

Milford-Orange Times

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Orange Explores Ancestors Through 'Grave Matters'



A cast of local actors told stories of Orange's ancestors during July performances of "Grave Matters - Early Voices," researched and written by Pat Miller and Trish O'Leary Treat, drawing from town histories written by Mary Woodruff, Harry Jones and Marvin Jamron, as well as documents from the Orange Historical Society. The cast included Jan Daddona, Linda Martin, David Ortoleva, Jacqueline Koral, Paul Templeton, and John Miller. Incidental music was selected and performed by Betsy Anderson Malone. Pat Miller directed. Photo by Lexi Crocco.

Orange Has Uptick In Bear Sightings

By Brandon T. Bisceglia

Orange has issued an alert to residents about a spate of bear sightings around town in the last few weeks.

"Many residents have been calling and reporting black bear sightings in their neighborhoods," the notice said, directing residents to visit the state Department of Energy and Environmental Protection's website on living with black bears.

One bear was filmed on July 13 in a tree near a home on Ridgeview Road in Orange stealing a bird feeder.

The bear population in Connecticut

has been steadily rising over the last few decades after being eradicated, mainly because of deforestation, in the nineteenth century. As the number of bears has grown, so have encounters with humans.

The DEEP has a form on its website for people to report bear sightings. In 2021, only one sighting was reported from Orange; there were none in neighboring Milford. Woodbridge, on the other side of Orange, reported 12 sightings last year. Out of Connecticut's 169 municipalities, 156

Continued on page 2

Primaries Coming In August

By Brandon T. Bisceglia

Republicans and Democrats in Milford and Orange - and across the state - will have the chance on Aug. 9 to decide which candidates they want to represent their party going in the November general elections.

They will only have choices for two state offices, though. For Democrats, those positions are secretary of state and the treasurer. For Republicans, the positions are secretary of state and US senator.

That limited selection is due to the fact that so few endorsed candidates are being challenged by members of their own

party, despite the fact that all six statewide constitutional offices, all US House members, one US senator and all state legislators are up for election this year.

The state legislators who represent parts of Milford and Orange - state Reps. Charles Ferraro, Kathy Kennedy, Frank Smith and Mary Welander, as well as state Sen. James Maroney - are all running for reelection this year, and none have primary challengers on the ballot.

Gov. Ned Lamont is up for reelection

Continued on page 26

Milford P&Z Updating Some Land Use Regs

By Brandon T. Bisceglia

The Milford Planning and Zoning Board at its July 5 meeting considered changes to several of its regulations restricting how residential properties could be developed, with two updates ultimately passed and a third relayed to a subcommittee for further consideration.

The first change that passed removed language that did not allow garages larger than 600 square feet to be built on residences' properties without consideration for the size of the resident's house.

City Planner David Sulkis explained that the original language had been added to the regulations because people were at one time building garages that were sometimes twice the size of their homes.

"The downside of the regulation as it is currently is that you may have a very small house, and it might be on a small piece of property, and under this regulation you might not actually be able to build a garage even though you may have the land to do so," he said.

Board member Robert Satti said he

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Milford Chamber Honors 'Best Of'



The Milford Regional Chamber of Commerce held its first annual celebration of the "Best Of" winners for the Milford region on July 18 at Lisman Landing. Bin 100 Restaurant won multiple awards, including for Best Restaurant Overall, Best Catering, Most Romantic Restaurant, Best Upscale Bar and Best Wine Selection. From left: Judy Messologitis, Elena Fusco, Jeff Alstrup, Michelle Brennan and Andres Sarmiento. Additional photos on page 23. Photo by Steve Cooper.

Fireworks Go Up For Orange's Bicentennial



Children played at the High Plains Community Center fairgrounds in Orange on July 9 during a concert and fireworks display in honor of the town's bicentennial. Additional photos on page 14. Photo by Lexi Crocco.

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A Look Back By Priscilla Searles



Orange sesquicentennial parade participants in 1972 ride penny farthing bicycles. Photo courtesy of Priscilla Searles.

As we continue to celebrate Orange's bicentennial, some of us are reflecting on Orange's 150th birthday celebration. Crammed into one week, events included a variety of activities such as a theatrical production, soap box derby, a giant hot air balloon (tied down in back of Mary L Tracy School), a parade of babies and toddlers in appropriate costumes, men seeing how long they could grow their beards, Keystone Cops holding court...the list goes on. As much fun as the celebration was, there's something to be said for spreading events out over months.

look at the bike tells you how hard it is to get on and off. As to riding it, I'll watch, thank you.

If you have a vintage photo of Orange and are willing to loan it to Town Historian Priscilla Searles, contact publisher@theorangetimes.com. All photos on loan will be scanned, with the scan becoming the property of the Orange Historical Society. Originals will be returned to the owner.

Priscilla Searles is the Orange Town Historian.

The 150th birthday week ended with a giant parade that went from Orange Center Road to the Boston Post Road, then back to Orange Center Road via Old Tavern Road. I can't image the swear words that would be uttered if Orange tried to close down the Post Road today. A special prize should have been given to the riders of the penny farthing bicycles. Invented in 1870, the name came from the idea that the wheels resembled two coins, the penny and the farthing (a former British monetary unit equal to one fourth of a penny). One

Milford P&Z

(Continued From 1)

thought the board should hold back in light of changing state statutes regarding accessory units until members had a better handle on the details.

"I think that we're moving ahead on this too quickly. We don't need to do it right now. We should determine what the state law is," he argued.

The change passed 5-4, with Satti in the minority.

A second change adopted a moratorium on certification of lots from prior to 1929, the year when the state began requiring subdivision standards. Before that property owners could subdivide at will, and often created multiple small lots that way. Later in the century many of those small lots were merged and developed as larger parcels. The problem, Sulkis explained to the board, is that now claims were coming in from developers trying to break up those larger parcels into their small pre-1929 pieces.

"Any lot that was created before 1929, which would be probably several thousand lots," he said, "could potentially come in and ask to do this."

One sticking point was the length of the moratorium. Sulkis said six months was a reasonable time. Satti suggested an end date in late November, but said he would vote against it regardless. He was joined by Etan Hirsch in opposition, but the measure passed with all other members in favor.

The final regulation change under consideration was driven by recent changes to state law that will allow for the building of accessory dwelling units on residential properties as a matter of right. The state law was an attempt to increase the stock of affordable housing in Connecticut by overcoming some local restrictions on the building of things like "in-law" apartments.

Other towns, including Orange, are also grappling with the implications of the new law.

Several members of the public spoke about the change – most of them in favor. Therese Eke said her two grown children both worked full time but could not afford to live in the city.

"They went to school here. They grew up here. I would love for them to be able to live in Milford, but they can't afford it," she said. "It strikes me that this is the kind of thing that's going to make it possible for young people and older people to live someplace, save up some money, maybe buy a home."

Ultimately, though, the board felt it did not have a firm enough grasp of how the city regulations might be affected by the state law and which updates were worth adopting. Chairman Jim Quish, at the recommendation of other members, moved the matter to the Regulation Subcommittee with a 30-day deadline.

If the board does nothing, the state law will override Milford's current regulations. The full board has until Jan. 1 to make a decision.

Bears

(Continued From 1)

reported bear sightings. The vast majority continue to be in the northwest portion of the state, where populations have been established the longest.

Black bears are rarely aggressive toward people, but can lose their fear of humans if they find a ready food supply on peoples' properties. Wildlife officials recommend taking measures to reduce bear attractants, such as keeping garbage locked up inside and taking bird feeders down from late March to November.

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Facing Ourselves

Equal Rights For Women Still Being Debated

“With liberty and justice for all.”
 These are the words to which we pledge our allegiance. But how faithful are we to our pledge? Many point out that the Constitution was built in the image of its creators, none of whom were women or people of color, and many of whom considered enslaved people to be their property. It is not surprising then that the ensuing years have been marked by an ongoing struggle for rights equal to those which have been historically granted to white men.

Take, for example, the Equal Rights Amendment. First introduced in 1923, the ERA states, “Equality of rights under the law shall not be denied or abridged by the United States or any state on account of sex.” Although the ERA was passed in 1972 by both the US House and Senate, before it could be officially ratified as the 28th Amendment to the Constitution it had to be ratified by three quarters of the state legislatures – with a deadline of 1979.

During the 1970s, women continued to fight discriminatory practices such as being fired for being pregnant or overcoming obstacles to getting credit cards. Despite this, three quarters of the states failed to ratify the ERA by the deadline. That deadline was extended to 1982, but still an insufficient number of states had ratified the ERA by then.

It would take almost 40 more years before the required minimum number of states had ratified the ERA.

Under the Trump administration, the De-

partment of Justice deemed that the process needed to start from the beginning in order to officially make the ERA the 28th Amendment, because the 1982 deadline had not been met. In February 2020 and March 2021, the US House of Representatives passed a bipartisan resolution to remove the deadline to ratify the ERA and allow the ERA to become the 28th Amendment. However, Republicans filibustered in the Senate, blocking its passage. There was no support for the ERA by any male Republican senator.

Presently, the Archivist of the United States, whose duty is to certify that a proposed amendment is valid, has yet to certify that the ERA is officially part of the Constitution. As a result, state attorney generals have sued to demand certification and publication of the ERA by the Archivist.

In the meantime, resistance to the ERA remains. There are still several states that have yet to ratify the ERA. More sobering is the reality that multiple states have actually attempted to rescind their prior ratification. Others argue that the protections offered by the ERA are extraneous, as there is some protection for women already provided under the equal protection clause of the 14th Amendment. Furthermore, many assert that ratifying the ERA could be a disservice to women, as it could result in a



JENNIFER JU

kind of “sex-blindness” that could terminate protections afforded to women due to their gender, such as Title IX.

However, others point out that the ERA is vital, stating that the equal protection clause and the 14th Amendment offer less protection to women than that given to race, religion or national origin. Many are frustrated that gender equality in the US still lags behind the vast majority of the countries in the United Nations that have already constitutionally secured rights for women similar to those outlined in the ERA.

Supporters cite the importance of the joint House resolution, which declares that the ERA “provides a stronger constitutional basis for combating sex discrimination and provides Congress with more authority to enact laws that ensure gender equality” and that the ERA “would not allow for sex discriminatory laws and policies and could go beyond the protections that the 14th Amendment currently offers.”

After weighing the viewpoints of its opponents and supporters, you may wonder whether the ERA is much ado about nothing. Although the ERA was introduced 100 years ago, with ongoing efforts over the past 50 years to ratify it, progress in gender equality has nevertheless been made. Do we need the ERA if we are able to pass laws which support equality?

Without a more permanent protection available via the Constitution, our rights can be more easily revoked, as can be seen in the recent Supreme Court decision overturning the long-standing precedent of Roe v. Wade.

As Congresswoman Carolyn Maloney said, “I spend half my time in Congress fighting to hold on to what we already have, resisting efforts to roll back gains we’ve already made.” She added, “With women’s rights in the Constitution, we wouldn’t be dependent on who’s in Congress, who’s on the Supreme Court or who’s in the White House. Our rights would be protected.”

Recent events suggest that Constitutional protections are more urgent and relevant than ever. After all, justice is not blind. It is subject to human bias, beliefs, prejudices and agendas. We must ask ourselves: who are we as a people? What principles are foundational to who we are? What is too important to leave to chance?

Jennifer Ju, MD is a physician who is a graduate of the Brown University family medicine residency program. She is also an actor and writer who has performed in various theatres across the state and whose plays have been produced locally. Ju has also presented numerous online and in-person workshops on mindfulness, health and wellness for parents and children, as well as for pre-K-12 educators in New Haven and Fairfield counties.

Recycling Tip: Paper And Plastic Film Glued Together?

By Loretta Smith

Have you received manila envelopes with a plastic bubble lining? Or corrugated paper with an aluminum-looking cover used to keep food

cold when shipping?

What should you do with these? I suggest you reuse the manila envelopes. Just cover your address on the front with a label and put your addressee’s name on the label. Every time I re-

ceive such an envelope, I toss it in a cabinet and reuse it when I need one. At one time I had a decent collection of eight to 10, but I’m down to three now. And I haven’t bought any in years.

As for the paper-aluminum cover, I found

I could just peel off the cover. I’ll recycle the paper and search how to dispose of the “aluminum.”

For more, visit orangerecycles.com or [facebook.com/ORCinCT](https://www.facebook.com/ORCinCT).



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Opinion & Editorial

Enjoying Summer Safely



STATE REP. (D-114)
MARY WELANDER

We're well into the summer season, and I hope you have had the chance to enjoy it. With the longer days, hotter temperatures and more people spending time outside, I wanted to share a few tips and resources to stay safe and have fun.

Summertime is s'mores time (at least in our house). This means camping and outdoor fires with family and friends. When making a fire outside, always be sure to have a bucket of water on hand to douse the fire, and make sure it is completely out at the end of the night. As of July 14, the entire state is in a stage 2 drought. Even a small spark can start a fire on dry grass or brush.

In light of the drought, residents and businesses are asked to voluntarily take the following measures to aid in minimizing strain on water resources: reduce automatic outdoor irrigation; postpone the planting of any new lawns or vegetation; minimize overall water use by fixing leaky plumbing and fixtures; and follow any additional conservation requests issued by water suppliers or municipalities.

We have already experienced extremely hot temperatures, and our communities have responded with cooling stations to ensure that residents can get out of the heat safely. You can sign up for town alerts or call 211 or visit 211.org for available cooling areas across the state.

Warmer weather means more people will be walking or biking on our roads, especially in the early morning and evening hours when it's cooler but visibility is lower. One concern that I have heard from constituents across the district is about road safety. Connecticut has seen an unprecedented increase in road fatalities and injuries to pedestrians, cyclists and riders in addition to standard vehicle accidents and fatalities. Our own community recently saw the loss of Chance Thompson, 19, who was struck by a vehicle while walking.

We can all do our part to prevent any further tragic losses by following general guidelines when driving: follow posted speed limits and be aware of tailgating practices – give yourself space to react to unexpected road situations; don't drive distracted; and don't drive impaired.

The National Highway Traffic Safety Administration offers comprehensive information on safe driving tips and how to prepare for road trips this summer at nhtsa.gov/summer-driving-tips.

Excluding boating accidents, an average of 10 people die from drowning every day in our country according to the National Safety Council. The headline on the council's water safety page says it clearly: "Drowning: It Can Happen in an Instant."

Drowning incidents overwhelmingly happen in residential areas. While drowning deaths peak among 1 and 2-year-old children, drownings continue to be the second leading cause of preventable death through age 15. Make sure that at least one adult is the dedicated "water watcher" and rotate on a regular schedule so there is no observational fatigue.

For more information or to share concerns, please email me at mary.welander@cga.ct.gov.

Supporting State Businesses



STATE REP. (R-117)
CHARLES FERRARO

In my tenure as your state representative, I have always made it a priority to support the business community in our district by making our state a friendly home for enterprise. When the Connecticut Business & Industry Association released its 2022 legislative scorecards, I was pleased to receive a 100 percent. A perfect score from the CBIA is a great honor and a testament to our hard work to support Connecticut businesses in the state legislature. I want to provide some highlights of important business legislation from this past session.

To address labor shortages plaguing vital industries like trucking, the General Assembly unanimously passed legislation which expands the commercial driver's license training qualifications. Public Act 22-10, signed into law by the governor, creates a CDL training program in state prisons for qualified incarcerated individuals within six months of their release. This program will educate individuals for the knowledge portion of the CDL exam, preparing them to complete the practical exam and obtain their CDL. This both facilitates the reintegration process for incarcerated individuals and alleviates labor shortages in one of Connecticut's largest industries.

I additionally supported legislation which removed barriers in occupational licensure for individuals with a criminal record. This was signed into law by the governor as Public Act 22-88. In Connecticut, labor shortages are handicapping many businesses' ability to fully staff and provide their full range of services to customers. These businesses should not have to also suffer from the limitations induced by occupational licensure. This legislation is another great step towards reintegration and removing some of the red tape hampering our business community.

The pandemic included a series of difficult hurdles for businesses, but also for employees who were negatively affected. Through Special Act 22-22, the state Department of Economic and Community Development will create and implement a post-COVID-19 women's return to work plan. This bill received unanimous support in both the House and Senate.

Even with some of the progress that we made to foster a better business environment in Connecticut, many business owners still struggle with rising costs due to inflation. I believe that to properly bolster the business community and make our state a place where they can thrive, we must set our sights on issues which make Connecticut more affordable as well. We will continue to do this in future legislative sessions.

Please continue to reach out to me at Charles.Ferraro@housegop.ct.gov with your questions and concerns regarding state issues.

When Will Wallet Squeezing End?



STATE REP. (R-119)
KATHY KENNEDY

I have been unable to escape the surging costs that haunt our community at all levels, from a stop at the local gas station to purchasing a dozen eggs. It is safe to say that recent inflation has affected virtually all our friends and neighbors, with very little sign of relief.

While flipping burgers at my Fourth of July family barbecue, I asked myself how we can better prepare to tackle our next "pocketbook pressure."

I guess it's something about the sweet aroma of a summer barbecue that inspires political thought, as Rep. Charles Ferraro and I engaged in hours of open and effective discussion with Orange residents last month at our post-session cookout. Between the concerns raised about financial insecurities motivated by the 23 percent diesel fuel tax hike on July 1 and wondering how folks will pay for rising utility, water and insurance costs, it was clear: all taxpayers are hurting.

