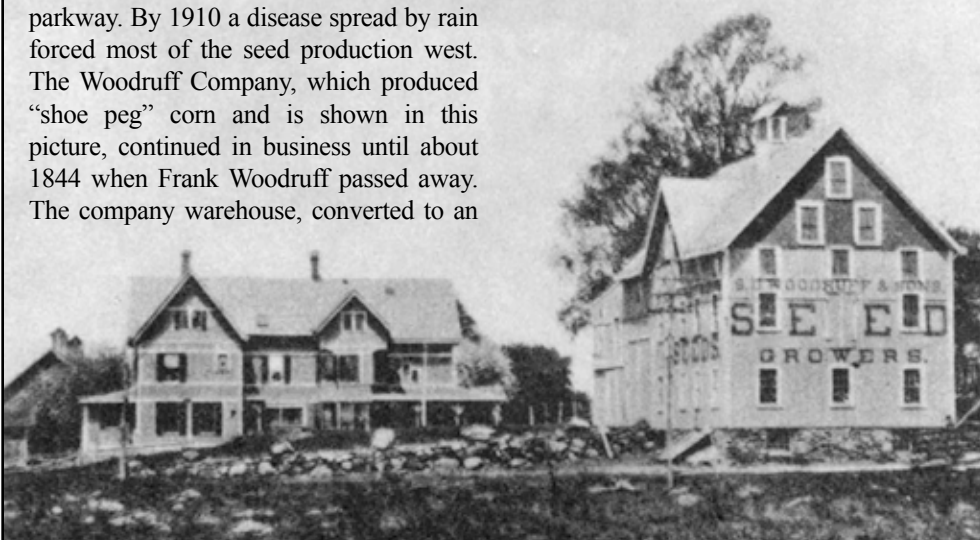
### A Look Back

By Priscilla Searles

An idea cooked up by several Orange farmers to produce garden and field seeds put this small farming community on the map as the location of some of the nation's leading seed companies. By the 1860s, Orange seeds were being shipped around the globe. Eventually, many of the Orange seed growers merged, becoming known as Associated Seed Growers, later absorbed by the Asgrow Seed. Founded in 1879, Asgrow built an office in Orange overlooking the parkway. By 1910 a disease spread by rain forced most of the seed production west. The Woodruff Company, which produced "shoe peg" corn and is shown in this picture, continued in business until about 1844 when Frank Woodruff passed away. The company warehouse, converted to an

apartment, can still be seen on Old Grassy Hill Road.

If you have a vintage photo of Orange and are willing to loan it to Town Historian Priscilla Searles, contact her at orangect200@gmail.com. All photos on loan will be scanned, with the scan becoming the property of the Orange Historical Society. Originals will be returned to the owner.



The Woodruff Company produced "shoe peg" corn until about 1844. Photo courtesy of the Orange Historical Society.

Orange Economic Development Corporation's

## 13<sup>th</sup> Annual Golf Tournament

September 10, 2019

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Rape Crises Center of Milford

Rape Crisis Center of Milford

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# People On The Move

## Milford Band Plays To Hometown Crowd



The Kathy Thompson Band, based out of Milford, played at Fowler Pavilion in Milford July 26 as part of the summer concert series sponsored by the Milford Chamber of Commerce. The remaining concerts feature RumRunners on Aug. 2 and 5 Below Zero on Aug. 9. All concerts take place at 7 p.m. Photo by Robert Creigh.

## Orange, Shelton Firefighters Rescue Man In Housatonic

Orange and Shelton firefighters today rescued an unconscious man from the Housatonic River, carrying him from a remote area to waiting paramedics.

Orange Fire Chief Vaughan Dumas said the man, who is in his 20s, was using a rope swing in a remote area where youths often have parties. He swung out over the Housatonic but struck rocks when he landed. He suffered head and leg injuries and was unconscious.

Dumas said civilians on the scene moved the man to shore and alerted authorities. It was determined that the quickest way to evacuate the victim was carrying him in a special stretcher called a Stokes basket.

Orange firefighters walked to the scene on railroad tracks while Shelton firefighters responded via boat. Firefighters from both departments worked together to immobilize the man and place him in the basket stretcher. Orange and Shelton firefighters then carried the man about a quarter mile to waiting EMS crews. Derby's Storm Ambulance and AMR paramedics treated and transported the victim

to the hospital.