Inflation has now trickled into health care costs. The Connecticut Insurance Department announced 2023 proposed insurance rate increases that could potentially rise 20.4 percent for some individual plans and 14.8 percent for certain group-market plans. With this proposed rate increase, Republicans have called for an open public hearing to encourage constituents to voice concerns over yet another pocketbook pressure.

Families are already making unprecedented sacrifices when shopping for essential goods, yet legislative Democrats did not take the opportunity in the most recent legislative session to repeal the highway use tax or consider our plan to provide meaningful financial relief to businesses and residents. So what's next? Electricity, water, heating oil? As we reach the peak of summer, we must prepare ourselves for the long run.

As some of my colleagues across the aisle celebrate how gas prices are no longer triple, but only double what they were over a year ago, I am unfortunately anticipating the future effects of inflation that should have been addressed in the majority party's state budget adjustments. I will continue to advocate for the use of the state's historic \$800 million surplus to help Milford and Orange families.

I strongly believe that we should be using the money in the state's overflowing coffers to reduce the sales tax from 6.35 percent to 5.99 percent as well as suspend the 1 percent meals tax on prepared foods, which would provide \$212.1 million in tax relief. Additionally, energy costs could be mitigated by providing \$40 million in assistance to help offset the cost of rising prices, which have more than doubled in the past year.

For more ways on how we can make Connecticut more affordable, visit AffordableConnecticut.com, share your voice, and hold your government accountable.

As always, please contact me should you have any questions about this important issue or concerns on any other topics relating to state government at Kathy.Kennedy@housegop.ct.gov or at 800-842-1423.

Building Better Futures



STATE SEN. (D-14)
JAMES MARONEY

At a recent telephone town hall, a gentleman asked me what the difference is between an expense and an investment. This may not be as easy of a question as it would seem.

The answer is often in the eye of the beholder. Many people consider their home an investment. But Robert Kiyosaki, author of Rich Dad, Poor Dad, famously said that the house you live in is not an investment, rather it is an expense.

After some thought, I answered that an investment is an expenditure that yields some sort of return or savings greater than the money expended.

I believe that the gentleman asked the question because I referenced the historic investments we made in early childhood education this past legislative session. I am proud that in our recent state budget we invested \$150 million into early childhood education. It is the largest investment that the state has ever made.

This comes at a critical time, as many economists are attributing some of the decline in workforce to a lack of availability of child care. There are 24,000 fewer children enrolled in early childhood education than before the pandemic, and it is not because of a decline in the number of children. Unfortunately, some of it is because of a lack of available teachers, so the centers cannot handle as many children.

Investing in professional development and paying early childhood education teachers has two benefits. First, it ensures that our children are receiving high quality early childhood education. Studies show the return on investment of between 7 and 10 percent, with some studies showing it as high as 13 percent. In fact, according to the National Forum on Early Childhood Policy and Programs, high quality early childhood programs can yield a \$4 to \$9 dollar return per \$1 invested.

The second benefit of hiring more teachers is that it opens more child care slots so that we can enroll more children, allowing more parents to return to the workforce. A win-win.

However, we know that children are more than just numbers. They are our future, and when we try to quantify the benefit of providing high quality early childhood education, we sometimes forget that the real impact is on individuals. Access to high quality early childhood education can change the trajectory of someone's life.

We know that earlier interventions can be curative, rather than palliative. In fact, a study in Salt Lake City found that by starting with children earlier, they are sometimes able to make the interventions necessary so that a child will not require special education services in the future.

One question, then, may be which interventions yield the best results and how do we track those outcomes. This is an area I am researching and planning on proposing future legislation around. I am working with some of my fellow senators to create a "building better futures" fund, so we can invest in both our children and our collective future.

Opinion & Editorial

Ponder This

What Can We Learn From The Tour De France?

Each July I eagerly look forward to following the press coverage and viewing parts of the Tour de France.

Set mostly in France, this premier cycling race covers a distance of over 2,000 miles with elevations of up to 48,000 feet, or 9.5 miles above sea level. The race consists of 21 long stages over a 23-day period with only two days of rest. The race is a beautiful spectacle of the French countryside through both the Alps and the Pyrenees into Spain. An aura of peace and calm emerges from the stunning photography of the scenic area despite the excitement of the race.

This year's Tour de France race started in Copenhagen, Denmark on July 1, coursing over routes alternating clockwise and then counterclockwise, ending at the Champs-Élysées in Paris on July 24. It was an exciting event with many surprises and spellbinding sub-competitions within routes of the many stages.

The overall winner accomplishing the lowest overall time for the complete tour was Jonas Vingegaard of Denmark, who took the grand prize and yellow jersey away from the reigning two-time champion, Tadej Pogacar of Slovenia representing the Team

United Emirates.

The cycling tour is the world's largest annual sporting event and considered a grueling competition. One does not have to be a cyclist to appreciate the speed and agility of the participants. Racers cycle over flat, hilly and steep terrain with precipitous declines. Some race stages have speeds of 60 miles per hour on declines that make viewing a thrilling experience.

It took years of watching to learn the vocabulary and strategies of the race. My interest in the Tour de France developed through a family member who had knowledge, interest and experience as a cyclist, who guided my novice viewing with explanations of terms and strategies. The race is appreciated more when one understands that "slipstreaming" is riding on the wheel of the cyclist in front to reduce wind resistance. The stages come alive and never seem boring, as some casual viewers may conclude.

What intrigues me most is the strategic planning that is evident during the race. Yes,



ELLEN RUSSELL BEATTY

the Tour de France is an individual sport with the best riders in the world accomplishing amazing feats. But it is also a finely tuned team approach. A success is celebrated when only one member of an eight-person team earns the particular prize and stands on the podium.

Certainly, the race is a trifecta of athletic ability, skill and endurance that is an absolute marvel to witness. But it is also a study in strategic planning and execution

that is intriguing and worth examining. The team prepares for each stage of the race by assessing the strengths and weaknesses of the riders in relation to the particular route of the day. The team forfeits individual acclaim to assist and bring the individual winner to completion of that goal. This represents a team culture that thrives on dedication to the whole and sacrifices individual needs to the greater good.

The Tour de France Femmes is launching an inaugural race that begins at the end of the men's tour. There is finally a multi-stage professional tour de France for women. There is

still more to do in regard to equity in prize money, media coverage and support that brings prestige.

For its 120-year history, the Tour de France was mostly only men. There is an interesting history of barriers placed by the organizers to keep women's cycling in a less than equal position and outside of the foreground. Now is the time for investors to enhance support for women's cycling and women's sports in general.

It is an exciting time and attention should be paid to the Tour de France Femmes.

Dr. Ellen Russell Beatty served seven years as Associate Vice President of Academic Affairs at Southern Connecticut State University, and also served as interim Academic Vice president, Dean of Health & Human Services and Director of Faculty Development. In addition to the broad perspective and a multitude of skills required of high-level administrators, her areas of special expertise lie in strategic planning, accreditation, assessment and planning and budgetary allocation.

Letters to the Editor:

Send us your letters to the editor with no more than 350 words to editor@theorangetimes.com. Include your name and full address; only your name and town will be published.

Bicentennial Family Dinner Thanks

To the Editor:

We want to express our gratitude to the organizations and individuals who generously donated their services and time to help make the bicentennial family dinner on June 25 a success. There were 704 attendees who enjoyed the delicious and beautifully presented dinner catered by Mission BarBQ, the bicentennial cake and desserts created by Julia's Bakery and the Dip Top ice cream saucers.

Thanks to the Orange Rotary Club for underwriting the cost of the ice cream and providing volunteers for the ice cream station; to Ron Emerthal and Jessie Simone for delivering the 750 ice cream saucers; to the Orange Lions Club for their volunteers at both the ice cream and dessert stations and elsewhere; to Jeff Chandler for setting up the dessert tables; to the Orange Garden Club for wrapping and preparing the orange marigold centerpieces donated by Jim Zeoli and Shamrock Farm; and to the Orange Community Women and the Orange Community Women Juniors for volunteering in multiple areas. Special thanks to Jessie Simone and Orange Youth Services for underwriting and scheduling Painted You, the professional face painters.

A huge shout out to Jim and Susan Ronai who organized and ran the children's sack races, three-legged races, egg and spoon races and relay races. (Thank you Christian Mortali and Rachel Holden at Townline Farm for lending us the sacks.)

Thank you to the Amity students and individual residents who volunteered, including David Ke, Ahmit Patel, Jennifer Liu, Jessie Zheng, Griffin Welander, Evelyn Welander, Deb Estok, Anna May Geipel-Pieger, Bob Sigler, Dee Chamberlain, Marianne Miller,

Ken Lenz, Mary and Jim Winkel, Donna Wesolowski, Matt Welander, Linda Bepuda, Pat and Bob McCorkle, Michelle Bailey, Patti Hollander, Cheri McNabola, Al and Patti Post, Freeman Demirjian, Miranda Demirjian, Jon Demirjian, Dean Proestakes, Peter Proestakes, John Proestakes, Kore Proestakes, Betty Hadlock, George Lesko, Jody Dietch, Mary and John Hudson, Karen Kriss and Pat and Ken Ziman.

Special thanks to Marsha Oliver and Lynn Plaskowitz for setting up and creating the photo booth area and props.

Of course, without Ann Denny, Lynn Plaskowitz and Pat O'Sullivan, none of this would have been possible.

**Polly Demirjian and Ginni Proestakes
Bicentennial Family Dinner Co-Chairs
Orange**

Bicentennial Committee Thanks

To the Editor:

The Bicentennial Committee wishes to express its sincere thanks to the volunteers and all those who have participated in making the "Summer of Celebration" such a huge success. Thank you to Michael Ulrich who created our logo. So far, we have held Founding Day, Restaurant & Business Week, lunch at the Bryan-Andrew House, Bicentennial Blooms flower show by the Garden Club of Orange, mud run, Parade & Family Dinner, golf tournament at Race Brook Country Club, the play Grave Matters - Early Voices by the Orange Players and Orange Historical Society, a Revolutionary War reenactment at the Bryan-Andrew House by the Lebanon Towne Militia, a town-wide scavenger hunt and tours of the Stone-Otis house by the Historical Society and tours of the gardens by the Garden Club.

There were many people that helped me organize the parade, especially Kevin Gilbert, Leo Moran and Lynn Plaskowitz who I would

not have been able to do this without her organization. I would like to thank the police department and CERT for helping with the parade and making sure all were safe. Thank you to Winkle Bus for providing transportation. Thank you to all the fire departments, bands, fife and drums, farm floats and tractors and organizations that marched in the Bicentennial Parade. Special thanks to Judy Wright Williams who was our grand marshal, leading off our divisions of families. After the Wrights were the Knight's, Clarks, Hines and Foyers.

Judy Williams also conducted historic interviews where people shared their memories of what it was like to grow up, live and work in Orange. Chris and Lauren Kelly have been doing a phenomenal job keeping up with recording the bicentennial events and getting them broadcast on OGAT and YouTube.

Everyone on the committee worked hard putting these events together, but a special thank you to Polly Demirjian and Ginny Proestakes, who organized the family dinner. Over 700 people attended the dinner catered by Mission Barbeque, Julia's Bakery and Dip Top. Thank you to all those who volunteered to help them that day, especially the Rotary Club of Orange, the Orange Lions Club and the Orange Community Women and Juniors. There were games, face painting, and Matica Circus for the children, as well as the Lunchbox Band performing on the gazebo for all to enjoy.

I hope everyone has enjoyed the two beautiful cows on display at the town hall. They were

the brainchild of Mary Shaw. Two talented residents, Kathy Sperry McGuire and Lindsay Marieb, have artistically painted the spring and summer cows. Be on the lookout later this year for the fall and winter cows. Each cow has scenes from each season displayed on them.

There has been something for everyone to enjoy, and there are events still yet to come including the goat walk and falcon demonstration sponsored by the Orange Land Trust, period crafters and blacksmith demonstration at the Stone-Otis House, as well as an Open Farms Day where you can visit four working farms in Orange. Check the Case Memorial Library website for events for children they have scheduled. The 1972 time capsule will be unearthed, and the items will be on display at the Orange Country Fair on Sept. 17 and 18.

I could go on thanking people, and I know I may have forgotten some names, but again my sincerest thanks to all. The committee and I could not have done it without everyone who volunteered.

**Patrick O'Sullivan
Chairman, Orange Bicentennial Committee**

MOT

Milford-Orange Times

Milford-Orange Times

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Senator's Seat: Sen. James Maroney

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Carolina Amore, Personal Experiences	Ben Gettinger, Probate	Michael Moses, Milford Chamber
Ellen Russell Beatty, Ponder This	Patricia Houser, Environment	Susan Oderwald, Senior Care
Cathy Bradley, Running	Thomas P. Hurley, Commentary	Trish Pearson, Insurance
Kathy Charbonneau, Orange Chamber	Jennifer Ju, Bias	Karen Quinn Panzer, Travel
Steve Cooper, Food	Barbara Lehrer, Real Estate	Priscilla Searles, Orange History
Rob Craft, Recovery	Dan May, Earth Science	PJ Shanley, Life Insurance
David Crow, Conversations	Marilyn May, Milford History	Loretta Smith, Recycling
Allison DePaola, Legal	Kevin McNabola, Orange Finances	Raymond Spaziani, Wine
Pat Dray, Gardening	Paige Miglio, Arts	Roger Tausig, Rotary
Jennifer Fiorillo, Mental Health		Michele Tenney, Wellness

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We Regret The Error

A letter to the editor on page 5 in the June 30, 2022 issue regarding unwarranted vilification of Amity incorrectly named Jody Dietch as the chair of the Orange Democratic Town Committee. Dietch is the former chair. The current chair is Polly Demirjian.

Your Health

Preventing Heat Related Illness

This has been an interesting summer so far as I listen to the national and global reports as well as medical advisories to prevent heat related illness. We are experiencing some record-breaking heat not just in the US but throughout various parts of the world, especially in Europe. We will be seeing more and more of these extreme weather swings in winter and summer.

According to the World Health Organization, "Population exposure to heat is increasing due to climate change, and this trend will continue. Globally, extreme temperature events are observed to be increasing in their frequency, duration and magnitude. In 2015 alone, 175 million additional people were exposed to heat waves compared to average

years."

There are both direct and indirect impacts from excessive heat. Some of the direct effects include dehydration, heat cramps and heat stroke. Excessive heat can also exacerbate respiratory, cardiovascular, kidney, psychiatric and other chronic diseases. If you are taking medications for high blood pressure, diabetes, kidney diseases or psychiatric illnesses, then you should avoid prolonged exposure to heat and hydrate adequately.

In terms of indirect impact, there can be increased risk of accidents like work-related injuries, disruption of infrastructure (power,



DR. AMIR
MOHAMMAD

water, transport) and increased transmission of food and waterborne diseases. Avoid going outside during the hottest time of the day, drink plenty of water or fluids (more than what you usually take in), keep your home cool, do not leave children or pets in parked vehicles, check on family, friends and neighbors and help others who have underlying health conditions. Don't wait to consult your doctor or health care provider if you feel unwell and are experiencing unusual symptoms.

The current situation is not a coincidence;

our public health and environmental science researchers have been warning us for years so we can take appropriate actions both individually and collectively. We need to protect ourselves and future generation by taking responsible actions. We are blessed; however, we must be responsible in our actions and avoid waste of water, food and other finite resources. More than half of the world doesn't have access to clean potable water or food. We must ensure that our state and national policymakers are enacting rules and regulations to tackle this global warming issue.

Be well and stay safe.

Dr. Amir Mohammad is the Director of Public Health for the town of Orange.

Insuring Your Future

Time To Speak Up About Health Insurance Rates

Insurance plans today are quite different from 10 years ago. Most plans carry deductibles of over \$2,000 per person and out-of-pocket maximums up to \$10,000. The number of people who are in debt due to medical bills has increased dramatically. To add insult to injury, the insurance companies in Connecticut have filed for double digit rate increases for 2023. According to the Universal Health Association, the average requested increase for individual plans on or off the exchange is 20.4 percent, and for small business plans it is 14.8 percent.

The companies did not decrease deductibles or out-of-pocket maximums, thereby adding to the potential drain on an individual's finances. Business owners must either absorb the increase in premiums or pass them along to their employees. Neither of these options is particularly attractive.

The insurance industry cites three reasons for the large increases. First, utilization is up. (Wasn't that the whole idea behind expand-

ing health insurance to all?) Second, COVID-19 caused a backlog in elective surgeries and tests that are now being done. Third, legislation was passed that requires richer benefits for people with certain conditions such as diabetes.

The Connecticut Insurance Department is currently considering these requests and is seeking public input. If these potential increases are okay with you, then do nothing. However, if you are like most people, paying higher premiums and then incurring upfront costs for medical care is not okay.

What you can do is register your concerns on the CID's website at Portal.ct.gov/cid and click on "Health Insurance Rate Request Filings for 2023." You can then see how much each company has requested and get an opportunity to comment on the specific compa-



TRISH
PEARSON

ny's plan. The deadline for commenting is July 31.

A second deadline is looming that would decrease the advanced premium tax credits that were extended to many because of the American Rescue Plan Act. This plan expanded eligibility for tax credits to individuals whose incomes was less than \$80,000 per year. For example, a 40-year-old making \$79,000 per year currently qualifies for approximately \$241 in tax credits toward a premium of \$581 per month for a silver level plan.

If ARPA is not renewed, then the income cap drops to \$45,000. Many people would fall off the "insurance subsidy cliff" and be faced with an approximately 59 percent increase in monthly premiums. This could result in people reverting back to rolling the dice on needing health care and dropping

their insurance plans. This would defeat the whole purpose of the Affordable Care Act.

The legislation to extend ARPA beyond 2022 will come before Congress sometime in early fall. It is important to let your congressional representatives know the impact it would have on you and your family. Contact Rep. Rosa DeLauro and Sens. Chris Murphy and Richard Blumenthal to register your concerns. All three of these legislators have been supportive of legislation limiting the cost of health care, but every story gives them the ability to make a stronger case.

A major medical event can be physically painful, but it should not be financially painful as well. Speak up and speak out.

Trish Pearson is a licensed independent insurance agent and certified long term care specialist. Contact her at 203-640-5969 or trishpearson281@gmail.com.

Real Talk: You Ask, A Pro Answers

Are You Waiting To See What The Market Will Do?

Just this week there were 93 homes on deposit in Milford and 30 homes on deposit in Orange, only counting single-family properties.

What we are witnessing is normal activity at this time. With hundreds of homes closing this year, the market is as strong as ever. But new inventory is what drives the system, so if you are thinking about selling now is the perfect time.

How many times have I heard buyers and sellers say to me that they are waiting to see what the market will do? They waited for the rates to go down – until they went up again. They waited for them to go down again. Then they waited for inventory – and now there is more inventory.

The professional explanation is that in certain price ranges we always have a buying frenzy. This means that some homes will always have multiple offers over asking price. For example, many prospects are in a lower price range than others, making those price points more competitive than others. Most mid-range buyers want a colonial if they have a family of four or more, which results in higher bids when inventory is low on that specific style.

What is the cost of staying put? Timing has always been the number one deal clincher, so you should have your finger on the



BARBARA
LEHRER

pulse of the inventory if you are even contemplating a move.

You might be saying, "If only the right home came along." If you can be ready for that opportunity when it presents itself, you will need to have all your ducks in a row. For instance, all finances will need to be situated and you will need to have the right mentality for the move coupled with reliable representation and help physically packing up. These are all necessary in order to surge forward.

You need to ask yourself: what am I waiting for? When the rates go down you can refinance, but why sit on feelings of uncer-

tainty when there are still tons of options? If you are a seller and the month-to-month statistics show that great properties are selling at reasonable prices, then think ahead. If you are a buyer wondering when to jump into the market, take a look at those statistics. Houses are selling like hot cakes, and our area offers the best convenience to the shoreline and much more. Ownership in that perfect place gives you predictable payments, appreciation, freedom to modify and your own private castle. Go for it.

If you need more information on these issues, email Barbara.Lehrer@cbmoves.com.

Just Floored

Tips For Selecting A Carpet

Transform your interior with beautiful new carpeting. Karastan's tips for selecting a carpet will help you narrow down what you're looking for. From color to loop pattern, these tips from Karastan cover everything you need to consider when shopping for the perfect carpet.

Build your new interior design from the floor up. Is your new carpet going to be the basis of your new interior design? Are you planning to integrate your new carpeting into your preexisting furniture and decor? Considering this and a few more factors will assist you in selecting a stylish, quality carpet that will last.

Before you decide on a carpet color, explore the possibilities. One of the easiest ways to transform the tone and aesthetic of a room is with color. Would you like your floors to recede into your design or make a statement? Consider the effect of bold colors versus the neutrality of earth tones.

The most beautiful and luxurious of all carpet fibers, wool is highly regarded for its strength, durability, and comfort.

Nylon, known for its outstand-



ANNAMARIE
AMORE

ing performance and durability, cashmere nylon carpets offer homeowners a refined, tailored texture.

Using advanced fiber innovation, SmartStrand carpets offer the highest level of beauty, comfort and performance available. In fact, it's the only carpet with permanent built-in stain and soil protection.

There are basically five common options when selecting the texture of your carpeting. Select from frieze, saxony, plush, level

loop and combination. Exploring the texture options of your carpet is best done in a retail showroom that has the brand.

Do you have a preferred carpet fiber type? I love both wool carpeting from Karastan due because it's perfect for your Connecticut home during the winter, as well as the SmartStrand carpeting. SmartStrand is a fabulous option for growing families with children and pets.

Annamarie Amore is founder/owner of A.A.I. Flooring Specialist. She can be reached at amoreinteriorsllc@gmail.com.

Orange Chamber of Commerce

Chamber Helps More Than Businesses

“Teamwork is the ability to work together toward a common vision.” – Andrew Carnegie

When most people think of a chamber of commerce, they think of it as an organization that helps local businesses, and this is absolutely correct. But what many people may not realize is how vital the chamber is to the whole community. We work to help businesses succeed, and this benefits residents on many levels.

Local businesses pay local taxes, which means more revenue goes back into town services. This additional revenue means more money for improvements to roads, schools and other town needs. Beyond tax revenues, many businesses give back through their charitable efforts and donations. These contributions help local nonprofits and other organizations that provide special services and resources for people in the community.

Residents, businesses, nonprofits and the chamber are all interconnected. We have common goals and strive to strengthen the

fabric of our town, preserving the character and traits that make Orange such a great place to live and do business.

Chambers of commerce that want to survive can no longer rely on the old-time ideas that once worked before the internet and social media. They need to evolve to function smarter and more efficiently while becoming an integral part of the entire community to serve all its stakeholders. With this in mind, the Orange Chamber of Commerce is developing a new membership program for residents to connect directly with local businesses and nonprofits through events, activities and special member-only offers. Your membership will be an affordable, fun, and important way to support the chamber’s efforts. Stay tuned for more details in the months ahead.

Bicentennial Brick Project – Time is



KATHY CONVERSE CHARBONNEAU

Running Out: What better way to give someone a permanent place in Orange history than an engraved commemorative brick? There has been such great demand for bricks that the chamber has expanded the number that will be installed in phase one. But time is running out. All bricks must be purchased by Sept. 23 so they can be installed around the gazebo at High Plains Community Center in October. A dedication ceremony is planned for early November. To order a brick, visit bricksrus.com/donorsite/orangechamberbricks.

Bicentennial Holiday Ornaments: The bicentennial holiday ornaments are in, and sales have been brisk, even though it’s only July. No matter what holiday you celebrate, these ornaments are a beautiful and festive way to remember this special town celebration. It’s a keepsake snowflake with the bicentennial logo in the middle, made of

quality die cast metal with intricate detail. It comes in a pretty silk bag, perfect for gift-giving. We have limited quantities and are not sure if we will be reordering, so get yours soon at orangechamber.shop.

Welcome to New Chamber Members: The chamber is thrilled to announce the addition of three new members this month: La Fonda Colombiana Bar & Grill, a restaurant with delicious Colombian food and a great atmosphere located at 200 Boston Post Rd.; The Vero at Orange, opening in early 2023, our town’s newest senior living community located at 197 Indian River Rd.; and Wells Fargo Bank, with a convenient branch located at 297 Boston Post Rd. We encourage you to get to know all of these great businesses.

Kathy Converse Charbonneau is the executive director for the Orange Chamber of Commerce. Contact her at 203-795-3328 or director@orangechamber.com.

Musical Tribute To Headline Gala For Orange Arts Nonprofit

Fairfield University’s Quick Center for the Arts will host “OH WHAT A NIGHT! A Musical Tribute to Frankie Valli & The Four Seasons,” on Saturday, Sept. 10 as part of the 20 Anniversary Evening for the Arts Gala, which benefits the Jamie Hulley Arts Foundation, a nonprofit organization dedicated to the educational enrichment and professional development of young artists and early career professionals. The foundation was created in the memory of Orange resident Jamie Elaine Hulley.

The tribute, a dynamic musical revue of hit songs, begins at 7 p.m. and is preceded by an Evening for the Arts reception at 6 p.m., which includes complimentary beverages, dessert bar and raffle preview.

“OH WHAT A NIGHT!” features family-friendly music, choreography, humor and instantly recognizable classic hits such as Big Girls Don’t Cry, Walk Like A Man, Can’t Take My Eyes Off You, Let’s Hang On, Who Loves You and many more. The gala also showcases

the talents of performers involved in the foundation’s programs at Square Foot Theatre in Wallingford, Amity High School’s Creative Theatre, Broadway Method Academy in Fairfield and Center Stage Theatre in Shelton.

The event benefits the Jamie Hulley Arts Foundation, and all proceeds from the gala are dedicated to scholarships, educational programs and community project sponsorships throughout Connecticut, especially in greater New Haven and Fairfield counties. Since the

foundation’s creation in 2002, over \$1 million has been awarded, impacting the lives of thousands of area youths each year.

Tickets are available through the Quick Center Box Office at 203-254-4010 and online at quickcenter.fairfield.edu. Tickets are \$45 in advance or \$50 at the door.

For information on the Jamie Hulley Arts Foundation, visit jamiehulleyartsfund.org, call 203-891-8869 or email jamiart@snet.net.

KMW Leisure's ON THE ROAD AGAIN!!!



Goodspeed Opera House

42nd Street: Wednesday, September 28th, 2022 \$130.00

Departs 10:30am – Returns approximately 6:00pm. Enjoy lunch at the Gelston House before this marvelous play. 42nd Street – the big, bright tap-dancing extravaganza – is coming to Goodspeed in a fresh, newly imagined production. This love letter to Broadway is the ultimate show biz fairy tale of the chorus kid who becomes an overnight star!

Christmas In Connecticut: Thursday, December 29th, 2022 \$130.00

Enjoy lunch at the Gelston House before this marvelous play. Based on the classic 1945 Warner Brothers. Smart Housekeeping columnist Liz Lane, a famous expert on marriage, cooking, and homemaking, is asked by her publisher to host a war hero for Christmas dinner at her renowned Connecticut farmhouse. The only problem? She can’t cook, she isn’t married, and she lives in a tiny New York apartment. Based on the classic 1945 Warner Brothers film, this World Premiere musical comedy is a delightfully cheerful way to celebrate the holiday season!

Ivoryton Playhouse

Great Gatsby: October 1st, 2022 \$130.00

Jay Gatsby, a self-made millionaire, passionately pursues the elusive Daisy Buchanan. NickiCarraway, a young newcomer to Long Island, is drawn into their world of obsession, greed, and danger. A beautifully crafted interpretation of the 1925 novel which defined the Jazz Age, SimonLevy’s play captures the breathtaking glamor and decadent excess of the 1930s. As always, lunch at the Blue Hound Cookery, is included.

Still coming, call for flyers & more information...

2 day 1 night "Fresans of Majesty in Brattleboro VT. Don't miss this wonderful little get away ahead come fall and incredible foliage and scenery on this also, almost a double tour!

And a yearly repeat is the NY Train Show @ the Botanical Gardens, an incredible day in NY with lunch on Arthur Avenue, time to shop "Little Italy" and spectacular Holiday decorations, shopping and Flowers. The Train Show is a yearly event and never duplicated, a MUST SEE at least Once and always sells out quickly.

Ring Of Fire: Sunday, August 28th, 2022 \$130.00

Departs 10:45am – Returns approximately 6:00pm
The Man in Black is Back! From the songbook of Johnny Cash comes this unique musical about love and faith, struggles and success, rowdiness and redemption, and the healing power of home and family. As always, lunch at the Blue Hound Cookery, is included.

AQUA TURF PRESENTS

The Jersey Tenors: Wednesday, August 10th, 2022 \$115.00

Departs 9:30am - Returns approximately 5:00pm Space limited!!!
A Musical Tribute to Frankie Valli & the Four Seasons!!!! The show consists of four young, hot Broadway veterans recreating the music and stories of the era. Delicious lunch with a family style menu: Garden Salad, Pasta, Chicken Parmesan, & Broiled Scrod Topping, Vegetable, Potato, Rolls, Dessert, Beverage.... Coffee and Donuts upon arrival!!!

In the Christmas Mood: Wednesday, December 7th, 2022 \$115.00

Departs 9:30am – Returns approximately 5:00pm Space limited, Call now!
The world-famous Glenn Miller Orchestra, the most sought-after swing band in the world. You will listen and dance to Moonlight Serenade, Tuxedo Junction, String of Pearls, and Chattanooga Choo Choo and many more. Delicious lunch with family style menu: Garden Salad, Pasta, Roast Turkey and Baked Ham, Vegetable, Potato, Rolls, Dessert, Beverage

Coming in 2023 big trips
Music Cities – March 10 to 17 includes, Nashville, Memphis, New Orleans
Great Smoking Mountains by Train: 4/15 to 4/24
Alaska Cruise: May 29 to June 10
Greek Islands Cruise: 10/7 to 10/17
California Dreamin’ : Monterey, Yosemite and Napa:
August 28 - September 4th 2023
Call for flyers and information!!!

Call Kathy at 203 891-9400
or email KMWLeisure@gmail.com
for more information about
our 2022 and future trips!



Foodie Foursome

Small Club Vibe On New Haven Ave

Three months ago Whiskey Tango Foxtrot, the sister restaurant to Hair of the Dog, opened on New Haven Avenue just before Pond Point Avenue in Milford.

We were there on a Tuesday night to enjoy the small club vibe and the “whimsical pub menu” that owner Sandra DeRosa Briggs and her partners have been recognized for.

On this night Cindy and I were joined by friends Mike and Dan in the dining room. We started out with appetizers and a selection of unique mixology.

WTF has a spacious bar area leading to a large dining room decorated with a rock n’ roll vibe and, on this night, live entertainment featuring Sasha & Gabe. There is also outdoor seating available, weather permitting.

The unique pub menu features three different selections of apps and entrees. Each one caters to either individuals, couples or groups of four or more. The drink menu features nine unique drinks. While they were

all wonderful, our favorite was “A Little Bit of Sandra,” made from caramel vodka, RumChata, Borghetti espresso and fresh brewed espresso.

Our first starter was called “50 first Dates.” The assorted seasonal cheeses and meats were served with pickled veggies, fig jam and focaccia crostinis – a creative and tasty charcuterie board. Next up was an awesome collection of tasty treats called “Jamie’s Fryin.” It included meaty and plump wings, tenders, corn cheddar, bacon and cheddar kegs and their signature pretzel bites with choices of sauces and melted cheese dipping sauce. While it was in the “couples” part of the menu, it would definitely be a great starter for hearty appetites or a small group.

Next up was a huge salad with a selection of mixed greens, bacon, tomato, cucumber, carrots, blue cheese, hard boiled eggs and



STEVE COOPER

red onion. The cobb salad, called “I’ll Have What She’s Having,” was served with grilled chicken and the restaurant’s very tasty house-made dressing. With the salad was “Yo Adrien,” a serving of rigatoni with vodka sauce, chicken parm sliders, sausage and peppers and cheesy garlic bread.

We began our entrees with a sizzling fajita featuring generous portions of chicken and steak with veggies, guac, pico de gallo and sour cream. The steak was perfectly done, and the chicken had a tasty marinade. Next we enjoyed “Up in Smoke,” a loaded nacho platter with bacon, chicken and a cheesy sauce engulfing the corn chips. The sauce was creamy but had great cling to the crispy chips. Everything is better with bacon, which, along with the chicken, was plentiful.

While we were more than content with the

gastronomic suggestions and by chef Jelissa Gonzalez’s menu creations, it was time for dessert. We decided on the “No Way Jose.” The bite-size poundcake cubes were soaked in tequila and fried. The outside had a nice crunch, while the inside was moist and tasty.

If you have been looking for a different place to meet friends, for a relaxed atmosphere, pub style food and a friendly, helpful staff, you need to check out Whiskey Tango Foxtrot. They are open Tuesday through Thursday from noon to 1 a.m., Friday and Saturday from noon to 2 a.m. and Sunday from noon to 9 p.m. They are located at 521 New Haven Ave., and you can make reservations at 203-283-7711.

Steve Cooper is a photographer and event promoter. He runs the Milford Performance Center.

Travel Matters

What’s Your Cruisin-ality?

A really important part of any vacation decision is whether it will be the right trip for you. As a travel advisor, I plan both land and sea vacations. For both first-time and repeat cruisers, I consult on what’s the best choice for you, based on what you like to do on vacation.

There is a ship out there for everyone, and a destination that fits your travel style. Whether you like to travel to the extreme or chill out and relax, there are cruises that fit every personality.

Check out some of these travel personalities and see which speaks to you.

The adventurer. If you like activities such as zip lining, jet skiing, scuba diving or rock climbing, my recommended destinations would include Alaska, Australia, Mexico, the Caribbean and Hawaii. Maybe your dining preference would be local eats or new cuisine. A morning routine might be a fitness

room or Zumba. I would recommend Royal Caribbean, Norwegian or Carnival for a lot of adventure action onboard.

The foodie. Do you like wine tasting, cooking classes and exploring restaurants? Some of the destinations you might enjoy are France, Italy, Spain and Vietnam. The ship to get you there might be Celebrity, Oceania or Regent Seven Seas. Each of these cruise lines appeals to connoisseurs of food and wine, and these destinations

abound in opportunities to dine at Michelin star restaurants or opportunities to savor the local cuisine.