"This is a great example of how area departments work together to take care of our neighbors," said Dumas. "It also shows the dedication of local firefighters and EMS personnel."

Dumas said the area where the man was hurt has presented problems for firefighters in the past and he urged residents to stay away from it.

"Every kid likes to have a place out of the watchful eye of parents to enjoy themselves," he said. "The people who walk down the railroad tracks to these areas by the river are actually putting themselves in grave danger. We've had fires there and others hurt and it's difficult to get there to help."

The call for help came in around 2:30 p.m., said Dumas. About 10 firefighters from Orange responded in addition to personnel from Shelton, Derby and Ansonia fire departments, Orange Police and other agencies. No identification of the victim was available.

## Milford Resident Named To Top Spot At Boys & Girls Village

Boys & Girls Village Inc. has appointed Milford resident Daniel French as vice president of educational and vocational services. In his new role, French will lead a multidisciplinary education team of professionals with a common goal of student success.

Boys & Girls Village is a provider of mental health treatment, permanency planning and educational services to Connecticut's most vulnerable youth and their families.

French joins Boys & Girls Village following an almost 30-year career with Cooperative Education Services in Trumbull and as the director of the Emotional Disabilities Unit for 20 of those years. He was the chief architect of the school program for students with emotional disabilities, which serves approximately 200 students a year.

French is an adjunct professor at Sacred Heart University and has mental health experience in both inpatient and outpatient settings. He has published several journal articles pertaining to the education and treatment of adolescents with emotional and behavioral disorders and has been on the editorial review boards of several psychology journals.

"Daniel's strong professional background will continue the growth of our Charles F. Hayden School, and our robust vocational programming," said Dr. Stephen Kant, CEO of Boys & Girls Village. "His leadership will enable our students to realize their fullest intellectual and personal potential. We look forward to seeing his impact both

on campus and as our students interact with the community in vocational and volunteer opportunities."

French received his master's degree from Boston College and his Ph.D. in clinical and school psychology from Hofstra University. In addition, he is certified by Connecticut's Department of Education as a school psychologist and a school administrator. He is married with two children.

"Having spent the past 30 years working in southwestern Connecticut, I am well aware of the outstanding services provided by Boys & Girls Village for children and adolescents in our state," said French. "I am delighted to be joining the team and very much looking forward to the work that lies ahead."



Daniel French. Photo courtesy of Boys & Girls Village.

## Orange Economic Development Corporation Holding Golf Tournament

The Orange Economic Development Corporation will be hosting its 13th Annual Golf Tournament on Tuesday, Sept. 10 at a new location at Race Brook Country Club, located at 246 Derby Ave. in Orange.

This year the OEDC will partner with the Connecticut Burns Care Foundation and the Rape Crisis Center. A portion of proceeds will be donated to each charity.

OEDC Executive Director Annemarie Sliby said, "We feel this will create additional excitement for our golfers and provide needed support to these two wonderful charities."

Check-in begins at 11:30 a.m. Players will receive tournament gifts, purchase raffle tickets, have a 10-minute chair massage and

grab lunch while waiting for the shotgun start at 12:30 p.m. The tournament price is \$225 per golfer and includes 18 holes of golf with cart; a tournament gift; lunch at check-in; snacks and drinks on the course; contest awards (closest to the pin, longest drive (men and women) and hole-in-one); cocktails and dinner in the dining room; massages (provided by Massage Green); cold drinks (provided by Orange Ale House & Grill); and cigars (provided by Orange Cigar & More).

The OEDC is accepting player registrations and tee sign sponsorships. Accommodations of singles, doubles and triples can be made. Call 203-891-1045 or register online at OrangeEDC.com/Events\_Activities.

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# Obituaries

Full obituaries and pictures (if provided) of the deceased are on our website at [www.milford-orangetimes.com](http://www.milford-orangetimes.com) and are published at no cost to residents of Milford and Orange.