The explorer. Activities you might enjoy include anything you can check off your bucket list. Where you should go: Antarctica, Galapagos, Africa or Asia. Your dining



KAREN QUINN-PANZER

preference might be exploring a local street market, and your morning routine might include yoga or a refreshing swim. Cruise lines you should try include Ama Waterways, Celebrity Flora, Seabourn, Silversea or Viking Expedition.

The family friendly traveler. Activities you might enjoy include swimming with dolphins, kids clubs and waterparks. Does your morning routine include getting everyone ready and checking your daily itinerary? Is your evening escape defined as dropping the kids at the kids club and enjoying a drink at the bar? Where you should go includes the Caribbean, Mexico or Florida. Consider trying Disney, Royal Caribbean, Carnival or Norwegian.

The couple. Are you looking to enjoy a ro-

mantic dinner for two or a couple’s massage? Does breakfast in bed after dancing under the stars the night before sound divine? If you are looking for a romantic getaway, try Fiji, Maldives or the Mediterranean. Get there by Azamara, Virgin Voyages or Oceania.

The relaxer. What you are looking for is relaxing at the pool on sea days and finding the best group excursions in the ports. You like to stroll the ship leisurely and take in everything it has to offer. You might consider the Caribbean or a transatlantic cruise with a number of sea days. If this is you, try Holland America, Princess or Regent Seven Seas.

Whatever you do, make sure you take a vacation.

Karen Quinn-Panzer is the owner of Dream Vacations Quinn Panzer Travel. She can be reached at kpanzer@dreamvacations.com or 203-647-3107.

Here’s To Your Health

Importance Of Pre-Workout Stretches

Typically, it’s beneficial to get a slow increase of your heart rate for seven to 10 minutes prior to any workout as a warmup, because it alerts your muscles that a workout is coming.

However, dynamic stretches – stretches in motion – are also an excellent way to wake up your muscles. Dynamic stretches increase your flexibility and your range of motion by making soft tissues longer and less stiff, allowing for better blood flow. They are functional and mimic the movements you are about to perform.

Dynamic stretches are stretches in motion. Some examples of dynamic stretches are torso twists, hip circles, ankle and knee circles. This type of stretching can be done prior to any exercise. It’s beneficial before playing sports, weightlifting and all cardiovascular exercises.

I have been guilty myself of just jumping into a workout, skipping a dynamic stretch-

ing routine as well as skipping a post-workout stretch because I felt I didn’t have enough time to squeeze it in. That kind of thinking has proven to be a costly one. When I find myself having to ice and rest certain muscles it means I didn’t do my due diligence. Since then, I have been very intentional about my pre- and post-stretching routines, regardless if I’m on a run or hitting the weight room. It has made a tremendous difference in my recovery.

It’s even more important as we age to be consistent in our stretching routines. Flexibility is one of the three components of being fit. It is just as important as endurance and strength in cardiovascular fitness training and strength training. Consistency is the key to success in all areas of fitness training.



MICHELE TENNEY

Slow and steady wins the race, but keeping the pace going. That’s how you’ll be able to gain flexibility and maintain it.

Now that I’ve explained the importance of stretching, you should know that you can overstretch. If you’re stretching at least six times per week, you’re doing a great job. If you are experiencing some aches and pains, you shouldn’t stretch more than twice a day. If you are injured or find yourself continually being injured, I recommend seeing

a physical therapist or consulting your doctor for direction prior to testing your flexibility. There are people who are hyperflexible. These people need to be very mindful of their bodies, as dislocations and injuries are a possibility. People with hyperflexibility should steer more toward weightlifting, and people who are super tight should steer

toward yoga.

Getting older gracefully and intentionally is the name of the game. Knowing your limits and your weaknesses is a strength. You will get the ends to justify the means and stay the course of living a healthy lifestyle.

Eating well, getting the proper amount of sleep, lowering stress levels and hydration go hand in hand with exercise and stretching. It’s all about balance, meaning you do all these things more than you don’t. I believe in you. You can do this. Here’s to your health.

Michele Tenney is a Certified Personal Trainer and Nutritionist & Wellness Coach. She is a member of the Orange Board of Health. She can be reached at 203-668-2969 or email at Hmgbrd3@gmail.com.

Milford Rotary Lobster Bake Returning

Milford Rotary Club is gearing up for its annual Lobster Bake, which has been on hiatus for the past two years, but will be back in force this summer.

The event will take place at Lisman Landing, located at 37 Helwig St. in Milford, on Saturday, July 30, from 3:30 p.m. to 7:30

p.m. The last meal will be served at 7 p.m. Tickets are \$60 for one lobster, \$85 for two lobsters, \$60 for a steak and \$5 for a kid’s hot dog ticket. The ticket price includes corn on the cob and all the other fixings. Beer and wine are included in the ticket price for guests 21 and older, and soft drinks are included for all.

Bears (Continued From 2)

If you see a bear in your yard, the DEEP recommends attempting to scare the bear off by making noise, such as banging pots and pans, shouting or using an air horn or whistle.

“Once the bear has left the area, take a close look at your yard for potential bear

food sources, such as birdfeeders, pet food, dirty barbecue grills, open compost, or trash, and remove those food sources immediately,” the DEEP website says. “Bears have incredible long-term memory and will revisit places where they have found food, even months or years later. Bears that are frequently fed, either intentionally or unintentionally through birdfeeders or garbage, may become habituated and lose their fear of people.”

The Rotary Club of Orange

Rotary Brings Water To Kenyan Kids

By Roger Tausig



I have written numerous times in these pages in general terms about the many and varied projects that Rotary undertakes to help underserved communities locally,

regionally and internationally.

To help you understand the true scope of Rotary's efforts, I feel compelled to describe a recently concluded major project that was years in the making. Its execution profoundly impacted the lives of over 400 young girls in a remote area of Kenya called Nambale.

The project's objective was to provide clean water and modern sanitation systems to a residential middle school for young girls in Nambale. Prior to the completion of this project, neither of these systems, which we take for

granted here, existed.

Unless you have lived in such conditions, it is hard to conceive of what life without them would be like. It is difficult at best to lead a normal existence without these necessities.

An extraordinary Rotarian named Lynda Hammond spearheaded the effort, which entailed securing a global grant through Rotary International, a monumentally complex process that requires substantial effort, documentation and many layers of approval. Because of the scope and significant cost of the project, numerous Rotary clubs here in the US were needed to combine their resources, along with a sister club in Kenya to fund the project and execute it in accordance with the provisions of the grant. Hammond led this effort and got the project to the point where all the required funds had been allocated and transferred to the bank account from which all the disbursements would be made.

Quite unexpectedly, at the eleventh hour the

Rotary Club of Nambale in Kenya withdrew from the project, citing a lack of manpower and resources to perform the tasks associated with managing the project. This left no local organization to manage the construction of the systems for which the grant was meant to fund.

Instead of giving up on the project and its beneficiaries, Hammond set about finding a different Kenyan Rotary Club to step in and assume the role that the original club vacated. She was able to do so, and the project moved forward, painstakingly managed for the most part by Hammond with help from other Rotarians here in the US and their Kenyan counterparts. The amount of coordination of contractors in Kenya, and the tremendous effort to comply with the rigid and detailed grant reporting process would have stopped most people from proceeding. But not Hammond.

Now some three-plus years later, the project is complete and a group of Rotarians from the US are, as I write this, in Kenya to cele-

brate the successful implementation and honor Hammond for her dedication to completing the project. Tragically, we lost Hammond last year to a devastating illness, so she did not see the fruits of her outstanding labor before completion.

Nevertheless, as the result of her perseverance and work and that of numerous other Rotarians here and in Kenya, 400 young girls will have the critical water supply and sanitation systems that they need to be healthy and thrive while they learn the skills they will need to become productive members of their society and make a difference in their communities.

This work as well as the privilege of being associated with people like Lynda Hammond who embody the Rotary spirit espoused by our motto, "Service Above Self," is what Rotary is all about for me. If you hear the calling to serve those in need, you might want to consider becoming a Rotarian. Please feel free to contact me if this interests you.

Milford Marine Institute Educates, Entertains




Milford Marine Institute recently completed its 39th year running marine biology science/art camps. Left: campers working on Long Island Sound marine mollusk pegboards with common and Latin names of gastropods (univalves) and pelecypods (bivalves) – animals with single or double shells. Right: campers on June 30 gathered around a live mole crab found in the "splash zone." Photos by Tim Chaucer.

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Wine Talk

Visit A Vineyard This Summer

Some 30 years ago I suggested to my oldest brother, who is a great home winemaker, let's go into the wine business. His reply to me was, "Ray, there is one way to make a small fortune in the wine business. Start out with a large fortune."

My brother is 20 years my senior, so I took his advice and kept my efforts to my garage winery. Thank goodness many people did not.

Connecticut now has 56 wineries. Trips to these wineries can make a wonderful summer outing. Winemakers love to have guests come and try their wines. The wineries without exception are beautiful, and the wines range from good to spectacular. Here is a list of some of my favorites.

Aquila's Nest Vineyard is in Newtown and sits on a 40-acre estate. It has a large picnic area and the wines are great.

Arrigoni Winery is in Portland. It is located on a farm that dates back to the 1800s. It includes a restored barn, wine tasting room, a New England-style gift shop. There is live entertainment. It also has a picnic area, a covered pavilion and patio.

Bethlehem Vineyard & Winery is in Bethlehem. Visiting the winery is an invitation to visit the owners' home. The tasting room is located in the basement. The wines are made from estate-grown grapes. The labels depict local artwork that promote the town's people and heritage. This is Connecticut's "Christmas Town."

Bishop's Orchards Farm Market & Winery is a fun stop for the whole family. Six generations of Bishops have been serving Connecticut. They have a great farm market, a pick-your-own fruits section, a great bakery

and kitchen. And their fruit wines are award winners. They are members of the Connecticut Wine Trail and have daily vineyard tours and tastings.

Brignole Winery sits on 15 acres and is family owned. It has a gorgeous, newly-built winery located in East Granby on Hartford Avenue and is open Wednesday through Saturday.

Cassidy Hill Vineyard is in Coventry. It has a log cabin winery with wonderful views and that is open on weekends.

Chamard Vineyards is located on 40 acres along the shoreline. It has a state-of-the-art tasting room.

Marlborough features Chateau Le' Gari'. It has two large picnic areas, a large tasting room and two lounges. The patios both have spectacular views.

Connecticut Valley Winery has a great old-world setting. The winery has a great tasting room, gift shop and a scenic vineyard. It is located in New Hartford.

Cristal Ridge is a winery located in South Glastonbury. It is also family owned and operated and has a great view of Hartford. It is open on Friday through Sunday and has a cozy tasting room.

In Preston is a winery that has won several international and domestic awards. Daliceeli Elizabeth is open from noon to 5 p.m. Friday through Sunday.

DiGrazia Vineyard & Winery, located in Brookfield, is a popular family-run winery. It offers guided tours and tastings.

Haight-Brown Vineyard was established by Sherman Haight in 1975 as the first vineyard



RAYMOND SPAZIANI

in Connecticut. They produced Chardonnays and Rieslings that were exceptional. Now it's on a 20 acre estate that produces several wine varietals. It is located in Litchfield. They are great wine people willing to share their wine knowledge at all levels.

Litchfield Hills is nestled between the Berkshires of Massachusetts and the Hudson Valley. It features breathtaking rural scenery.

Joe Gouveia has a wonderful winery at the top of Whirlwind Hill in Wallingford. He is great guy who makes good wines, but his venue is spectacular. The view is so wonderful; you could be in the south of France. It is a great experience.

Hawk Ridge Winery is located in Watertown. They have award-winning wines, beer, food and 60 acres of land to enjoy.

Heartstone farm and winery is located in Columbia. It has a nice patio that overlooks the vineyard. You are welcome to bring food and enjoy.

Hopkins Vineyard is above the shores of beautiful lake Waramaug in Litchfield Hills. They have a unique micro-climate influenced by the lake that results in an extended growing season. It has been family owned since 1787. It offers a wine bar, picnic area and shopping.

Other wineries include Jerram Winery in New Hartford, Jonathan Edwards in North Stonington and Land of Nod Winery in East Canaan. In Lebanon there is Lebanon Green Vineyards, in Granby Lost Acres Vineyard and in Ledyard Maugle Sierra Vineyards &

Winery. Para-dise Hills Vineyard & Winery is in Wallingford, Preston Ridge Vineyard is in Preston and Priam Vineyards is in Colchester. Roabianca Vineyards is located in Northford and is doing a great job. Rose Vineyards & Winery is located in North Branford. Saltwater Farm Vineyard is in Stonington and rests on 100 acres.

One of my personal favorites is Savino Vineyards on Ford Road in Woodbridge. Genarro Savino is a great guy and his wines are good to terrific. The tasting room is great, and the staff is wonderful.

In Pomfret there is a vineyard called Sharpe Hill that is located on 100 acres. The wines are well-considered.

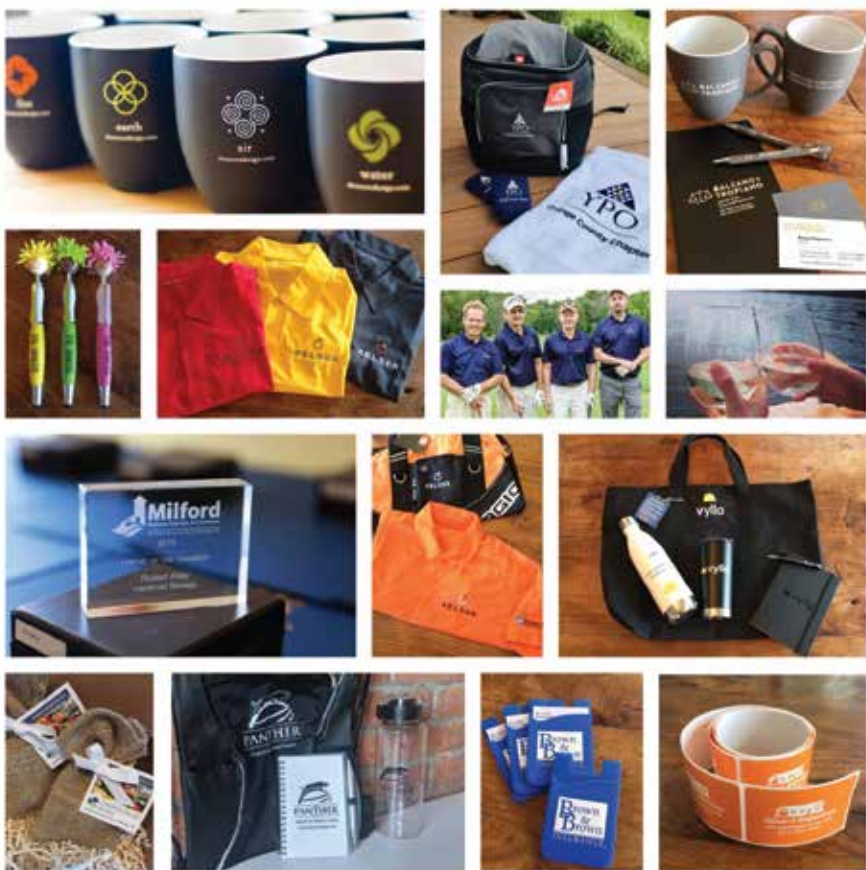
Then there is Orange's own Stappa Vineyards off Route 34. It is a gorgeous location and the quality of the wines is improving. It has a great picnic area and wonderful picturesque surroundings.

You can go to CTvisit.com and find out the times the different vineyards are open and lots of other information. Go to our wonderful vineyards in Connecticut. The locations are spectacular. You'll be glad you did.

Ray Spaziani is the chapter director of the New Haven Chapter of the American Wine Society. He is on the wine tasting panel of Amenti del Vino and Wine Maker Magazine. He is an award-winning home wine maker and a certified wine educator. His fall classes were sold out but have been canceled due the coronavirus. He hopes to return to them in the spring. Email Ray with wine questions and anything wine at realestatepro1000@gmail.com.

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CT MAGAZINE FIVE STAR REALTOR

The Garden Spot

Gardening In A Drought

According to the US Drought Monitor, 100 percent of Connecticut is now suffering from abnormally dry conditions, with 46 percent suffering from moderate drought. This means that crop growth is stunted and fire danger is elevated with increased wildfires and ground fires.

Even though April was the 45th wettest April recorded over the past 128 years, our drought conditions persist because 2022 to date is the 55th driest year over those same 128 years. Since dry conditions seem to be a pattern, our best gardening strategy right now is to plant fewer plants that like moist conditions and more that are drought tolerant.

We can begin by looking at what is one of the highest residential water uses – the lawn. Please let your lawn go dormant. It

will come back once we get a rainy period. If you have irrigation, remember that the roots of plants will seek the water level, so deep watering will result in deep roots which are more resistant to insect damage and plant disease.

Your lawn and gardens need about 1 inch of water a week, so keep your rain gauge (or an empty tuna can) out and monitor the amount of rainwater. If it hasn't rained and you really must – must – have that green lawn, irrigate once a week for a total of 1 inch.

The worst possible scenario is daily watering for 15-20 minutes per zone. Your lawn has not been properly watered; the roots will



PAT DRAY

remain at the surface, and here come the grubs and voles to eat those handy roots. If you're re-seeding or top seeding your lawn this fall, choose a tall fescue, since as well as being drought tolerant it's also wear resistant.

As we look at our trees and shrubs, we can also seek out those that are most drought tolerant. One of our most popular trees that are native to the Northeast is the oak (in the Quercus family). Oaks support biodiversity, are home to many different pollinators, are strong, upright growers and wonderful shade trees. So choose one, such as the scarlet oak, which will require less water rather than thirsty varieties such as the pin oak or swamp white oak.

For shrubs, consider those in the juniper family (Juniperus) rather than azalea (Rhododendron family). The junipers are some of the best natives to plant in badly degraded, infertile dry areas with poor soil. Some varieties do well on rocky, dry slopes.

There are many flowering wildflowers that are also suitable for dry areas, including milkweed and butterfly weed (Asclepias family) that are very pollinator friendly. Swap out the Joe Pye weed (Eupatorium family) for these, and you'll still have a butterfly garden.

Happy gardening, and hope to see you all at the Fireman's Carnival.

Pat Dray is a past president of the Orange Garden Club and a master gardener.

Mental Health

Mental Health And Self-Care In The Summer

Summer can be a welcome time for many of us as we usher in the warm weather, plan vacations, spend time outdoors and relax. For others, it can be more stressful as parents balance their children's schedules out of school while managing home and work obligations.

Either way, the opportunity to recharge, refocus and enjoy longer days is before us and is overdue as we continue to recover from the COVID-19 pandemic and recent tragic events that have had a profound impact on many of us physically and emotionally.

There are some simple things we can all do to care for ourselves and revitalize during the summer. Having longer days allows us the chance to get outdoors and enjoy nature. The increase in vitamin D from sunlight can improve mood, decrease stress, improve sleep and increase energy levels. Just 20 minutes of safe sunlight exposure a day can

provide us with these benefits.

Summer gives us the chance to reduce the amount of time we spend on social media and electronic devices to get in some much-needed physical activity. Physical activity boosts both endorphin and serotonin levels, which can improve our mood and decrease anxiety. Exercise has a positive impact on our physical health, including improved sleep, weight loss, increased strength and improvement in certain co-morbid conditions such as high blood pressure and diabetes. We do not need to adopt a strenuous exercise plan to experience these benefits. Taking several 10 to 15-minute brisk walks a day can still improve our physical and emotional health.

We often hear this advice, but we don't always follow it: planning and taking a va-



JENNIFER FIORILLO

cation or time off from work in the summer not only gives us something to look forward to, but it also allows us to take time to unplug from our daily lives. It is not always necessary to plan a lengthy vacation for it to be worthwhile. Taking several short and inexpensive trips can be just as enjoyable and fulfilling and allow us the opportunity to reconnect with family and friends.

While summer can be a good time to unwind and decompress, not having the structure of a typical school year schedule can be overwhelming and create more chaos in a busy household. Setting a new schedule in the summer is not only beneficial for children who thrive on having structure, but it also establishes consistency that helps

parents to manage the daily demands of having their children at home and participating in different activities.

In addition to establishing a summertime schedule, setting personal goals keeps you motivated and focused on self-improvement as you may experience increased demands and chaos. It also adds to a structure that may be lacking.

Finally, setting aside time for mindfulness and meditation can go a long way toward reducing stress, improving overall well-being and maintaining the equilibrium that many of us aim to achieve in our lives.

Jennifer Fiorillo, MBA, MPH is the president and CEO of Bridges Healthcare in Milford, and may be reached at Jfiorillo@bridgesmilford.org.

Milford-Orange Probate Court

ABLE Accounts Can Aid Those With Disabilities

In 2014, Congress passed the Achieving a Better Life Experience Act. The primary purpose of the ABLE Act is to provide tax-free savings accounts for people with disabilities. The savings accounts, known as ABLE accounts, can be used to pay for qualified disability expenses.

In order to qualify for an ABLE account, the designated beneficiary, who is also the account owner, must be: 1) eligible for supplemental security income based on a disability or blindness that began before attaining the age of 26; 2) entitled to disability benefits, childhood disability benefits or disabled widow's/widower's benefits based on a disability or blindness that began before attaining the age of 26; or 3) someone who has certified, or whose parent or guardian has certified, that they met the criteria for a

disability certification before attaining the age of 26.

The ABLE account can generally be funded by any person (including the account owner), a special needs trusts and pooled trusts, among other sources. The contributions must be made from post-tax dollars and are generally not tax deductible.

In Connecticut, the current contribution limit is \$16,000 a year, but certain individuals who have earned income may be eligible to contribute more. Connecticut also has an account balance limit of \$300,000.

Most expenses incurred as a result of living with a disability are covered under the ABLE Act and may include education, food,



BEN GETTINGER

housing, transportation or health care expenses, among many other costs and expenses.

In addition to potential tax advantages, ABLE account owners may be allowed to keep their current benefits. The account owner will generally remain eligible for Medicaid regardless of the account balance as long their non-ABLE account resources are below \$100,000. And while there is a Medicaid payback provision, certain expenses take priority upon the death of the account holder. They may include funeral and burial expenses and outstanding qualified expenses. Also, in Connecticut, account balances of \$100,000 or less may be excluded from the account

owner's Social Security income resource limit, and only the amount over \$100,000 is counted against the resource limit.

If you or someone you love has a disability, an ABLE account may be a good way to ease some of the financial burdens. But you should consult a benefits and/or tax professional before opening an ABLE Account. This type of account may not be right for everyone who qualifies. The qualifications, plan advantages and disadvantages and account thresholds are subject to change and differ by state.

More information can be found at ABLECT.com at savewithable.com/ct/home.html or by calling 888-609-3268.

Ben Gettinger is the probate judge for the Milford-Orange Probate Court.

Retirement Community Opening In Orange

Leisure Care, one of the nation's largest privately-held retirement and assisted living companies, is opening its fourth Connecticut location with The Vero at Orange, with the location scheduled to open in early 2023.

"From premier dining and our signature PrimeFit Wellness program to travel and social opportunities, we're excited to introduce our style of independent,

assisted living and memory care to Orange," said general manager Debbie Batista in a statement. "Our compassionate and caring staff provides life-enhancing care services around the clock. Grab a bite to eat with friends at our onsite restaurant, drop in for a fitness class or join a card game in our activity room. There's always something to do here."

"Our goal is to build the right culture for our employees, the best experience for our residents and the perfect partnership with the community. We look forward to welcoming you for a visit," she added.

The Vero at Orange is located at 197 Indian River Rd.

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Commentary:

A Chance To Appeal Your Car Tax

By now you should have received your town vehicle taxes. As I mentioned in a previous column, the mill rate was capped at 32.46 mills on your autos, which was a reduction both from last year and a reduction in this year's rate from the 32.71 mills that it would have been. Many of you saw an increase in your car taxes due to the method the state Office of Policy and Management directed tax assessors to use.

You do have recourse if you consider this increase unreasonable due to the source (the National Automobile Dealers Association) of your vehicles' assessment. Indeed, some of you have mentioned that the NADA rate book is higher than Edmunds or Kelley Blue Book values for your vehicle, or what a dealer like CARMAX is willing to pay for it.

If so, you are in luck. You have one chance to

argue your case for a lower assessment. Go to the town website, select "Departments" and click on the Assessor's Department (orange-ct.gov/27/Departments). From the sidebar on the left, select "Board of Assessment Appeals September 2022 motor vehicle session."

From here you can get all the information you need on how to appeal your vehicle's assessment with the Board of Assessment Appeals. The BAA will only be taking written requests at the September session this year. So pay your bill in July and then appeal it in September for consideration of a reassessment of your vehicle.

Be aware, though, that some vehicles – espe-



THOMAS P. HURLEY

cially those newer vehicles with low mileages – are up significantly in all sources. Be careful what you wish for.

On a related note, the tax office started accepting July tax payments by check in June for the first time. Tax bills went out on June 15. It apparently was a very popular option to avoid the July rush. As of this writing we took in a large number of payments and are still processing them.

July is a crazy month in the office. Processing tax payments takes priority, so the telephone may not be answered right away. Make sure you leave a message with your name, reason for calling and your return phone number. We will try and get back to you as our work allows. Services, such as research on past

tax payments, take a back seat to processing tax bills. Please do not call and ask if we have processed your check yet. You may check either with your bank or with our online service at my-taxbill.org/inet/bill/home.do?town=orange.

If you are still planning to mail in your payment, remember to sign your check, date your check the day you wrote it and especially make sure the written amount matches the bill amount you are paying, including the cents. Cents should be represented as a number over 100 (such as 10/100) as it represents a fractional amount in dollars and the written line of every check ends in the word "Dollars."

Thomas P. Hurley is the tax collector for Orange.

Devon Rotary Announces 2022-23 Officers, Board

Devon Rotary has announced its officers and board of directors for 2022-23. Serving as president of the club will be Jason Jenkins, with Joseph Rousseau serving as president-elect. Serving as vice president will be Donald Anderson III, with Paula Demirjian serving as club secretary. Sue Shields will serve again as finance director and Vincent Lambiase as treasurer. Serving as sergeant-at-arms will be Anthony Andriolas.

Serving as assistant secretary will be Paul Otzel, with Angela Gallagher and Mark Krom serving as assistant sergeants-at-arms.

Serving as directors on the club's board, in addition to the club officers, will be Scott Moulton, Brian Parke, Sue Lambiase, Erika Shea and Tracey Lee Edwards, the club's immediate past president.

All terms started July 1 and will be for one year.

At its recent installation ceremony, the club honored Gary Montano, owner of Montano Cigarette, Candy and Tobacco, with its Evio Giovanelly Award, which annually goes to a non-Rotarian in recognition of his or her extensive community service benefitting Milford.

The club also recognized former club president Lee Cooke with its Oliver Andrus Founders/Rotarian of the Year Award in recognition of his service to the club.



The Rotary Club of Devon recently installed its officers and board of directors for the 2022-23 year. Members include, left to right, Donald Anderson III, vice president; Joseph Rousseau, president-elect; Tracy Lee Edwards, immediate past president; Jason Jenkins, president; Paula Demirjian, secretary; Erika Shea, director; Tony Andriolas, sergeant-at-arms; Vincent Lambiase, treasurer; and Sue Lambiase, director. Missing are board of directors members Scott Moulton and Brian Parke and assistant sergeants-at-arms Angela Gallagher and Mark Krom. Photo courtesy of the Rotary Club of Devon.

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For Nature's Sake

The Plastic That Is All Around (And Inside) Of Us

Plastic is a marvel of industrial and scientific innovation, part of a 20th century chemical revolution that today provides essential equipment in a range of fields. The role of catheters, breathing tubes and more comes to mind in medical settings.

Still, as the industry evolved, inventing ever more consumer conveniences and throwaway products, it often did not account for the impacts, for instance, of chemicals in plastic that can be leached into food, groundwater and air. Many consumer plastics are also designed to only be used once. "Single-use" products comprise about half of all plastic waste, so that people regularly throw out mostly unrecyclable products and buy more.

Meanwhile, discarded plastic persists in the environment for hundreds of years, often breaking down into "microplastics," fragments smaller than 5 millimeters (about the diameter of a pencil eraser), light enough to be airborne or washed into streams.

The accumulation of that waste can be disruptive and deadly in places like the ocean, where 100 million marine animals die from plastic waste per year.

The global plastic glut also infiltrates the air in our homes and businesses, where carpets and upholstery and clothes made from synthetic materials release microfibers into the air that can then, according to research, be inhaled. We also unwittingly consume plastic in foodstuffs like salt, beer, vegetables and fruits, according to recent research.

A famous analysis of several studies, completed in 2019 at the University of Newcastle in Australia, concluded that humans may consume an estimated 5 grams – a credit-card sized amount of plastic – per

week.

The United Nations in March approved a landmark agreement to create the world's first-ever global plastic pollution treaty. The US federal government in June passed a ban on single-use plastic items in all national parks (no more takeaway cups or plastic forks where the buffalo roam in Yellowstone).

While governments are confronting the challenge of plastic waste, we can also, as individuals, investigate and act. For more on the issue, consider the questions and answers below:

1. True or False: The triangular symbol stamped on many types of plastic in the US, made by three arrows with a number in the middle, is our government's assurance that those objects can be recycled.

2. Which one of the following is NOT an example of "single use" plastic? a) plastic bags; b) the clear plastic box that strawberries come in; c) plastic baby bottles; d) a Styrofoam take-out "clam shell" container; e) the plastic wrapper for paper towels; f) baby diapers; g) take-out coffee cups (paper lined with plastic film)

3. Complete the sentence: "Microplastics have been found in:" a) the snow on Mount Everest; b) the deepest of ocean trenches; c) human placentas; d) the bodies of fish; e) apples; f) the Connecticut River; g) rain in the Grand Canyon; h) all of the above

4. True/False: Researchers have found more microplastics in bottled water than in tap water.

5. Which of the following clothing items will release the most plastic microfibers into the air and laundry rinse water? a) a



PATRICIA HOUSER

polyester fleece jacket; b) a 100 percent cotton jacket; c) a 100 percent wool jacket

6. Which two of the following, according to environmental advocates, should be the highest priority for individuals seeking to do their part in fighting the plastic waste crisis? a) Refuse b) reduce c) reuse d) recycle

Answers: 1. False: The triangle with number in the center on plastic is called the resin identification code, used by the plastic industry to promote the idea that different types of plastic can be recycled. In reality, most plastics are not technically or practically recyclable. According to a 2021 report on plastics and microplastics, from North Haven-based Environment & Human Health, Inc., it's mainly the plastics labeled with a 1 or 2 that are recyclable.

It's also important, say local officials, not to "wish-cycle," throwing everything in the recycling in hopes it will go through. Robert Brinton, the director of Public Works and town engineer in Orange, and Steven Johnson, Milford's assistant public works director, said putting things like plastic bags and polystyrene packaging in the recycling bin are actually counterproductive. At the recycling plant in Shelton, says Brinton, "If plastic bags are found in single stream recycling loads, the entire load is rejected as contaminated and is disposed of as trash."

An easy guide for what to put in recycling can be found at RecycleCT.com, which can also be downloaded as an app on your smart phone.

2. C: Plastic baby bottles are the only category in this list that are designed for

reuse. Even reusable plastic can be fraught, however. The Cleveland Clinic and others point out that many plastic bottles and sippy cups are made with the plastic polypropylene, and shed millions of microscopic plastic particles into the liquid they contain.

3. H: All of the above.

4. True: A 2019 study showed that individuals who drink bottled water ingest around 90,000 microplastic particles from their water every year, while those who consume only tap water are likely to take in the smaller amount of 4,000 microplastics per year.

5. A: "Fleece," despite its name, is typically made from polyester, and so sheds pieces of plastic in the wash and into the air of your home. Microfibers that reach sewage treatment plants from your bathroom drains are not totally filtered out at the plant.

6. A and B: Refuse and reduce. Before recycling and reusing, say experts, we should aim to reduce our reliance on plastics.

For an explanation of why recycling cannot be the only answer to plastic waste, read "Plastic Recycling Doesn't Work and Will Never Work," from May's Atlantic Magazine, co-authored by former Environmental Protection Agency official Judith Enck.

Experts liken the global plastic glut to an overflowing sink, where mopping up the waste will not solve the problem if you do not also "turn off the plastic tap."

Patricia Houser, PhD, AICP, shares her exploration of local and regional environmental issues in this column as a member of the nonpartisan Milford Environmental Concerns Coalition.

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Orange Bicentennial Concert And Fireworks



Families came to the High Plains Community Center fairgrounds in Orange on July 9 for a concert and fireworks display in honor of the town's bicentennial. *Photos by Lexi Crocco.*

Orange Land Trust Goat Hike



The Orange Land Trust held a goat hike on July 23 through the Race Brook Tract in Orange. Photos by Lexi Crocco.

Orange Rotary Lobsterfest: Sign-Up Today



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(you choose the time)



For tickets and info
www.RotaryClubofOrange.org



Stone-Otis House Herb Garden



The Garden Club of Orange led tours on July 23 of the herb garden at the historic Stone-Otis House in Orange while the Orange Historical Society, which runs the building, offered glimpses of life in Orange's past. Photos by Lexi Crocco.



ALEXANDRA JOY
 PHOTOGRAPHY



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Pack 922 Holding Car Wash

Driving a dirty vehicle? Orange Cub Scout Pack 922 will be washing cars on July 30 from 10 a.m. to 3 p.m. at the Orange Firehouse at 355 Boston Post Rd. For more information, contact cubmaster@orangecubscouts.com or visit facebook.com/CubScoutPack922.

Pack 922 Celebrates Bicentennial



Members of Orange's Cub Scouts Pack 922 pose next to one of the town's bicentennial cows. The scouts have been assisting in the town's celebratory events throughout spring and summer. Photo courtesy of Pack 922.

Friends Of The Milford Library Names HS Award Recipients



Emma Vaccino of Jonathan Law High School, one of the recipients of the Friends of the Milford Library's annual high school book awards. Photo courtesy of the Friends of the Milford Library.

The Friends of the Milford Library have announced the winners of their high school book award and scholarship recipients. The winners were selected by members of the Friends' High School Awards Committee, led by Peggy Bolger, in concert with the school personnel at Milford high schools.

The award winners must exhibit outstanding personal character, have made a positive impact on their school or community and demonstrated a strong and consistent love of reading. Scholarships are awarded to high school seniors with plans of furthering their education.

This year's scholarships were awarded to Lynelle Fernandez from Joseph A. Foran High School and Sophie Masselli of Jonathan Law High School.