**Jane B. Aspden**, age 88, of Milford, CT, passed away on Monday, July 8, 2019.

**Nancy Angelina Agostini Baldwin**, 89, of Orange, CT, passed away on July 31, 2019.

**Marie A. Barretta**, 76, of Orange, passed away on July 23, 2019.

**Judith A. Kelly Brown**, age 79, formerly of Milford and Orange, CT, passed away July 13, 2019.

**Gene "Gino" Caccavale**, age 75, of Orange, passed away July 5, 2019.

**Jean F. Savage Collins**, age 84, of Milford, passed away Saturday, July 13, 2019.

**Henry G. Cooper**, age 88, of Milford, died on July 16, 2019.

**Ernest "Ernie" D. Costa**, age 84 of Milford, passed away July 18, 2019.

**Seelawathi Anula Dawlagala**, 96, of Orange, passed away on July 21, 2019.

**Fortunato "Fred" DePonte**, 86, of Orange, passed away peacefully on July 2, 2019.

**Sebastiano "Benny" Faustini**, age 54, of Orange, passed away on August 1, 2019.

**Kenneth "Kenny" Flickinger**, age 75, passed away on Tuesday, July 9, 2019.

**John A. Frey**, 98, formerly of Orange, passed away on July 13, 2019.

**Helen "Bebe" (Anderson) Gallipoli**, age 86, of Milford died on July 15, 2019.

**Dorothy C. Gaudreau**, 99, of Milford, passed away on July 3, 2019.

**Esther P. Grant**, 89, of Milford, passed away on July 18, 2019.

**Maria (Marie) S. Grignano**, 97, of Orange, passed away on June 21, 2019.

**William Joseph Heckler**, age 97, of Milford, died on Friday, July 19, 2019.

**Joshua Landon Hermanns**, 25, of Bridgeport, passed away on July 22, 2019.

**Norman E. Hurwitz**, 86, of Orange, passed away on July 29.

**Gail Ann Inman** passed away on Tuesday, June 25, 2019.

**Henry H. Jaensch**, age 93, of Milford passed away, on July 6, 2019.

**Roger Edward Johns Sr**, Age 83, of Milford, CT died peacefully on July 6, 2019.

**Ruth Anne Johnson**, age 76 of Orange, passed away July 30, 2019.

**Magdalene (Madie) Lane**, 94, of Milford, passed away on July 3, 2019.

**Christine Callens Lewis**, 63, of Orange, passed away July 18, 2019.

**Robert W. Lubbers**, of Milford, passed away on Tuesday, July 9, 2019.

**Mary Ann Lumpinski**, 86, of Milford, passed away on July 20, 2019.

**Anna Annunziata Vecce Malangone**, age 79, of Milford, passed away on July 29, 2019.

**Patricia A. Marenga**, age 72, of Orange passed away on July 23, 2019.

**Kenneth F. Martino, Sr.**, 88, of Orange, passed away peacefully on July 12, 2019.

**Kevin M. Mingrone**, age 63, previously of Milford, died on Friday, June 7, 2019.

**Michael Paul Mizzone**, age 57, of Orange passed away on July 15, 2019.

**Mildred Pinto Mooney**, 86, of Orange, passed away on July 23, 2019.

**Wilma Moore Stott**, 97, of Milford, passed away on July 14, 2019.

**Magdalena "Taraskevich" Moscato**, 89, of Orange passed away on July 18, 2019.

**Edward S. "Murph" Murphy**, of Milford passed away July 21, 2019.

**Virginia Lee Murray**, age 67, of Orange passed away on June 23, 2015.

**Winnifred Dahlgard Pannebaker** died July 6, 2019.

**Lynn Ann Povinelli**, age 51, of Milford, passed away on July 23, 2019.

**Lorraine Marie Puvogel**, age 71, of Milford, passed away on July 19, 2019.

**Florence M. Roberts**, 104, of Orange passed away.

**Alba Elizabeth Roessle**, 82, of Milford, passed away on July 17, 2019.

**Frank "Clark" Woodruff Rogers II** of Orange passed away.

**Leslie E. Rushworth** passed away on Monday, July 15, 2019.

**Thomas G. Scanzillo**, age 87 of Milford, passed away on July 31st, 2019.

**Elizabeth "Betty" Joan Vaicekaskas**, 90, of Milford, passed away on July 24, 2019.


**Robert Dewitt Vosburgh, Jr.** passed away on July 15, 2019.


**Harry Homer Way**, 85, passed away on July 25, 2019.

**Robert J. Whelan Jr.**, died July 16, 2019, at the age of 62.

**Frank K. Zold**, age 78 of Orange, passed away July 29, 2019.


  
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