The book award is presented annually to a member of the junior class at each of the high schools in Milford. Each student chooses a book for their school which is donated by the Friends with a bookplate commemorating the student's achievement.

Additionally, each winner received a personally inscribed copy of *Only in Milford* by Milford author DeForest Smith.

This year's winners and their books are India Joyner of Platt Tech, who chose *My Hero Academia Volume* by Kohei Horikoshi; Debora Silva of The Academy, who chose *Harry Potter and the Chamber of Secrets* by J.K. Rowling; Visally Martinez-Cruz of Joseph A. Foran High School, who chose *Blindness* by Jose Saramajo; Emma Vaccino of Jonathan Law High School, who chose *Red Queen* by Victoria Aveyard; and Alexandra Miller of Luralton Hall, who chose *The Cost of Knowing* by Brittany Morris.



Debora Silva of The Academy, one of the recipients of the Friends of the Milford Library's annual high school book awards. Photo courtesy of the Friends of the Milford Library.

Hauser Appointed Amity HS Principal

The Amity Region 5 Board of Education on June 27 appointed Mr. Andre E. Hauser as the new principal of Amity Regional High School. Hauser assumed his new leadership role effective July 14.

Hauser has dedicated his entire teaching and administrative career to high school students. He began his educational career as an English teacher in Massachusetts before moving to Connecticut in 2000. Hauser then served as English department chair in the Enfield public schools before accepting his first administrative position as Assistant Principal of Caginchaug High School in Region 13. He served as assistant principal for seven years, earning recognition during that time as the Connecticut Assistant Principal of the Year, until his promotion to principal. He became the Principal of Waterford High School in 2013, where he has been for the past nine years.

Hauser has served as president of the

Connecticut Association of Schools, earning the CAS Citation in 2022. He also serves as the state coordinator for the National Association of Secondary School Principals and is a member of the Connecticut Interscholastic Athletic Conference Board of Control.

Hauser holds a bachelor's degree in journalism and English from the University of North Carolina at Chapel Hill. He earned a master's degree in education from Sacred Heart University and a sixth-year certificate in educational administration from the University of Connecticut.

"With over 20 years of experience in school administration, particularly dedicated to the high school level, Mr. Hauser brings a strong foundation of school leadership and will be a tremendous asset for continued growth of our educational community and the district as a whole," the Amity Board said in a press release.

AMSO Registration Day Coming

Registration day at Amity Middle School in Orange for students who are new to Amity Regional District #5 and reside in Orange

will be held on Monday, Aug. 15. Call Amity Middle School at 203-392-3200 to schedule an appointment.

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Personal Experiences

Acceptance: A New Perspective

The concept of acceptance can be terrifying to some and serene to others. There is no right or wrong way to find acceptance; there is only what feels suitable for you in the present moment.

Psychological acceptance is the active embracing of subjective experience – particularly distressing experiences. The idea is not tolerance or mindlessness, but to embrace each moment and emotion without defense.

This process is much easier said than done, but that does not mean it is impossible; it will look different to each person who experiences it.

For some, the journey to embracing the present moment may look like completely eradicating the experience from their lives. It may present as self-care, new activities, or new friends.

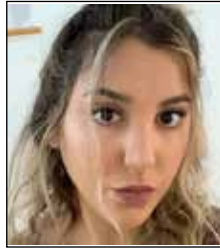
For others, this path may take them

elsewhere. They may be comfortable taking each moment as it arrives for only a portion of the day and allowing themselves to grieve for what remains.

Acceptance is only mandatory for those who no longer wish to suffer. That is not to say there will be no struggle or pain, but the act of resisting those emotions or even rejecting them results in nearly constant suffering.

Typically, people often dislike what they are accepting. It is not something you always choose or even want, but you must choose to make space for what you are experiencing. It is crucial to love yourself enough by permitting yourself to feel.

If someone faces a hardship that has



CAROLINA AMORE

drastically changed their lives, they have several distractions available to enable the process of rejecting negative emotions. Some may choose to drink or use drugs to numb their pain.

Others may throw themselves into a relationship and obsess over one person so they can avoid assessing their own life.

There are endless ways to avoid pain, but there is only one way to move forward: to feel every moment of it.

When focusing on the end goal of acceptance, remember that it does not have to mean what you are accepting will stay that way forever. Some experiences are more permanent than others, but people change, perspectives shift and we constantly evolve.

Before jumping into a new perspective

or trying new ways to find acceptance, ask yourself what kind of life you want. What would it look like if every aspect of your life was working in your favor?

Upon finding your answer, subtract the elements that are no longer in your control, and imagine a future that creates a sense of contentment. We have a habit of searching for instant gratification.

If we stop contemplating the parts of our lives that we no longer control and come to terms with the fact that we never could prevent them in the first place, it may make the road to accepting the entire scope of the experience less daunting.

To accept is to allow yourself to experience without rejection. Allow one moment to happen at a time, and one day you may find a bit more peace.

Carolina Amore is a resident of Orange.

Veterans Housing Program Expanding In West Haven

Homes for the Brave has announced that they are expanding their programs and services to West Haven. HFTB is a nonprofit organization based in Bridgeport that works in collaboration with the Veterans Administration and other community agencies to combat homelessness among the veteran population. The objective of HFTB programs is to provide individuals with access to the support and skills training needed to live independently and engage with their communities.

HFTB West Haven opened the first of two houses in the spring of 2022 and is opening the second house in the

summer of 2022. The program is near the VA Medical Center and can serve a total of 14 male veterans experiencing homelessness, providing them with temporary housing and on-site support. Each veteran is provided with his own room, support with basic needs such as food and clothing, case management and support from peer support specialists in the evenings and on weekends.

The goals of the program are to help each veteran reach his objective to move into permanent and safe housing as well as increase and stabilize his income and work toward his self-determination goals. Each veteran has access to other

HFTB resources, including vocational training, clinical treatment and ongoing support after they leave the program. The West Haven location is operated in partnership with the US Veterans Affairs grant and per diem program, the Connecticut VA health care system and the Veterans Support Foundation, which owns the buildings where the program is housed.

“Opening these two homes in West Haven allows us to provide our programs and services to veterans in New Haven

County, allowing us to serve more veterans in need,” said Vince Santilli, HFTB CEO. “We are extremely pleased to expand into West Haven and serve veterans experiencing homelessness in that area.”

Since its creation in 1998, HFTB has served over 1,500 individuals, while engaging with hundreds of volunteers and local organizations to craft an ever-expanding network of support. For more information, visit homesforthebrave.org.

Milford Historical Society Elects Officers

The Milford Historical Society recently elected new officers at its annual dinner.

Chris Bishop is the new president, who will take over from Lloyd Jacobs who served as president since 2019.

Other officers elected are Amy Arden, first vice president; Jane Norgren, second vice president; Geoff Viscount, treasurer; Rosanne Hoagland, recording secretary; and Marty Beard Merk, corresponding secretary.

The members-at-large are Helen LaPlant

and Scott Cameron, both serving in their second year of a two-year term, and William Legere, newly elected for a two-year term.

High school students are also on the board. They are Aidan Glass and Olivia Salai, both in the second year of a two-year term. Jacob Collette and Emma Jani were elected to begin two-year terms.

The society’s three houses of the are open for free tours every Saturday and Sunday from 1 p.m. to 4 p.m. For more information, go to milfordhistoricalsociety.org.

Orange Realtor Named Among Top Nationally



Sharon Tudino. Photo courtesy of Coldwell Banker.

Coldwell Banker’s Sharon Tudino, a realtor affiliated with the company’s Orange office, has once again ranked among the nation’s top real estate professionals out of hundreds of thousands of agents across the country.

With over to \$22 million in sales volume in 2021, Tudino was ranked number 129 in the United States by REAL Trends “The Thousand” report, as advertised in The Wall Street Journal.


“Sharon again established herself as the

premier real estate professional locally, regionally and nationally. Her drive and dedication are incomparable” said Aileen Defeo, branch vice president for the Orange and Woodbridge offices.

Earlier this year, Tudino was recognized with the International President’s Elite Award, which is awarded to the top 3 percent of Coldwell Banker agents worldwide presented by NRT LLC, the parent company of Coldwell Banker Realty and the nation’s largest residential real estate brokerage company.

Tudino has more than 20 years of experience meeting the needs of homebuyers and sellers in the greater New Haven and Fairfield counties, including the towns of Milford, Orange and Woodbridge.

Tudino has also received the awards for the top 1,000 real estate agent nationally by Realogy Brokerage Group for each quarter of 2021, the Coldwell Banker Realty International President’s Circle Award for 2020, the Quarterly Awards for the Greater New Haven Middlesex Board of Realtors this year and the CT Magazine Five Star Realtor Award for the past seven years.



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Milford's Liberty Pole: 'One Of The Finest'

By Marilyn May

"In 1876, one of the finest liberty poles in the state was erected" in Milford.

So wrote John L. Rockey who in 1892 edited *The History of New Haven County, Connecticut*. He was impressed with Milford's liberty pole and wrote that it was "noteworthy, attractive, and reflected credit upon the town." It was located on the small green in front of Town Hall.

The date 1876 leads one to believe people were celebrating the 100th anniversary of the signing of the Declaration of Independence. A July 12 story from that year in the *Bridgeport Standard* captured the enthusiasm of the townspeople who were just bursting with patriotism.

The reporter wrote: "The Grandest celebration ever known in Milford took place on the centennial 4th of July. The raising of the flag on the new liberty pole at sunrise was an occasion of patriotic display; then (there was a) procession at 10 a.m. composed of the Post of the Grand Army, fire department, representatives of the town, clergy, and the orator of the day. There was also a (float) with little girls bearing flags representing the states and the goddess of liberty in their midst. This was followed by a company of fantasics on horseback and one on foot made a display such as Old Milford had probably never before witnessed. The oration in the First Congregational Church, delivered by Mr. Train, a son of a former pastor and a native of Milford, was a fine historical production."

The reporter's description continues, "After the services at the church, a collation (a light meal) was served at the Town Hall under the direction of the president of the day, Doc. L.N. Beardsley. Toasts, speeches, and music helped the digestion. The day closed with a very fine display of fireworks in the park on Broad Street."

Six years later, on May 30, 1884, the Memorial Day parade made its way to the liberty pole and was also quite a grand celebration, with George W. Coy as the parade marshal. A reporter described Coy as someone who was "in the telephone service" in Milford. What an understatement: earlier in 1878, Coy had invented the telephone switchboard and changed the world. He also helped produce the first 50-name, one-page telephone directory.

Coy's "Order of Exercises" told marchers to assemble on Wharf Street (lower High Street) and from there, while the band played a dirge, to "march direct to Cherry Street entrance to the cemetery." The solemnity of the dirge set the tone for honoring those in the military who died fighting for freedom.

Meanwhile, the George Van Horn Post, Grand Army of the Republic, decorated graves in the Milford Cemetery, and a detail from the post decorated the graves in St. Mary's Cemetery. After orations and prayers at Milford Cemetery, the band struck up lively music and the parade officially began.

It was a very, very long parade. Imagine this line of march: out Cherry Street entrance of cemetery, right to Governors Avenue, down the avenue to North Street, then left marching south to the liberty pole, countermarch, and cross the bridge over North Street Pond near the store of H.J. Bristol, to West River Street, to the First Congregational Church, up to West Town Street, to High, down High to Broad, up Broad, around the green, to Lafayette Avenue, to Green Street, to Wharf Street and finally to headquarters. The location of "headquarters" is not mentioned, but it's a good bet that everyone was glad to get there.

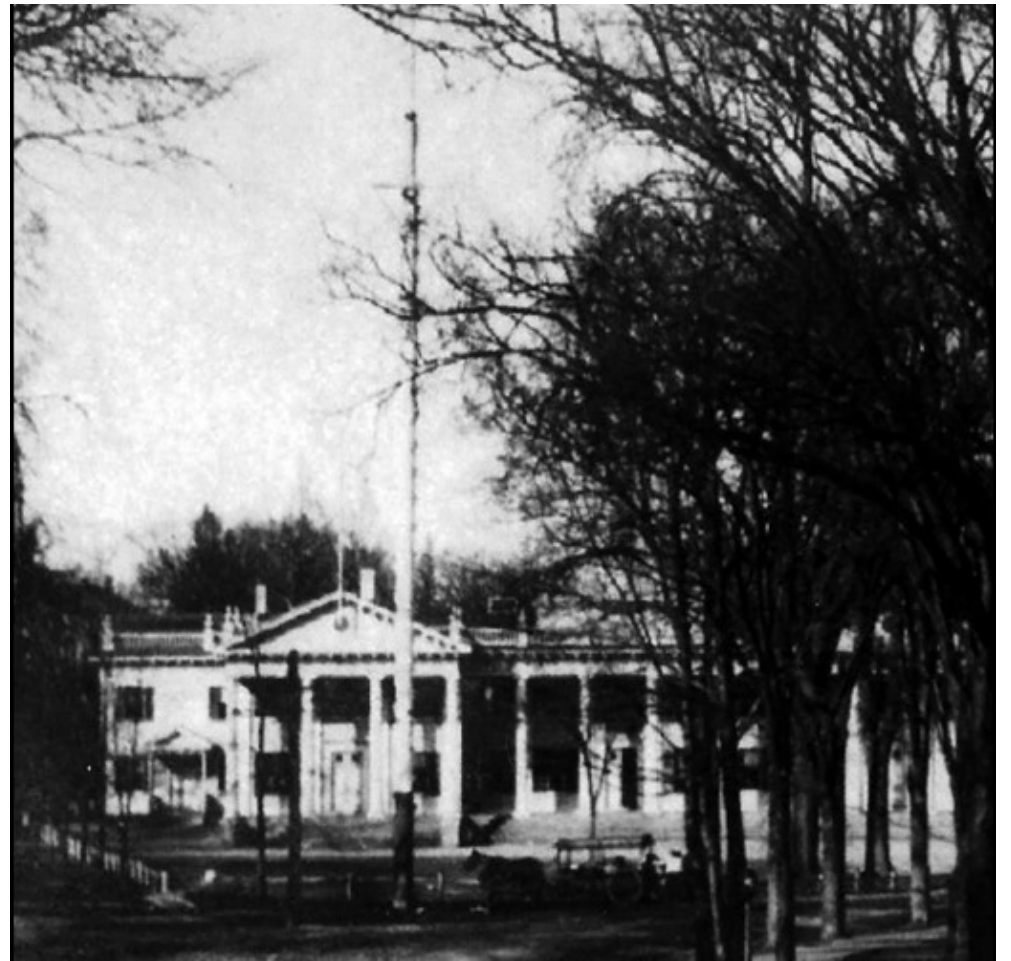
In October 1884, there was a parade of a different sort. The Blaine and Logan clubs were part of the Republican Party organized to elect James Blaine president and John Logan vice president in the coming election. These clubs were all over the country. In Milford, there was a "grand parade" when folks rallied around the liberty pole again. There were 11 drum corps from New Haven, West Haven, Westport, Bridgeport and Stamford.

It must have been quite a sight. It was reported that "The number of torches will be 1,200," and the crowd will be "larger than was ever known before." And this parade had an even longer line of march than one described above.

Afterward, there was a collation at Town Hall. A newspaper story described the event: "A tent 80 x 100 feet from New Haven has been secured and will be pitched in front of Town Hall. On the tables will be 4,500 biscuits, 50 chickens, 17 hams, 300 pumpkin pies, 100 heads of celery and all the coffee possible to get away with."

Quite a feast and quite a defeat. Candidates Blane and Logan lost to Democrats Grover Cleveland and Thomas Hendricks.

A mention must be made that not everyone respected liberty poles. It was not unusual to hear that one had been cut down. A letter writer to a newspaper wrote that liberty poles were the "pride of voters and the envy of the foes of freedom." Milford's pole was cut down a few times, but quickly raised the next day. And in 1862, Mother Nature had her say. It was reported that "During the storm... a smart little tornado passed through West Haven, playing practical jokes on



We know this photo of Milford's liberty pole was taken before 1915, because that year this Town Hall building was destroyed by fire. Photo courtesy of the Daniel E. Moger photo collection.

fences, cornfields, trees, etc. In Milford, the liberty pole (was) laid out by the blast." We know, however, that Milford's had a liberty pole for many years after that.

What's the History of the Liberty Pole?

Liberty poles have a long history that includes freed slaves, red hats, the assassination of Julius Caesar, the disdain colonial American patriots had for the British king, and the French Revolution. Poles as high and sturdy as ships' masts with red hats, red banners or eventually flags became an everlasting symbol of freedom, liberty and independence. In times of political chaos, the ancient Greeks and Romans wore red hats to symbolize those values.

After the 44 BCE assassination of Julius Caesar, the pileus, a tight-fitting, brimless, red hat was worn signaling a new freedom from dictatorship and the return to the Roman republican system.

In the 18th century the pileus hat became confused with the loose-fitting, soft felt, red Phrygian hat. The Phrygians came from the west central part of today's Turkey and became part of a Roman province in 116 BCE.

Many lived in Rome where they wore the soft, red hats to show they were not slaves but were free. Former Phrygian slaves freed by manumission were given red felt hats to symbolize that they had been set free and had the right to vote if male. Over time, both hats stood for liberty, but today the Phrygian hat is most often cited.

The raising of a liberty pole could signify both peace and protest.

American colonists embraced the liberty pole as a symbol of their desire for freedom from the English empire. Liberty poles were raised throughout the colonies in protest of the injustices of the Stamp Act that was passed by the English Parliament.

Sometimes the hats were carried on poles for all to see, and centuries later towns raised poles topped by what came to be called liberty hats to signify celebrations of freedom or a call to a meeting. In colonial days in America, if there was a large tree in a central location it would have red banners on it and be called a liberty tree.

Marilyn May is a lifelong resident of Milford and is on the board of the Milford Historical Society.

RWA Urges Water Use Reduction In Light Of Drought

Persistent dry weather and the state's stage two drought declaration have prompted the Regional Water Authority to ask its customers to voluntarily reduce their water use by 10 percent. Stage two of the Connecticut's drought plan is identified as an emergent drought event, potentially impacting water supplies, agriculture or natural ecosystems.

Less rainfall and rising summer temperatures have a compounding effect, and taking steps to conserve water voluntarily can positively affect the system.

"Residents should be mindful of their water consumption and take sensible steps to reduce impacts on other water uses and on the environment," said Gov. Ned Lamont of the drought. "We must begin early steps now to mitigate the potential for harm should the drought become prolonged."

"While we currently have an adequate supply of water in our reservoirs, our request to customers to voluntarily

reduce their water use by 10 percent not only supports the governor's appeal, and protects our vital supply of clean, safe drinking water, but it also helps consumers save money on their water bill," said Larry Bingaman, RWA president and CEO. "Just a few simple steps to conserve 10 percent of water use will help prolong available water supplies, reduce demand on the system and stress on local water resources as well as on the environment, and lower customer bills."

The RWA is asking its customers to be mindful of water usage this summer by eliminating non-essential water use. Simple things customers can do include:

- Check for any dripping faucets or running toilets. A leaky faucet that drips at the rate of one drip per second can waste more than 3,000 gallons of water per year. The average leaky toilet can waste about 200 gallons of water per day. That's over 6,000 gallons of water a month.
- A bath typically uses up to 70 gallons

of water, whereas a five-minute shower will use only 10-25 gallons, depending on the efficiency of your showerhead. Shower to save water.

- Turning off the faucet while brushing your teeth can save as much as four gallons of water. If you brush your teeth in the morning and at night, that adds up to saving 200 gallons of water a month. The same is true when you wash your hands.

- When cleaning dishes, scrape your dirty dishes into the trash and then put them into the dishwasher. The average dishwasher uses six gallons of water per cycle; more efficient dishwashers use four gallons per cycle. A running faucet uses about two gallons per minute.

- Wash only full loads of clothes. Older top-loading machines use 40 gallons of water to wash a full load. Today's newer standard models use 27 gallons, and more efficient Energy Star washers use 14 gallons per wash.
- Use a broom instead of a hose to clean

patios, sidewalks, and driveways. Water flows from a hose at about six gallons of water a minute. If it takes 30 minutes to clean a patio or deck, using a broom saves 500 gallons of water.

- Wash your car at a car wash. Washing your car at home can use between 40 and 140 gallons of water. Washing your car at a car wash where water is cleaned and recycled uses about 15 gallons of fresh water for each wash.

- Use only non-potable water to water your lawn and gardens. Use a bucket to catch extra water when you run the water before a shower. If you take a bath, use the bath water to water trees, shrubs and non-edible plants (not your vegetable or herb gardens).

The RWA has additional suggestions on saving water and will share updates on customers' conservation efforts on its Water Wise Ways page. Customers without internet access can call the RWA Customer Care Center at 203-562-4020.

Your Finances

Don't Lose Sleep Over Your Investments

Given the uncertainty and ongoing change in the world around us, I thought it would be helpful to share our firm's recent thoughts about human behavior and investing. Here are five areas where raising your awareness may help you shift from an anxious mindset to a more comfortable and grounded perspective during volatile times.

- Time in the market versus market timing. When considering markets and investment allocations, relying on a hunch or emotional jitters is not the recommended way to decide when to go to cash or when to invest. There have been countless statistical studies done around the concept of market timing. It's a challenging strategy that typically yields a low level of success. Generally speaking, the longer an investor stays the course in the market, the higher their probability of meeting long-term investing goals.

- Buy low, sell high. This concept is well known. However, it is much easier said than done by your average investor. Frequent-

ly we find that people feel most comfortable investing when the market has been on a positive, upward trend. Conversely, during a sharp or prolonged market correction or decline, the urge to sell becomes increasingly common.

The stock market is one of the only markets in which the people want to buy less when prices go down, due to fear of more declines. The reverse is also noteworthy. In the stock market, the average investor is more eager to "get in" or buy when the price may be overvalued or too expensive. An attractive entry point in markets may actually be when you feel most uncomfortable.

- Chasing returns. This is a common occurrence. There seems to be a natural human tendency to chase returns. This is also known as the fear of missing out. You feel an urge



MATT GALLAGHER

to invest in something regardless of any elevated risks. The perception of risk fades during bull markets. Unfortunately, this increases the likelihood of buying at high values, then selling at a loss due to nervousness as the value declines. Wild markets have occurred throughout our history and will continue to occur for various reasons in the future. To raise your awareness, stay calm, set goals, have a strategy and seek prudent advice when you need it.

- Anchoring. An anchoring bias in investing occurs when your mind holds onto a certain value point that has been reached and it becomes more influential than it should in your decision making. Most often, this creates a poor investment experience emotionally. For example, let's say an account value grows for two years, then experiences a loss. If the investor "anchors" onto the high

account value mark reached at the end of year two instead of the original investment amount, they would feel they are at a loss even though they in fact have an average annual gain from when they first began.

- Dollars versus percentages. As your account values grow, a 2 percent move has a dramatically different effect on dollar values. For example, a move of negative 2 percent in a \$100,000 account would make the account go down \$2,000. The same market move in a million dollar account would be \$20,000. It is something to be aware of when your account value grows. More money equates to larger dollar moves – and nothing to lose sleep over.

Matt Gallagher is a partner and head of business development at TrinityPoint Wealth. He can be reached at 203-693-8519 or by email mgallagher@trinitypointwealth.com.

Sand Sculpture Contest Returning To Milford

The Milford Arts Council will hold its 45th annual Sand Sculpture Competition on Aug. 6 at Walnut Beach in Milford.

"We are thrilled to be back live and in person on Walnut Beach," said Meg Carriero, the MAC's marketing specialist. "All ages and skill levels are welcome."

The event, hosted by the MAC and sponsored by Milford Bank and Frontier, is the longest-standing tradition for the 50-year-old arts organization, drawing people from up and down the East Coast.

The award categories include individual or group age 9 and under; individual age 10 to 15; individual age 16 and over; and friends, family

and groups.

Registration at Walnut Beach begins at 9 a.m. First, second, third place and best in show winners will be chosen by a panel of judges. Judging criteria will include creativity, spirit, detail and originality. It is not a professional or masters level contest. Only natural items may be included; no large castle-forms may be used.

Awards will be announced at 3 p.m.

Parking at Walnut Beach is \$40 per day, or free to Milford residents with a beach pass. Street parking is \$5 per hour. Parking is free for Connecticut residents at Silver Sands State Park with a walk along the boardwalk to get to Walnut Beach.

Summer Concerts Ongoing At HPCC In Orange

Orange Community Services has two of its four summer concerts left this summer at the High Plains Community Center gazebo.

The remaining shows include six-piece modern country party band Boondocks on July 28, with a rain date of Aug. 25; and Beatles tribute band Penny Lane on Aug.

11, with a rain date of Aug. 18.

All the concerts run from 6 p.m. to 8 p.m. and dovetail with the Orange Economic Development Corporation's farmers markets, which also happen on the fairgrounds from 3:30 p.m. to 7 p.m.

Audience members are encouraged to bring their own chairs for the concerts.

Advertise in the Milford-Orange Times: 799-7500

CertainTeed advertisement for Berkeley Exteriors featuring a house image and contact information.

Healthy Way Chinese Food advertisement with QR codes and promotional offers.

Recovering

Living A Life Freed From Addiction

Addicts/alcoholics are overwhelmed by life in all forms. Many of us have carried severe traumas that have caught us in a "survivalist" way of thinking.

Through immense amounts of clinical work and recovery program work, such as Narcotics Anonymous, Alcoholics Anonymous or SMART Recovery, the recovered addict/alcoholic will begin to learn, love and accept life on life's terms.

We learned we have two choices in life: we either "suffer" at not having our protective will met, or we "accept" life, under all circumstances, with its beauty, happiness,

sadness, struggles and successes.

The active alcoholic has a life unmanageable in every respect. Work life, personal life, relational life and the mental relationship we hold within ourselves is terribly destructive and enslaving.

This cycle of thought and control has got to be broken. We cannot do it alone. We need help and we need examples - we need fellowship. I always tell the young men I sponsor that "it takes one to know one."

When we learn to "accept" life in all its forms, we liberate ourselves from great suffering. Every aspect of life changes for us, matures. We lose toxic relationships and people, we start new relationships that bring out the best version of ourself and we learn



ROB CRAFT

to live a life of service to others. Of paramount importance is that we find a power greater than ourselves, in our own creation, that guides us to turn over our manic control issues to the world.

life in all its forms and with the life tools we learned we live a life in abundance we never knew.

Every new phase of your life will require a new phase of you in recovery. Relationships will cease that you truly never should have been committed to. The same will happen with jobs, hobbies and behaviors.

erated.

Life will provide the abundance of opportunity, service, relations and challenges that we now know how to manage. Things that used to baffle us will be easily overcome.

It is beautiful, it is joyous, and I wish it for all people currently struggling with mental health/addictive behavior. There is a solution.

Robert A. Craft, CIMA is an investment advisor representative at Sentinel Asset Management. His passion outside of work is helping the recovery community, people suffering from mental illness and helping children/families who are effected by the totality of these concurrent diseases.

Orange Parcel Sold To Freight Company

Pearce Real Estate recently completed the sale of a large parcel of land with two buildings in Orange to a freight company.

Pearce broker Carl G. Russell represented the seller and facilitated the sale of 62 Carlson Rd. between Milford-based Carlson Road Limited Partnership and the buyer, ABF Freight System, a short- and long-haul transportation service company headquartered in Fort Smith, Arkansas.

ABF Freight System has a transportation network throughout North American network.

The 6.5-plus-acre parcel is located in a light industrial zone between the Amazon distribution center and LA Fitness, and includes two buildings totaling 26,000 square feet. The co-broker was Laurence P. Casey of Cushman & Wakefield in Iselin, New Jersey.

Saint Barbara Church To Host Large Tag Sale

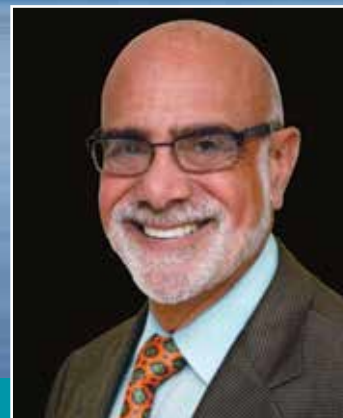
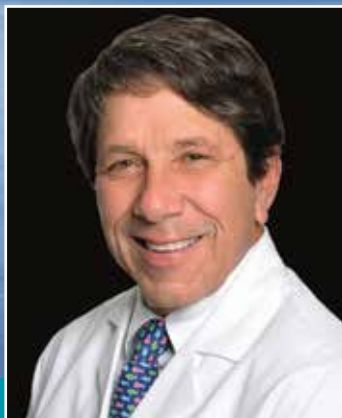
Saint Barbara Greek Orthodox Church will host its "Treasures 'N Junque in July," a three-day giant indoor tag sale, on July 29, 30 and 31 in the church's grand hall at 480 Racebrook Rd. in Orange, reprising its successful inaugural event in 2021.

The sale will include electronics, housewares, jewelry, collectibles, linens, framed art, books, vinyl records, CDs,

toys, seasonal treasures, furniture and more. Many items are new or barely used.

Greek refreshments will also be available. The event runs from 10 a.m. to 6 p.m. on Friday and Saturday, and from noon to 6 p.m. on Sunday. Admission and parking are free, and the event runs rain or shine. For more information, visit saintbarbara.org or call 203-795-1347.

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MRCC Holds Business After Hours



The Milford Regional Chamber of Commerce held a business after hours July 20 at the Milford Arts Council Firehouse Art Gallery hosted by the Walnut Beach Association and the Walnut Beach Arts and Business Association. Photo by Greg Gieger.

CBIA Gives Kennedy Perfect Score For 2022 Voting Record

The Connecticut Business & Industry Association, a leading business advocacy group in the state, has given state Rep. Kathy Kennedy (R-119) earned a 100 percent voting score in the 2022 legislative session based on her support of several new pro-business laws.

“It is a great honor to be recognized as an advocate for Connecticut businesses,” Kennedy said in response to the CBIA report. “Connecticut has become more unaffordable, forcing businesses to raise prices and spend more to survive. It’s my priority to reduce unwanted business mandates that hinder economic growth in our state.”

Each year the CBIA rates Connecticut lawmakers’ voting records in committee or on the House floor concerning an array of “key bills” determined by the association on Connecticut’s business environment and economic stability. Tallyed votes that support the business community’s position

reflect positively, while votes in opposition rendered a lower overall score.

The list of bills included issues ranging from developing a plan for women returning to the post-COVID workplace, addressing manufacturing jobs, establishing licensing reforms and creating a commercial driver’s license training program. The CBIA marked lawmakers negatively for supporting measures the business group opposed, such as a bill which did not pass that would have allowed striking workers to collect unemployment benefits, and a bill that did pass which prevents employers from coercing employees into attending or participating in a meeting sponsored by the employer concerning that employer’s views on political or religious matters.

Kennedy was featured supporting the organization’s position five times during the 2022 legislative session.

Kennedy also got a perfect score from the group in 2021.

Orange Resident Graduates University With Honors

Hannah Hutchison, daughter of Tom and Jacki Hutchison of Orange, graduated Magna

Cum Laude with a degree in finance from Auburn University in Auburn, Alabama.

Kennedy, Ferraro Host Cookout In Orange



State Reps. Charles Ferraro (R-117) and Kathy Kennedy (R-119) hosted a post-session cookout in Orange on June 28 to discuss the recently-concluded 2022 legislative session. Contributed photo.

Orange Celebrating Agricultural History With Open Farms Day

As part of Orange’s bicentennial celebrations, the town will feature its agricultural heritage with Open Farms Day from 1 p.m. to 4 p.m. on Aug. 27, during which four farms will be open to visitors.

Buttermilk Lane, located at 870 Garden Rd., will allow families to come and visit the farm’s goats, cows, chickens and pigs. There will also be other activities for kids to do in the farmyard.

Maple View Farm, located at 603 Orange Center Rd., will have antique farm equipment on display, as well as access to the animals and playground. The farm shop will be open selling handmade items.

At Cedar Hill Farm, located at 831 Derby-Milford Rd., visitors can check out the animals, hayfields and pastures. They can learn how the farm produces its own beef, pork, chicken and eggs, which are available for sale year-round.

Treat Farm, located at 361 Old Tavern Rd., will have on display its antique tractor and truck. Hayrides will be available, and the vegetable stand will be open for its usual hours.

Residents are also encouraged to check out some of Orange’s other farms, including Field View Farm, Grassy Hill Farm, Shamrock Farm and Sunflower Farm.

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Milford Chamber Honors 'Best Of'

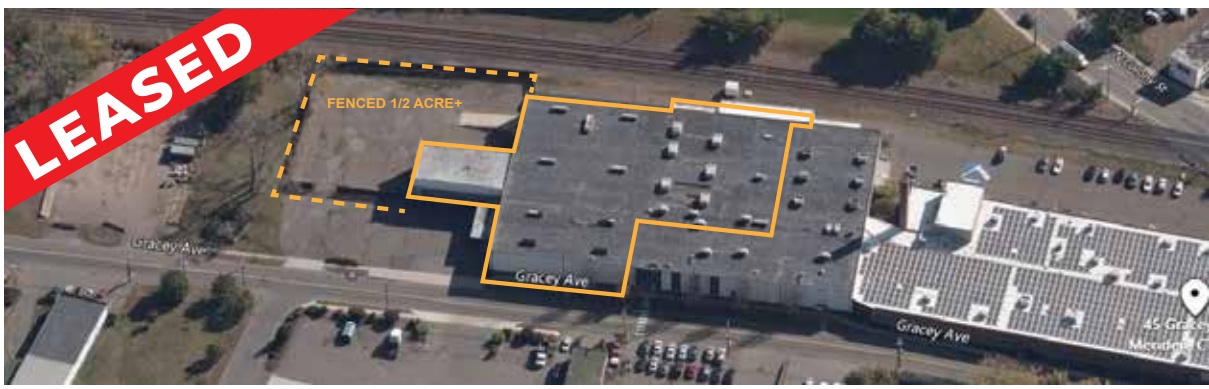


The Milford Regional Chamber of Commerce held its first annual celebration of the "Best Of" winners for the Milford region on July 18 at Lisman Landing. Despite a thunderstorm, more than 150 people attended. The event featured food from Cappagino's, Bin 100, Don Renee Taqueria, Café Atlantique, Jimmy's Apizza and Scratch Bakery, beverages from Wines and More and music from DJ Sonja Denise. Top right photo: Best Photographer winner Steve Cooper of SM Cooper Photography. Bottom left photo: Best Newspaper winner Steve Hechtman of the Milford-Orange Times. Bottom right photo: 40 Under 40 winner Justin Rugg. Photos by Greg Geiger.

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Obituaries

Full obituaries and pictures (if provided) of the deceased are on our website at www.milford-orangetimes.com and are published at no cost to residents of Milford and Orange.

Roger D. Ames, Sr., 80, of Milford, beloved husband of Joyce M. (Penny) Ames, entered into eternal rest on July 2, 2022. (Cody-White Funeral Home)



Philomena Mary Baldino Birch entered into eternal rest at her home on July 9, 2022 with her children by her side. (Cody-White Funeral Home)



Reverend Robert E. Deming died after a short illness on July 11th. He was the beloved husband of the late Carolyn Evans Deming. (Hawley Lincoln Memorial Funeral Home)



Harry Greenwald was born in Vienna, Austria, in February 1933. He survived the Holocaust by relocating in 1938 first to Poland and then Tashkent, Russia. (Robert E. Shure Funeral Home)



Lucy Carrano, 94, of Orange passed away peacefully July 15, 2022 in her home with her family. (Celenzano Funeral Home)



Matthew DuHaime, 61, of Milford, died at home surrounded by his loving family on July 2, 2022, after a courageous 2.5 year battle with pancreatic cancer. (Gregory F. Doyle Funeral Home)



Roland Gunter, Sr., age 75, beloved husband to Sharon Ann Magera-Gunter of Orange, entered peaceful rest on July 10, 2022 at Yale-New Haven Hospital. (Gregory F. Doyle Funeral Home)



Barbadoro Asprelli, 93, of Orange, wife of the late Silvio Asprelli, died July 15, 2015 at her home. (Keenan Funeral Home)



Patricia Juliette Poli Sheahan Hadden Dahill always made a grand entrance wherever she went and deeply touched the hearts of all she met. (Cody-White Funeral Home)



Leroy "Lee" Emmerthal, 90, passed away peacefully on June 29, 2022, at his home in Orange, Connecticut surrounded by family and friends. (McDonald Funeral Home)



Elizabeth (Betty) Haar, age 96, of Orange passed away peacefully Tuesday, July 20, 2022. (Keenan Funeral Home)



Laurance "Larry" Bardinelli, Jr. was a beloved son, brother, uncle and friend. It was very important to him to make the most of his encounters with us all. (Pistey Funeral Home)



Richard Augustine De Capua, age 88, of Milford, husband of the late Margaret Ann "Peggy" (Burbank) De Capua, passed away on June 29, 2022. (Gregory F. Doyle Funeral Home)



Willie Green, Jr., age 81, beloved husband of 60 years to Ruthie Mae (Smith) Green of Milford entered peaceful rest on June 30, 2022. (Gregory F. Doyle Funeral Home)



William Edward Hyatt, known to his friends and family as "Bo", 68, of Milford, passed away on July 1, 2022. (Cody-White Funeral Home)



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Obituaries

George Kober, 58, of Orange, CT, passed away on Monday, July 18, 2022, at Connecticut Hospice in Branford, CT. (West Haven Funeral Home)



Charles F. Luperella, age 30, of Milford, CT, passed away suddenly on July 10, 2022, at his home in Milford with his loving mother and sister by his side. (Abriola Parkview Funeral Home)



Ernestine Olencki, of Milford, beloved wife of the late Leonard E. Olencki, died on Friday, July 15, 2022. (Gregory F. Doyle Funeral Home)



Joseph J. Rackiewicz Jr. (Jay), 81, of Milford, beloved husband of the late Sharon Rackiewicz, passed away at home on July 7, 2022, after a brief battle with cancer. (Cody-White Funeral Home)



Edward Robert "Bob" Kosa, age 84, beloved husband of Dianne (Surenko) Kosa entered peaceful rest on July 11, 2022. (Gregory F. Doyle Funeral Home)



George MacLeman, West Haven fixture and longtime resident of Orange, CT crossed the goal line into eternal life on July 11, 2022, at the age of 69. (West Haven Funeral Home)



Jack Joseph Pargen, 13, of Milford, passed away peacefully into eternal rest on June 30, 2022. Born on March 21, 2009 in New Haven, he was the son of Johnny and Pamela Pargen. (Cody-White Funeral Home)



Vincent A. Romei Sr., 88, of Woodbridge, died on July 13, 2022, at Yale New Haven Hospital. (West Haven Funeral Home)



Robert Earle LaBelle, 95, beloved husband of the late Catherine Ann LaBelle, passed away peacefully on June 30, 2022. (Cody-White Funeral Home)



Paul Myers, 96, of Milford, beloved husband of the late Virginia Myers, passed away peacefully on July 11, 2022 in his home with his family by his side. (Cody-White Funeral Home)



Cynthia L. Pepe, 48, of Milford, passed away on July 5, 2022. Born on September 14, 1973 in Milford, CT, she is the beloved daughter of Ernest and Elaine (Sebas) Pepe. (Cody-White Funeral Home)



Rita "Rickey" Epstein Rubin, 94. Rickey passed away peacefully July 21, 2022 surrounded by family members. (Robert E. Shure & Son Funeral Home)



Annabelle Lanci, 93, of Milford, beloved wife of the late Patrick Lanci, passed away peacefully surrounded by her family on July 3, 2022 at her home. (Cody-White Funeral Home)



Nancy Lu Nori, age 89, of Milford, beloved wife of John Eugene Nori for 67 years, passed away on Monday, July 18, 2022, surrounded by her loving family. (Gregory F. Doyle Funeral Home)



Richard L. Piccione, 66, of Woodbridge passed away on Tuesday, July 19, 2022. He was the beloved husband of the late Janice DeCilla Piccione. (North Haven Funeral Home)



Mary F. Sabellico, age 91, of West Haven passed away peacefully at home on July 21, 2022. She was the loving wife of the late Angelo A. Sabellico. (West Haven Funeral Home)



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Obituaries

Margaret Louise Salomone, age 87, of Milford, passed away peacefully on Wednesday July 13th, 2022, surrounded by her family. (Gregory F. Doyle Funeral Home)



Chance Dian Thompson, 19, of Orange, beloved daughter of Misty Thompson, passed away on July 9, 2022. (Cody-White Funeral Home)



Richard F. Saracin, 85, of Milford, beloved husband of Dorothy Saracin, passed away at his home on July 20, 2022. (Cody-White Funeral Home)



James Glass Turnbull, 68, of Milford, beloved husband of Melissa (Hopkins) Turnbull, passed away on July 9, 2022. (Cody-White Funeral Home)



Donna Stone, age 71, of Milford entered into rest on Friday, July 15, 2022 at Yale-New Haven Hospital. (Riverview Funeral Home)



Sara (Consiglio) Vecchio, 95, of Woodbridge, passed away peacefully with family by her side on Tuesday, July 5, 2022 after a long illness. (Maresca & Sons Funeral Home)



Lucille F. (Huber) Thomas, 91, died peacefully on Thursday, July 14, 2022, with her daughter by her side, after many difficult years with dementia. (Cremation Society of Connecticut)



George "Skip" Wynus, 63, a lifelong resident of Point Beach Milford, passed away on July 11, 2022. (Cody-White Funeral Home)



Memorial Service

We would like to cordially invite you to attend the Celebration of Life for our dad, Walter "Bud" Smith.

Saturday, July 30, 2022
4:00 PM
Orange Hills Country Club
389 Racebrook Road



We look forward to honoring an amazing man who loved his golf course, his golfers and his many friends.

Judy, Jud, Justin, Jen and Becky

Primaries

(Continued From 1)

and facing a rematch with Republican Bob Stefanowski, who lost to Lamont in 2018. But neither candidate is on the primary ballot, as both were selected in May with little debate during their respective party conventions.

The few offices that will appear on the ballot do have some fierce competition.

Both of the statewide offices being considered by Democrats were already held by members of their party who chose not to run again. The secretary of state position is down from a previously crowded field to two: party-endorsed nominee Stephanie Thomas and challenger Maritza Bond.

The Democratic field for treasurer is a three-way match between party-endorsed candidate Erick Russell, Dita Bhargava and Karen DuBois-Walton.

On the Republican side, the highest-profile primary race is for the US Senate, where candidates are vying to go up against Democrat Richard Blumenthal in the fall. Themis Klarides, who previously represented parts of Orange in the state legislature, is the endorsed candidate for that race, but faces stiff competition from Leora

Levy and Peter Lumaj.

The Republican field for secretary of state is equally crowded, with endorsed candidate Dominic Rapini going up against Brock Weber and Terrie Wood.

Connecticut has closed primaries, meaning only voters registered with one of the parties can vote in that party's primary. Unaffiliated voters vastly outnumber those affiliated with either party. People registering for the first time are still eligible to join a party and vote in the primaries, but the deadline for registered voters to change their affiliation and be eligible to vote in the primaries passed in May.

Polls will be open from 6 a.m. to 8 p.m. Anyone in line to vote at 8 p.m. will still be allowed to cast a ballot. Voters can look up their polling location at portal.dir.ct.gov/sots/LookUp.aspx.

MOT
Milford-Orange Times

Town of Orange: Director Of Community Services

Full-time position. Under the general direction of the First Selectman and the Community Services Commission, responsible for direction and administration of the town's Community Services Department. Represents and interprets the function, purpose, and goals of the department to the community and all human services programs and services. Coordinates services with local, state, and federal agencies. Master's Degree from an accredited college or university in Social Work plus three to four years of responsible human services administration, including at least two years in a supervisory capacity or equivalent. Salary Range \$75,000 - \$78,000; commensurate with experience. Send resume to First Selectman James M. Zeoli, c/o Orange Town Hall, 617 Orange Center Road, Orange, CT 06477 or email to jzeoli@orange-ct.gov EOE Full job description on www.orange-ct.gov.

Town of Orange Community Services Department Seeking Per Diem Transportation Driver

Must be flexible

Applicants must possess a valid public service driver's license with endorsement F and have no violation. A high school diploma plus six months to a year related driving experience is required. Must pass drug and alcohol screening tests, background check, and be willing to submit to random drug testing.

Applicants must be able to drive a minivan and twelve passenger service buses, operate a wheelchair lift and tie down. Applicants must have the ability to work effectively and pleasantly with the elderly, disabled and the general public. Candidates must have the ability and willingness to be flexible.

Interested applicants can contact Jennifer Hudson, Transportation Coordinator, 203-891-4786, jhudson@orange-ct.gov, M-F 8:30am to 4:30 pm.

Legal Notice Town of Orange

The first installment of the town tax on the Grand List of 1 October 2021 is due and payable on 1 July 2022. Payments received after 1 August 2022 are considered delinquent and are subject to the rate of 18% per annum, 1.5% per month dating back to the original due date. Motor Vehicle bills are payable in one installment. Real Estate and Personal Property taxes are payable in two installments with 1/2 due on 1 July and the second installment on 1 Jan 2023. All taxes may be paid in one installment.

As owners of property, taxpayers are responsible to see that taxes are paid when due. FAILURE TO RECEIVE A TAX BILL DOES NOT EXEMPT YOU FROM PAYMENT OF ALL INTEREST CHARGES AND COLLECTION COSTS, per Connecticut General Statutes 12-130, 12-148.

Payments maybe processed in person Monday-Friday except holidays from 8:30 a.m. -12 noon and 1:00 p.m. to 4:00 p.m. at the Tax Collector's Office, Town Hall, 617 Orange Center Rd, Orange, CT. Bring your entire three-part tax bill if you wish a receipt. A payment coupon or duplicate bill must accompany each payment. There is a \$2.00 fee charged for each duplicate bill requested.

Payments may also be made by mail. The receipt date will be that of the USPS date on the envelope. Only USPS stamped dates are considered valid. If a receipt is desired a self-addressed stamped envelope and your three-part bill must be included with your payment. We do not accept CASH payments through the mail!

E-checks, Credit and Debit Card payments are only accepted on-line (fees apply).

See Town of Orange website.

Town of Orange - Tax Bills Search & Pay (mytaxbill.org) <https://www.mytaxbill.org/inet/bill/home.do?town=orange>
Online payments from credit cards may experience up to 10 days hold time for DMV releases.

Exact change is preferred when using CASH at our windows. (Payment in minor coinage [pennies or nickels] is limited to 25 cents or as acceptable to the Tax Collector.)

Thomas P. Hurley, Tax Collector

JOE'S LLC CARPET & FLOORING

Sales & Service

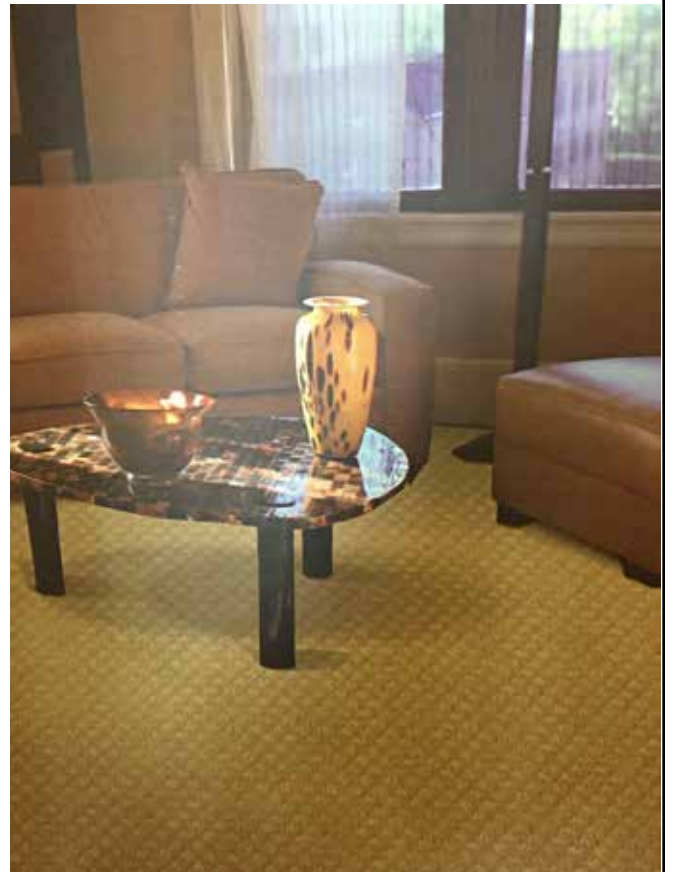
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495 New Haven Ave, Milford CT - 203.877.3040

Mon - Fri 9am - 6pm & Sat - 10am - 5pm - JoesCarpetMilford.com

ORANGE VOLUNTEER FIREMANS CARNIVAL

August 4,5,6 & 7

THURSDAY 5:00 PM TO 11:00 PM • FRIDAY 5:00 PM TO 12:00 MIDNIGHT
SATURDAY 12:00 NOON TO 12:00 MIDNIGHT • SUNDAY 12:00 NOON TO 5:00 PM

SPECTACULAR RIDES! - KIDDIELAND FOR THE YOUNGSTERS!

ADMISSION IS FREE!!!

FIREWORKS- FUN SHOWS- RAFFLES AND MUCH MORE!

2021 RAFFLE PRIZES

1ST PRIZE - \$10,000 CASH • 2ND PRIZE - \$5,000 CASH • 3RD PRIZE - \$3,000 CASH

4TH PRIZE - \$1,200 GIFT CERTIFICATE - DIAMOND DESIGNS, 500 BOSTON POST ROAD, ORANGE, CT

5TH PRIZE - \$600 OCULUS QUEST 2 ALL-IN-ONE VR HEADSET, 128GB

6TH PRIZE - \$400 GIFT CARD - SHOPRITE, 935 BOSTON POST ROAD, ORANGE, CT

7TH PRIZE - \$400 GIFT CARD - THE ORANGE ALE HOUSE, 517 BOSTON POST ROAD, ORANGE, CT

8TH PRIZE - \$250 GIFT CARD - KNIGHTS, INC., 286 BOSTON POST ROAD, ORANGE, CT

9TH PRIZE - \$250 GIFT CARD - HOME DEPOT, 440 BOSTON POST ROAD, ORANGE, CT

10TH PRIZE - \$150 GIFT CARD - OUTBACK STEAKHOUSE, 132 MARSH HILL ROAD, ORANGE, CT

Drawing to be held on Sunday, August 7th, 2022 at 4:30 p.m. at the Orange Fairgrounds, 525 Orange Center Road, Orange, CT. Ticket holders need not be present to win

LOCATIONS TO PURCHASE RAFFLE TICKETS

PEOPLE'S BANK
653 ORANGE CENTER ROAD,
ORANGE, CT

FIRST SELECTMAN'S OFFICE
ORANGE TOWN HALL
M-F 8:30 AM - 4:30 PM

KNIGHT'S POWER EQUIPMENT
286 BOSTON POST ROAD
M-F 8:30 AM - 4:00 PM;
SATURDAY 8:30 AM - 12 NOON

CHIP'S FAMILY RESTAURANT
321 BOSTON POST ROAD
7 DAYS A WEEK, 7:00 AM - 8:00 PM

ORANGE FIREMEN'S CARNIVAL
ORANGE FAIRGROUNDS
DURING CARNIVAL HOURS



IT'S AT THE ORANGE FAIRGROUNDS

525 ORANGE CENTER ROAD, ORANGE, CT 06477

ONLINE TICKET SALES AT WWW.ORANGEVFD.ORG

